

## **Study Protocol**

## P3-C1-007

# DARWIN EU<sup>®</sup> – Paracetamol prescribing and paracetamol overdose in Europe: a descriptive analysis of trends and patient characteristics

30/09/2024

Version 2.0



Author(s): B. Raventós, T. Duarte-Salles, J. Politi, N. Hunt, G. van Leeuwen, G. Inberg

## TABLE OF CONTENTS

LIST	OF ABBREVIATIONS	4
1.	Title	5
2.	Responsible parties – study team	5
3.	ABSTRACT	6
4.	AMENDMENTS AND UPDATES	8
5.	MILESTONES	8
6.	RATIONALE AND BACKGROUND	8
7.	RESEARCH QUESTION AND OBJECTIVES	9
	RESEARCH METHODS	
8.2		
8.2		
8.3		
8.4		
8.5	5 Study Population with inclusion and exclusion criteria	
8.6	6 Variables	
	8.6.1 Exposure/s	
	8.6.2 Outcome/s	
	8.6.3 Other covariates, including confounders, effect modifiers and other variables	
8.7		
8.8		
8.9	9 Evidence synthesis	
9.	DATA MANAGEMENT	
9.2	1 Data management	22
9.2	2 Data storage and protection	23
10.	QUALITY CONTROL	23
11.	LIMITATIONS OF THE RESEARCH METHODS	23
12.	MANAGEMENT AND REPORTING OF ADVERSE EVENTS/ADVERSE REACTIONS	24
13.	GOVERNANCE BOARD ASPECTS	24
14.	PLANS FOR DISSEMINATING AND COMMUNICATING STUDY RESULTS	25
15.	OTHER ASPECTS	25
16.	REFERENCES	25
17.	ANNEXES	27



Author(s): B. Raventós, T. Duarte-Salles, J. Politi, Version: V2.0 N. Hunt, G. van Leeuwen, G. Inberg

Dissemination level: Public

Study Title	DARWIN EU <sup>®</sup> – Paracetamol prescribing and paracetamol overdose in Europe: a descriptive analysis of trends and patient characteristics				
Protocol version identifier	V2.0				
Date of last version of protocol	30/09/2024				
EU PAS number	EUPAS100000329				
Active substance	Paracetamol				
Medicinal product	Not applicable				
Research question and objectives	<ul> <li>The aim of the study is to provide an overview of paracetamol prescribing and paracetamol overdose in Europe, and to characterise patients presenting with paracetamol overdose.</li> <li>The specific objectives of the study are: <ol> <li>To examine the incidence/prevalence of paracetamol prescribing (overall, and by age, sex, formulation and country/database)</li> <li>To examine the incidence of paracetamol overdose (overall, and by age, sex, country/database)</li> <li>To characterise patients with paracetamol overdose, in terms of comorbidities, co-prescribed medications, prior paracetamol prescription, and incidence of short-term complications and mortality.</li> </ol> </li> </ul>				
Country(ies) of study	Croatia, Denmark, France, Germany, Portugal, Spain, United Kingdom.				
Author	Talita Duarte-Salles, <u>t.duarte@darwin-eu.org</u> Berta Raventós, <u>b.raventos@darwin-eu.org</u>				



## LIST OF ABBREVIATIONS

Acronyms/terms	Description
AEMPS	Agencia Española de Medicamentos y Productos Sanitarios
BIFAP	Base de datos para la investigación Farmacoepidemiológica en el
	Ámbito Público
CDM	Common Data Model
CDW	Clinical Data Warehouse
CDWBordeaux	Clinical Data Warehouse of Bordeaux University Hospital
CPRD GOLD	Clinical Practice Research Datalink GOLD
CIPH	Croatian Institute of Public Health
DARWIN EU®	Data Analysis and Real-World Interrogation Network
DK-DHR	Danish Data Health Registries
EMBD- ULSEDV	Egas Moniz Health Aliance database – Entre o Douro e Vouga
EHR	Electronic Health Record
EMA	European Medicines Agency
EU	European Union
GP	General Practitioner
GDPR	General Data Protection Regulation
IQVIA DA	IQVIA Disease Analyzer
NAJS	Croatian National Public Health Information System
NAPQI	N-acetyl-p-benzoquinoneimine
OHDSI	Observational Health Data Sciences and Informatics
ОМОР	Observational Medical Outcomes Partnership
OTC	Over The Counter
UK	United Kingdom
UKBB	UK BioBank
WHO	World Health Organization



## 1. TITLE

DARWIN EU<sup>®</sup> - Paracetamol prescribing and paracetamol overdose in Europe: a descriptive analysis of trends and patient characteristics

## 2. **RESPONSIBLE PARTIES – STUDY TEAM**

Study team role	Names	Organisation
Principal Investigator	Talita Duarte-Salles Berta Raventós	Erasmus MC
Data Scientist	Ger Inberg Cesar Barboza Maarten van Kessel Adam Black Ross Williams	Erasmus MC
Epidemiologist	Nicholas Hunt Julieta Politi Guido van Leeuwen	Erasmus MC
Data Partner*	Names	Organisation
BIFAP	Elisa Martin-Merino Miguel-Angel Maciá-Martinez Juan-Ignacio Díaz-Hernández Ana Llorente-Garcia	Agencia Española de Medicamentos y Productos Sanitarios (AEMPS)
CDWBordeaux	Romain Griffier Guillaume Verdy	Bordeaux University Hospital
CPRD GOLD	Antonella Delmestri	University of Oxford
IQVIA DA Germany	Gargi Jadhav Isabella Kacmarczyl Akram Mendez Hanne van Ballegooijen Dina Vojinovic	IQVIA
DK-DHR	Claus Møldrup Elvira Bräuner Susanne Bruun Tine Iskov Kopp Cæcilie Brinth Christiansen	Danish Medicines Agency (DKMA)
EMBD-USEDV	Firmino Machado Ana Pinto Luís Malheiro Luís Ruano Mesquita Bastos	Clinical Academic Center Egas Moniz Health Alliance
NAJS	Pero Ivanko Marko Čavlina Antea Jezidžić Marija Švajda	Croatian Institute of Public Health
UKBB	Antonella Delmestri	University of Oxford

\*Data partners' role is only to execute code at their data source, review and approve their results. They do not have an investigator role. Data analysts/programmers do not have an investigator role and thus declaration of interests (DOI) for them is not needed.



## 3. ABSTRACT

Title

DARWIN EU<sup>®</sup> – Paracetamol prescribing and paracetamol overdose in Europe: a descriptive analysis of trends and patient characteristics.

#### Rationale and background

Paracetamol (acetaminophen) is one of the most widely used medicines worldwide and is available over the counter in the European Union. It is one of the most common causes of drug poisonings and can result in severe hepatic failure. Different regulatory interventions at national level have occurred to reduce the incidence of paracetamol overdose, but it is uncertain how paracetamol is prescribed across Europe and to what extent prescription may be involved in poisonings.

#### **Research question and objectives**

The aim of the study is to provide an overview of paracetamol prescribing and paracetamol overdose trends in selected European databases, and to characterise patients presenting with paracetamol overdose.

The specific objectives of the study are:

- 1. To examine the incidence/prevalence of paracetamol prescribing (overall, and by age, sex, formulation and country/database).
- 2. To examine the incidence of paracetamol overdose (overall, and by age, sex, country/database).
- 3. To characterise patients with paracetamol overdose, in terms of comorbidities, co-prescribed medications, prior paracetamol prescription, and incidence of short-term complications and mortality.

#### Methods

#### Study design

Cohort studies comprising of:

- 1. Population-level drug utilisation study to assess incidence and prevalence of paracetamol prescribing (objective 1)
- 2. Population-level descriptive epidemiology study to estimate the incidence of paracetamol overdose (objective 2)
- 3. Patient-level characterisation study to characterise patients with a paracetamol overdose (objective 3)

#### **Population**

For objective 1 and 2, the study population will comprise all individuals present in the database at any time from 1<sup>st</sup> January 2010 to 31<sup>st</sup> of December 2023 (or the latest year with complete observation). For objective 3, the study will comprise of individuals with paracetamol overdose for the first time in their patient history during the study period.

For incidence calculations (objective 1 and 2), individuals with a record of the outcome will re-enter the study after a certain amount of time (i.e. washout window) so further occurrences of the outcome can be captured. This washout window will be defined as 60 days following the end of the prescribed treatment for paracetamol prescribing and 365 days for paracetamol overdose. For objective 3, individuals with a prior history of paracetamol overdose any time prior to index date will be excluded.

A year of observation history prior to index date will be required for all individuals within selected databases except CDWBordeaux. Individuals aged less than 1 year of observation history will be excluded.



#### **Variables**

Drug of interest: Paracetamol.

Condition of interest: Paracetamol overdose.

#### Sample size

No sample size has been calculated.

#### Data sources

- 1. Base de datos para la investigación Farmacoepidemiológica en el Ámbito Público (BIFAP), Spain
- 2. Clinical Data Warehouse of Bordeaux University Hospital (CDWBordeaux), France
- 3. Clinical Practice Research Datalink GOLD (CPRD GOLD), United Kingdom
- 4. Danish Data Health Registries (DK-DHR), Denmark
- 5. Egas Moniz Health Aliance database Entre o Douro e Vouga (EMBD- ULSEDV), Portugal
- 6. IQVIA Disease Analyzer (IQVIA DA) Germany, Germany
- 7. Croatian National Public Health Information System (NAJS), Croatia
- 8. UK BioBank (UKBB), United Kingdom

#### Statistical analysis

Objective 1 will be conducted in all databases except for CDWBordeaux. Objectives 2 will be conducted in BIFAP CPRD GOLD, and UKBB. Objective 3 will be conducted in BIFAP, CDWBordeaux, CPRD GOLD, and UKBB.

*Population-level drug utilisation study (objective 1):* Incidence rates and period prevalence of paracetamol prescribing will be calculated overall and stratified by sex, age, and formulation. Estimates will be calculated yearly.

*Population-level descriptive epidemiology (objective 2):* Incidence rates of paracetamol overdose will be calculated overall and stratified by sex, age, and study period. Estimates will be calculated yearly.

*Patient-level characterisation (objective 3):* Characteristics will be described by means of large-scale characterisation. A prespecified list of comorbidities and concomitant medications, prior paracetamol prescriptions, short-term complications and mortality will also be described. Covariates of interest will also be reported as counts and proportions.

For all analyses, results will be reported by country/database, and any counts smaller than 5 will be obscured to ensure privacy and confidentiality.



## 4. AMENDMENTS AND UPDATES

None.

## 5. MILESTONES

Study deliverables	Timelines
Draft Study Protocol	23 <sup>rd</sup> August
Final Study Protocol	30 <sup>th</sup> September 2024
Creation of Analytical code	September/October 2024
Execution of Analytical Code on the data	October 2024
Draft Study Report	November 2024
Final Study Report	November/December 2024

## 6. RATIONALE AND BACKGROUND

Paracetamol (acetaminophen) is one of the most widely used medicines worldwide and is listed by the World Health Organisation's (WHO) as an essential medicine.<sup>1</sup> It has mild analgesic and antipyretic properties, and it is generally used to treat fever and pain. Paracetamol is readily available over the counter (OTC) in European countries, and it is available through non-pharmacy outlets in some countries.<sup>2</sup>

Paracetamol can be found in different pharmaceutical forms and in different doses. The usual adult recommended dose is 500mg to 1000mg, with a maximum daily dose of 3000 to 4000mg/day.<sup>3</sup> Preparations can include paracetamol alone or in combination with other substances, such as non-steroidal anti-inflammatory drugs or opioids, and it can be found in immediate release (short-acting) and modified release (long-acting) forms in some countries. Products containing modified-release paracetamol are not available in the EU, as the European Medicines Agency (EMA) recommended suspending the marketing of these products in December 2017.<sup>4</sup>

Paracetamol is generally considered safe when administered in appropriate doses and for short periods of time.<sup>5</sup> However, toxicity is common following paracetamol overdose, and it can result in severe hepatic failure. Inadvertent overdose can result from taking additional doses, repeated supratherapeutic ingestion, and duplication of therapy.

Paracetamol is principally metabolized by glucuronidation and sulfation.<sup>6</sup> Small amounts are converted into the toxic metabolite N-acetyl-p-benzoquinoneimine (NAPQI), which is detoxified via conjugation with glutathione. Toxicity results in overdose when there is insufficient glutathione available for conjugation of NAPQI, which may lead to hepatotoxicity and acute kidney injury.

Hepatotoxicity following paracetamol overdose usually result from massive overdoses (>30g/day), overdose with modified-release paracetamol, and delays to treatment. Other risk factors include treatment with medications that induce the activity of the cytochrome CYP2E1 (e.g. carbamazepine, isoniazid), glutathione





depletion (e.g. in patients with malnutrition or anorexia) and chronic alcohol use.<sup>7</sup> Chronic liver disease patients are also at increased risk for hepatoxicity.<sup>8</sup>

N-acetylcysteine is the most widely used antidote for paracetamol overdose. It works by replenishing cysteine, a rate-limiting factor for glutathione synthesis, which is essential for detoxifying NAPQI. The risk of developing hepatotoxicity is substantially reduced when treatment is initiated within 8 hours of ingestion.<sup>9,10</sup> Severe cases may require liver transplantation or result in death.<sup>11</sup>

Paracetamol is one of the most common causes of drug poisonings, and it is one of the most common OTC analgesics used in suicidal overdoses.<sup>12</sup> Based on available data, it has been estimated that paracetamol is involved in 6% of all global poisonings, 56% of severe acute liver injury and acute liver failure and 7% of drug-induced liver injury, with 0.4% of fatal cases.<sup>13</sup>

Different regulatory interventions at national level have occurred over many years aimed at reducing the incidence of overdose such as restriction in pack size and the total amount available to purchase OTC. However, it is uncertain how paracetamol is being prescribed across Europe and to what extent prescription of paracetamol is involved in paracetamol poisonings.

## 7. RESEARCH QUESTION AND OBJECTIVES

The aim of the study is to provide an overview of paracetamol prescribing and paracetamol overdose in the selected European databases, and to characterise patients presenting with paracetamol overdose.

The specific objectives of the study are:

- 1. To examine the incidence/prevalence of paracetamol prescribing (overall, and by age, sex, formulation and country/database).
- 2. To examine the incidence of paracetamol overdose (overall, and by age, sex, country/database).
- 3. To characterise patients with paracetamol overdose, in terms of comorbidities, co-prescribed medications, prior paracetamol prescription, and incidence of short-term complications and mortality.

A description of the proposed objectives to be achieved in the study is described in **Table 1**.

#### **Table 1.** Primary and secondary research questions and objective.

Objective:	<u>Objective 1:</u> To examine the incidence/prevalence of paracetamol prescribing <u>Objective 2:</u> To examine the incidence of paracetamol overdose <u>Objective 3:</u> To characterise patients with paracetamol overdose
Hypothesis:	n/a
Population:	Objective 1 and 2: Overall population Objective 3: Patients with paracetamol overdose
Exposure:	n/a
Comparator:	n/a
Outcome:	Objective 1: Paracetamol prescription



Author(s): B. Raventós, T. Duarte-Salles, J. Politi, Version: V2.0 N. Hunt, G. van Leeuwen, G. Inberg

Dissemination level: Public

	Objective 2: Patients with paracetamol overdose Objective 3: n/a
Time (when follow up begins and ends):	2010-2023
Setting:	Routinely collected data from 8 databases in 7 European countries.
Main measure of effect:	Proportions, incidence and prevalence

## 8. **RESEARCH METHODS**

#### 8.1 Study type and study design

The study types with related study designs are described in the Table 2 below.

Retrospective cohort studies will be conducted using routinely collected health data from 8 databases. The study will comprise of:

- 1. A population-level drug utilisation study (DUS) to assess incidence/prevalence of paracetamol prescribing among the general population (objective 1).
- 2. A population-level descriptive epidemiology study to assess incidence of paracetamol overdose among the general population (objective 2).
- 3. A patient-level characterisation to characterise patients with a paracetamol overdose (objective 3).

#### Table 2. Description of potential study types and related study designs.

Study type	Study design	Study classification
Population Level DUS	Population Level Cohort	Off the shelf
Population-level descriptive epidemiology	Population-level cohort	Off the shelf
Patient-level characterisation	Cohort analysis	Off the shelf

#### 8.2 Study setting and data sources

This study will be conducted using routinely collected data from 8 databases in 7 European countries selected from the DARWIN EU<sup>®</sup> Database Catalogue. All databases were previously mapped to the Observational Medical Outcomes Partnership (OMOP) Common Data Model (CDM).

The selection process was based on the size of the databases, the number of individuals with the outcome of interest, the suitability of denominator population for population-level rates, geographical spread, and diversity of healthcare settings. Based on the feasibility assessment performed, the suggested databases are considered fit for purpose for at least part of the objectives:



Author(s): B. Raventós, T. Duarte-Salles, J. Politi, Version: V2.0 N. Hunt, G. van Leeuwen, G. Inberg

Dissemination level: Public

- 1. Base de datos para la investigación Farmacoepidemiológica en el Ámbito Público (BIFAP), Spain
- 2. Clinical Data Warehouse of Bordeaux University Hospital (CDWBordeaux), France
- 3. Clinical Practice Research Datalink GOLD (CPRD GOLD), United Kingdom (UK)
- 4. Danish Data Health Registries (DK-DHR), Denmark
- 5. Egas Moniz Health Aliance database Entre o Douro e Vouga (EMBD- ULSEDV), Portugal
- 6. IQVIA Disease Analyzer (IQVIA DA) Germany, Germany
- 7. Croatian National Public Health Information System (NAJS), Croatia
- 8. UK BioBank (UKBB), UK

Information on data sources planned to be used with a justification for their choice in terms of ability to capture the relevant data is described in Table 3.

All databases except CDWBordeaux will be used to inform objective 1. Objective 2 will be informed by BIFAP, CPRD GOLD, and UKBB. Objective 3 will be informed by BIFAP, CDWBordeaux, CPRD GOLD, and UKBB. Other databases will not contribute to objectives 2 and 3 due to limited counts for paracetamol overdose observed in the study feasibility assessment. Please see limitations section for further details.

D2.2.3 - Study Protocol for P3-C1-007	
Author(s): B. Raventós, T. Duarte-Salles, J. Politi, N. Hunt, G. van Leeuwen, G. Inberg	Version: V2.0 Dissemination level: Public

#### Table 3. Description of the selected data sources.

Country	Name of Database	Justification for Inclusion	Health Care setting <sup>1</sup>	Type of Data <sup>2</sup>	Number of subjects <sup>3</sup>	Feasibility count of paracetamol overdose⁴	Data lock for the last update
Spain	BIFAP	Linkage to hospital records is available for some geographical areas. Time periods of availability for hospital data differ across geographic areas. Observed records of individuals with paracetamol overdose. Suitable denominator population for population-level rates Contribute to the diversity of data sources in terms of geography and healthcare settings.	Primary care, hospital care (IP)	EHRs, claims, registries	22.M	1200	22-05-2024
France	CDWBordeaux	Observed records of individuals with paracetamol overdose occurring within hospital settings. Contribute to the diversity of data sources in terms of geography and healthcare settings.	Hospital care (IP, OP)	EHRs, claims	2.2 M	2200	22-02-2024
UK	CPRD GOLD	Observed records of individuals with paracetamol overdose. Suitable denominator population for population-level rates	Primary care	EHRs	17.4 M	4800	04-03-2024

DARWIN EU		D2.2.3 - Study Protocol for P3-C1-007							
		Author(s): B. Raventós, T. Duarte-Salles, J. Politi,		Version: V2.0					
		N. Hunt, G. van Leeuwen, G. Inberg	Dissemination level: Public						
		Contribute to the diversity of data sources in terms of geography and healthcare settings.							
Denmark	DK-DHR	Contribute to the diversity of data sources in terms of geography and healthcare settings.	Hospital care (IP, OP)	EHRs, registries, others.	8.5 M	<5	21-05-2024		
Portugal EMBD- ULSEDV		Contribute to the diversity of data sources in terms of geography and healthcare settings.	Hospital care (IP, OP)	EHRs, registries	563 k	100	31-08-2023		
Germany IQVIA DA Germany Germany		Suitable denominator population for population-level rates Contribute to the diversity of data sources in terms of geography and healthcare settings.	Primary care	EHRs	43.1 M	100	30-09-2023		
Croatia NAJS		Contribute to the diversity of data sources in terms of geography and healthcare settings.	Primary care, hospital care (IP, OP)		5.4 M	100	17-11-2023		
UK UKBB		Contribute to Objective 2 and 3, with limited counts on paracetamol overdose. Complement evidence from the UK with data from other healthcare settings.	Primary care, hospital care (IP, OP)	EHRs, registries, biobank	502 k	300	01-01-2022		

1. IP = inpatient, OP = outpatient, OT = other, n/a = not applicable

2. EHR = electronic health records

3. This number corresponds to all-patients recorded in the data.

4. Person counts provided as part of the feasibility assessment using preliminary concepts. All counts are rounded up to the nearest multiple of 100.

#### D2.2.3 - Study Protocol for P1-C1-007



Dissemination level: Public

#### Pharmacoepidemiological Research Database for Public Health Systems (BIFAP), Spain

BIFAP (http://www.bifap.org/?lang=en) is a longitudinal population-based data source of medical patient records of the Spanish National Health Service. It includes data from 9 of Spain's 17 autonomous regions. Population currently included represents 36% of the total Spanish population. The Spanish National Health Service provides universal access to health services through the Regional Healthcare Services. Primary care physicians, both general practitioners (GP) and paediatricians, act as gatekeepers of the system and exchange information with other levels of care to ensure the continuity of care. Most of the population (98.9%) is registered with a primary care physician and most drug prescriptions are written at the primary care level. BIFAP includes a collection of databases linked at individual patient level. The main one is the Primary care Database given the central role of primary care physicians in the Spanish National Health Service. Linked, there are additional important structural databases like the medicines dispensed at community pharmacies and the patients' hospital diagnosis at discharge. Hospital data is available for 7 out of 9 Spanish regions included in BIFAP. However, hospital data is available during different time periods for each region. From 2014 onwards, hospital linkage is available for approximately over >70% of patients, with the regions with linkage available reaching almost 100% of patients. Additional databases are also linked for a subset of patients (hospital pharmacy, cause of death registry). BIFAP program is a non-profit program financed by the Spanish Agency of Medicines and Medical Devices (AEMPS), a government agency belonging to the Ministry of Health in collaboration with the Regional health authorities. The main use of BIFAP is for research purposes to evaluate the adverse and beneficial effects of drugs and drug utilisation patterns in the general population under real conditions of use.

#### Clinical Data Warehouse of Bordeaux University Hospital (CDWBordeaux), France

The clinical data warehouse (CDW) of the Bordeaux University Hospital comprises EHRs on more than 2 million patients, with data collection starting in 2005. The hospital complex is made up of three main sites and comprises a total of 3,041 beds (2021 figures). The database currently holds information about patient characteristics (demographics), visits (inpatient and outpatient), conditions and procedures (billing codes), drugs (outpatient prescriptions and inpatient orders and administrations), measurements (laboratory tests and vital signs) and dates of death (in or out-hospital death). The hospital production information system data are loaded daily into a CDW in i2b2 format. A specific Extract, Transform & Load process from i2b2 to OMOP has been set up to standardise the data to the OMOP format. Currently, this mapping process is launched manually when needed. The data is integrated into the OMOP CDM version and is stored in Oracle version 19c.

#### Clinical Practice Research Datalink GOLD (CPRD GOLD), UK

The Clinical Practice Research Datalink (CPRD) GOLD is a database of anonymised electronic health records (EHRs) from GP clinics in the UK that use the Vision<sup>®</sup> software system for their management. 98% of the population in the UK is registered with a GP primarily responsible for non-emergency care and referrals to secondary care as needed. Participating GPs provide CPRD EHRs for all registered patients who did not specifically request to opt out of data sharing. GOLD currently contains data from 985 up-to-standard GP practices and for nearly 21 million patients whose data quality is routinely assessed by CPRD as acceptable for clinical research. More than 3 million of these patients are alive and registered in 401 contributing practices. Based on the latest UK population estimates from the UK Office of National Statistics, GOLD covers 4.6% of the current UK population and includes 4.9% of currently contributing GP practices. GOLD contains data from all four UK constituent countries, and the current regional distribution of its GP practices is 5.7% in England, 55.6% in Scotland, 28.4% in Wales, and 10.2% in Northern Ireland (May 2022). GOLD data include the patient's demographic, biological measurements, clinical symptoms and diagnoses, referrals to specialists/hospital and their outcomes, laboratory tests/results, and prescribed medications.

#### D2.2.3 - Study Protocol for P3-C1-007



Author(s): B. Raventós, T. Duarte-Salles, J. Politi, Ver N. Hunt, G. van Leeuwen, G. Inberg

Dissemination level: Public

GOLD has been assessed and found broadly representative of the UK general population regarding age, gender, and ethnicity. GOLD has been widely used internationally for observational research to produce nearly 3,000 peer-reviewed publications, making GOLD the most influential UK clinical database so far. In 2019, CPRD launched AURUM and has since encouraged practices from England to move from the software that feeds GOLD (Vision®) to the one that feeds AURUM (Emis®). GOLD data from 2019, therefore, mainly represents Wales/Scotland/Northern Ireland, and AURUM represents England. However, GOLD data collected before 2019 fully represent the UK. CPRD provides an updated list of practices that moved from GOLD to AURUM for each build release. An overlap between GOLD and AURUM can occur because historical data for these practices have been transferred from Vision®/GOLD to Emis®/AURUM. When DARWIN-EU® uses both databases, the safest and easiest solution would be to disregard these practices in GOLD. The license also covers data from the Hospital Episode Statistics/Office for National Statistics, which can be requested on a study-by-study basis as linked data. This data only covers England and is planned to be mapped to OMOP.

#### Danish Data Health Registries (DK-DHR), Denmark

Danish health data is collected, stored and managed in national health registers at the Danish Health Data Authority and covers the entire population which makes it possible to study the development of diseases and their treatment over time. There are no gaps in terms of gender, age and geography in Danish health data due to mandatory reporting on all patients from cradle to grave, in all hospitals and medical clinics. Personal identification numbers enable linking of data across registers, so it captures data on all Danes throughout their lives, regardless of whether they have moved around the country. High data quality due to standardisation, digitisation and documentation means that Danish health data is not based on interpretation. The Danish Health Data Authority is responsible for the national health registers and for maintaining and developing standards and classifications in the Danish healthcare system. Legislation ensures balance between personal data protection and use. The current data release includes data on the entire Danish population of 5.9 million persons from 1995. It includes data from the following registries: The central Person Registry, The National Patient Registry, The Register of Pharmaceutical Sales, The National Cancer Register, The Cause of Death registry, and Coronavirus disease 2019 test and vaccination Registries.

#### Egas Moniz Health Aliance database – Entre o Douro e Vouga (EMBD- ULSEDV), Portugal

The database comprises clinical information of patients admitted at a public hospital center, located in Santa Maria da Feira, Portugal. It includes administrative, sociodemographic, and clinical data (medical and nursing) of over 500 thousand patients with ages ranging from 0 to 100 years. The hospital center includes departments of all medical specialties, comprising data from surgery, outpatient, ward, accident and emergency and intensive care units

#### IQVIA Disease Analyzer (IQVIA DA) Germany, Germany

IQVIA Disease Analyzer (DA) Germany is a database of de-identified electronic medical records from specialized and GP practices in Germany since 1992. This dataset encompasses approximately 3% of all outpatient practices within Germany, ensuring a substantial representation of the national healthcare landscape. The sampling methods used for practice selection, taking into account physician's demographics, specialty focus, community size category and federal state location, was instrumental in constructing a database that accurately mirrors the diverse spectrum of healthcare providers in the country. Consequently, data within IQVIA DA Germany database has been demonstrated to be representative of general and specialised practices throughout Germany.

#### D2.2.3 - Study Protocol for P3-C1-007



Dissemination level: Public

The database contains demographics records, basic medical data, disease diagnosis, and prescription records. While the database partly records information on deaths and procedures, it currently does not support linkage with external data sources. Routine updates are conducted at regular intervals. The quality of data is assessed based on several criteria including completeness of information and correctness (e.g. linkage between diagnosis and prescriptions).

#### Croatian National Public Health Information System (NAJS), Croatia

The National Public Health Information System (Nacionalni javnozdravstveni informacijski sustav - NAJS) is an organised system of information services by Croatian Institute of Public Health (CIPH). NAJS enables data collecting, processing, recording, managing and storing of health-related data from health care providers as well as production and management of health information. NAJS contains medical and public health data collected and stored in health registries and other health data collections including cancer registry, mortality, work injuries, occupational diseases, communicable and non-communicable diseases, health events, disabilities, psychosis and suicide, diabetes, drug abuse and others.

#### UK Biobank (UKBB), UK

UK Biobank is a powerful biomedical database that can be accessed globally to enable new discoveries to improve public health. UK Biobank contains in-depth genetic, biomarker, imaging and health information from over half a million volunteers living in the UK aged 40–69 years at the time of recruitment (2006–2010). UK Biobank has collected an unprecedented amount of biological and medical data as part of a large-scale long term prospective study. With their consent they regularly provide blood, urine and saliva samples, as well as detailed information about their lifestyle which is then linked to their health-related records (e.g. primary care data, hospital data, cancer registry) to provide a deeper understanding of how individuals experience diseases. Since 2012 UK Biobank database, the largest and richest of its kind, is opened to applications from researchers. The resource is available in a strictly anonymized format to scientists from the UK and around the world, subject to verification that the research is health-related and in the public interest. Researchers are required to publish their results in an open-source publication site or in an academic journal and return their findings to the UK Biobank. At the time of writing nearly 3,600 research applications have been approved for the usage of UK Biobank data and 3,239 peer-reviewed articles based on them have been published.

## 8.3 Study period

The study will span from 1<sup>st</sup> of January 2010 to 31<sup>st</sup> of December 2023. For objectives 1 and 2, incidence and prevalence will be calculated only for complete calendar years observed in the database (e.g., if the end of available data is 1<sup>st</sup> of June 2023, only data up to 31<sup>st</sup> December 2022 will be considered).

For BIFAP, the study period will begin on the 1<sup>st</sup> of January 2014 for objectives 2 and 3 to ensure higher coverage of hospital linkage. For NAJS, the study start date will be set as the 1<sup>st</sup> of January 2017 for all objectives. Please see limitations section for further details.

#### 8.4 Follow-up

Study participants will be followed up from index date (see **Table 4**). For objective 1 and 2, index date will be defined as the latest of: study start date (1<sup>st</sup> January 2010, except for BIFAP and NAJS), or date at which they have one year of prior history. For CDWBordeaux, index date will be defined as the study start date or the date of entry in the database (whichever occurs last). Individuals will be followed up until the earliest date of any of following events: study end (31<sup>st</sup> of December 2023 or last complete calendar year), end of



Author(s): B. Raventós, T. Duarte-Salles, J. Politi, Version: V2.0 N. Hunt, G. van Leeuwen, G. Inberg

Dissemination level: Public

data availability (end of the last year with complete observation in the database for objective 1 and 2), or loss to follow-up or date of death.

For the incidence calculations of objective 1 and 2, individuals will not contribute time to the study during a certain amount of time after the occurrence of the event. For objective 1, individuals with a paracetamol prescription will not contribute time to the study during the 60 days after the end of treatment. For objective 2, individuals with a paracetamol overdose will not contribute time to the study during the 365 days following the diagnosis of this event. For objective 3, we will only consider first-ever events (i.e. patients diagnosed for the first time with a paracetamol overdose, with this event taking place during the study period). For this objective, index date will be defined as the date of paracetamol overdose

Table 4. Operational definition of time 0 (index date) and other primary time anchors.

Study population name(s)	Time Anchor Description (e.g. time 0, index date)	Number of entries <sup>1</sup>	Type of entry	Washout window	Care Setting	Code Type <sup>2</sup>	Diagnosis position <sup>3</sup>	Incident with respect to
General population (objective 1)	Study entry date	Multiple entry	Incident, prevalen t	[-60, -1]	IР, ОР , ОТ	SNOME D	Any	Paracet amol prescrib ing
General population (objective 2)	Study entry date	Multiple entry	Incident	[-365, -1]	IР, ОР , ОТ	SNOME D	Any	Paracet amol overdos e
Patients with paracetam ol overdose (objective 3)	Date of paraceta mol overdose	Single entry	Incident	[-Inf, -1]	IР, ОР , ОТ	SNOME D	Any	Paracet amol overdos e

<sup>1</sup>Indicate whether patients are allowed to enter the study population only once or multiple times

<sup>2</sup> IP = inpatient, OP = outpatient, OT = other, n/a = not applicable

<sup>3</sup> Specify whether a diagnosis code is required to be in the primary position (main reason for encounter)

## 8.5 Study Population with inclusion and exclusion criteria

The source population will comprise all individuals present in the database at any time during the period from 1<sup>st</sup> of January 2010 to 31<sup>st</sup> of December 2023 (or last year with complete observation). All patients need to have at least 365 days of data visibility prior to index date. Therefore, children aged <1 year will be excluded. This requirement will not hold for the CDWBordeaux, instead we require 0 days of prior data availability as their observation period starts at the date of a first visit or hospitalisation.

If possible, for BIFAP (objective 2 and 3 only) we will exclude participants registered in the two regions that do not have hospital linkage. Note that BIFAP will only provide data from 2014 onwards for these objectives. Please see limitations section for further details.

The operational definitions of the inclusion and exclusion criteria are presented by means of Table 5 and Table 6, respectively.



#### Table 5. Operational definitions of inclusion criteria.

Criterion	Details	Order of application	Assessment window	Care Settings <sup>1</sup>	Code Type	Diagnosis position <sup>2</sup>	Applied to study populations:
Observation period during the study period	All individuals present in the period 01/01/2010- 31/12/2023 (or last available date)	After	n/a	IP, OP, OT	n/a	n/a	All study populations
Prior database history	Study participants will be required to have 365 days of prior history observed before contributing observation time	Prior	[-365, 0]	OP	n/a	n/a	All study populations except CDWBordeaux.

<sup>1</sup> IP = inpatient, OP = outpatient, OT = other, n/a = not applicable

<sup>2</sup> Specify whether a diagnosis code is required to be in the primary position (main reason for encounter)

#### **Table 6.** Operational definitions of exclusion criteria.

Criterion	Details	Order of application	Assessment window <sup>1</sup>	Care Settings <sup>2</sup>	Code Type		Applied to study populations:
Washout window for paracetamol prescribing	Individuals newly prescribed with paracetamol with a previous prescription of paracetamol 60 days prior index date will be excluded	Prior	[-60, -1]	IP, OP, OT	n/a	n/a	General population (objective 1)
Washout window for paracetamol overdose (incidence)	Individuals newly diagnosed with a paracetamol overdose with previous history of that same outcome 365 days prior to index date will be excluded.	Prior	[-365, -1]	IP, OP, PT	n/a	n/a	General population (objective 2)
Washout window for paracetamol overdose (characterisation)	Individuals newly diagnosed with a paracetamol overdose with previous history of that same outcome any time prior index date will be excluded.	Prior	[-Inf, - 1]	IP, OP, OT	n/a	n/a	Patients with paracetamol overdose (objective 3)

<sup>1</sup> Inf= Any time prior

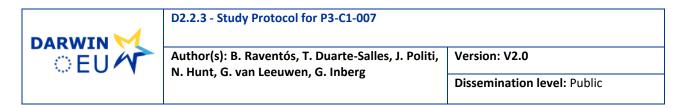
<sup>2</sup> IP = inpatient, OP = outpatient, OT = other, n/a = not applicable

<sup>3</sup> Specify whether a diagnosis code is required to be in the primary position (main reason for encounter)

#### 8.6 Variables

#### 8.6.1 Exposure/s

This study has no exposure of interest.



#### 8.6.2 Outcome/s

The operational definition of the outcomes is presented in the Table 7.

For paracetamol prescribing, successive individual prescriptions (i.e. drug exposures) separated by less than 30 days will be considered the same continuous exposure (i.e. drug era). To calculate incidence rates, multiple exposures (i.e. single or continuous) to paracetamol prescribing will be treated as separate outcomes after a washout window of 60 days following the end of the prescribed treatment. For paracetamol overdose, this window will be defined as 365 days.

A preliminary list of concept sets for paracetamol overdose can be found in the Appendix I.

#### Table 7. Operational definitions of outcome.

Outcome name	Details	Primary outcome?	Type of outcome	Washout window <sup>1</sup>	Care Settings <sup>2</sup>	Code Type	Diagnosis Position <sup>3</sup>	Applied to study populations
Paracetamol prescribing	A prescription with a paracetamol- containing product	Yes	Count	[-60, - 1]	IP, OP, OT	RxNorm	n/a	General population (objective 1)
Paracetamol overdose	A diagnosis of paracetamol overdose or poisoning	Yes	Count	[-365, - 1]	IP, OP, OT	SNOMED	Any	General population (objective 2)

<sup>1</sup> Inf= Any time prior

<sup>2</sup> IP = inpatient, OP = outpatient, OT = other, n/a = not applicable

<sup>3</sup> Specify whether a diagnosis code is required to be in the primary position (main reason for encounter)

#### 8.6.3 Other covariates, including confounders, effect modifiers and other variables

The study covariates are described conceptually, and the context or rationale for the choices are provided in this section. The operational definition of the covariates is described in the **Table 8**.

#### Population-level DUS on paracetamol prescribing (objective 1):

The covariates for stratification on the population level DUS will include sex, age groups, and formulation. Age groups will include: 1-5; 6-11; 12-17; 18-29 and subsequently 10-year age bands (30-39, 40-49, etc.) up to >80 years or more. Formulations will include oral tablets, capsules, oral liquid formulations, injectable liquid formulations, and rectal suppositories.

Population level descriptive epidemiology study on paracetamol overdose (objective 2):

The covariates for stratification on the population level descriptive epidemiology study will include sex and age groups (1-17; 18-49; 50-79; >80). Given the low preliminary counts for paracetamol overdose, a broader age category will also be considered (1-17; >18).

Patient level characterisation of patients with paracetamol overdose (objective 3):

For the patient-level characterisation study, covariates will include sex, age groups (narrow: 1-17; 18-49; 50-79; >80; broad: 1-17; >18), comorbidities, concomitant medications, short-term complications of





Dissemination level: Public

paracetamol overdose and mortality. If the number of cases allows, this analysis will be stratified by study period (2010-2016; 2017-2023).

Characteristics will be described by means of large-scale characterisation. Comorbidities will be measured for any time prior to 1 day before index date and 365 days prior to 1 day before index date. Concomitant medications will be assessed 365 days prior to 31 days before index and 30 days prior to 1 days before index date. Short-term complications will be assessed in the 30 days after index date and will include hepatic and renal toxicity. Mortality will also be assessed 0 to 30 days after index date and 31 to 365 days after index date.

Pre-specified conditions will include alcoholism, chronic kidney disease, chronic liver disease, depression, anxiety, schizophrenia, obesity, cancer, arthrosis and arthritis, pain, fever and infectious diseases. Prespecified conditions will be assessed using the same windows as those applied for large-scale characterisation, with a few exceptions. Fever and infectious diseases will be assessed from 30 days prior to 1 day before the index date. For pain, this time window will also be applied in addition to those used for large-scale characterisation.

Pre-specified medications will include enzyme inducing medications (e.g. carbamazepine, isoniazid), and medications found in concomitant overdosing. This will include benzodiazepines, opioid analgesics, nonsteroid anti-inflammatory drugs, antipsychotics and antidepressants.<sup>14</sup> Prior paracetamol prescribing will also be of interest and will be reported 365 days prior to 31 days before index date, and 30 to 1 day before index date. The same assessment window will be applied for pre-specified medications.

A preliminary list of concept sets for pre-specified conditions and complications can be found in the Appendix I.

Characteristic	Details	Type of variable	Assessment window <sup>1</sup>	Care Settings <sup>2</sup>	Code Type	Diagnosis Position <sup>3</sup>	Applied to study populations
Sex	Female, Male	Categorical	0	n/a	n/a	n/a	All
Age groups	Objective 1: 1-5; 6-11; 12- 17; 18-29; 10- year bands. Objective 2 and 3: Narrow: 1-17; 18-49; 50-79; >80; Broad: 1- 17; >18.	Categorical	0	n/a	n/a	n/a	All
Comorbidities	Large scale characterisation and pre- specified conditions <sup>4</sup>	Binary	[-Inf, -1], [-365,-1]	IP, OP, OT	SNOMED	Any	Individuals with paracetamol overdose
	Fever, infectious diseases and pain	Binary	[-30,-1]	IP, OP, OT	SNOMED	Any	Individuals with paracetamol overdose

#### Table 8. Operational definitions of covariates.



Author(s): B. Raventós, T. Duarte-Salles, J. Politi, V N. Hunt, G. van Leeuwen, G. Inberg

Version: V2.0 Dissemination level: Public

Concomitant medications	Large scale characterisation and pre- specified medications	Binary	[-Inf, - 366], [-365,-1]	IP, OP, OT	RxNorm	Any	Individuals with paracetamol overdose
Concomitant medications	Large scale characterisation and pre- specified medications <sup>5</sup>	Binary	[-365,-31], [-30,-1]	IP, OP, OT	RxNorm	Any	Individuals with paracetamol overdose
Short-term complications	Hepatic toxicity, renal toxicity and death	Binary	[0,30]	IP, OP, OT	SNOMED	Any	Individuals with paracetamol overdose
Mortality	Mortality	Binary	[0,30], [31,365]	IP, OP, OT	Date of death	n/a	Individuals with paracetamol overdose

<sup>1</sup> Inf= Any time prior

<sup>2</sup> IP = inpatient, OP = outpatient, OT = other, n/a = not applicable

<sup>3</sup> Specify whether a diagnosis code is required to be in the primary position (main reason for encounter)

<sup>4</sup> These include: alcoholism, chronic kidney disease, chronic liver disease, depression, anxiety, schizophrenia, obesity, cancer, arthrosis and arthritis, and pain.

<sup>5</sup> These include: carbamazepine, isoniazid, benzodiazepines, opioid analgesics, nonsteroid anti-inflammatory drugs, antipsychotics and antidepressants.

#### 8.7 Study size

No sample size has been calculated for this study, given its descriptive nature. Our primary focus is to explore trends of paracetamol prescribing and paracetamol overdose and describe patients with paracetamol overdose.

#### 8.8 Analysis

The type of analysis by study type is fixed as can be observed from Table 9.

#### Table 9. Description of study types and types of analysis.

<ul> <li>Population-based incidence rates</li> <li>Population-based prevalence of use</li> </ul>
<ul> <li>Incidence rates of the condition of interest</li> </ul>
<ul> <li>Large-scale characterisation</li> <li>Patient-level characteristics</li> </ul>

Population-level DUS on paracetamol prescribing (objective 1):





Annual incidence rates of paracetamol prescribing will be calculated as the number of new prescriptions per 100,000 person-years of the population at risk during the study period. Those study participants who experience the outcome during the study period will be able to re-enter the study and contribute time to the incidence calculations after a 60-day washout window following the end of treatment (see, 8.4. Follow-up).

The period prevalence of paracetamol use will be calculated as the proportion of study participants who were prescribed a paracetamol-containing product on a yearly basis. There will be no restriction based on patients' observability within calendar years in the database (i.e., participants will be considered even if they were not present in the database for the entire year).

Analyses will be reported overall and stratified by age groups, sex and formulation (see 8.6.3 Other covariates, including confounders, effect modifiers and other variables).

Population level descriptive epidemiology study on paracetamol overdose (objective 2):

Annual incidence rates of paracetamol overdose will be calculated following the same approach as of Objective 1. Individuals will be able to re-enter the study following a 365-day washout after the occurrence of the outcome.

Analyses will be stratified by sex and age groups (see 8.6.3 Other covariates, including confounders, effect modifiers and other variables).

Patient level characterisation of patients with paracetamol overdose (objective 3):

Characteristics will be described by means of large-scale characterisation by database. Analyses will be reported overall and, if counts allow, stratified by study period (2010-2016; 2017-2023). The presence of risk factors, prior paracetamol prescribing, short-term complications, and death will be reported as counts and percentages. To facilitate the reporting of the results, only the top 10 conditions and the top 10 of medications will be described in the report.

Cell suppression will be applied as required by databases to protect people's privacy. Cell counts < 5 will be masked.

## 8.9 Evidence synthesis

Results from analyses described in section 8.8 will be presented separately for each database and no metaanalysis of results will be conducted.

## 9. DATA MANAGEMENT

## 9.1 Data management

All databases are mapped to the OMOP CDM. This enables the use of standardised analytics and tools across the network since the structure of the data and the terminology system is harmonised. The OMOP CDM is developed and maintained by the Observational Health Data Sciences and Informatics (OHDSI) initiative and is described in detail on the wiki page of the CDM:

https://ohdsi.github.io/CommonDataModel and in The Book of OHDSI: http://book.ohdsi.org.

The analytic code for this study will be written in R. Each data partner will execute the study code against their database containing patient-level data and will then return the results set which will only contain aggregated data. The results from each of the contributing data sites will then be combined in tables and figures for the study report.



## 9.2 Data storage and protection

For this study, participants from various European Union (EU) member states will process personal data from individuals which is collected in national/regional electronic health record databases. Due to the sensitive nature of this personal medical data, it is important to be fully aware of ethical and regulatory aspects and to strive to take all reasonable measures to ensure compliance with ethical and regulatory issues on privacy.

All databases used in this study are already used for pharmaco-epidemiological research and have a welldeveloped mechanism to ensure that European and local regulations dealing with ethical use of the data and adequate privacy control are adhered to. In agreement with these regulations, rather than combining person level data and performing only a central analysis, local analyses will be run, which generate nonidentifiable aggregate summary results.

The output files are stored in the DARWIN Digital Research Environment. These output files do not contain any data that allow identification of subjects included in the study. The DRE implements further security measures to ensure a high level of stored data protection to comply with the local implementation of the General Data Protection Regulation (GDPR) (EU) 679/20161 in the various member states.

## **10. QUALITY CONTROL**

#### General database quality control

Several open-source quality control mechanisms for the OMOP CDM have been developed (see Chapter 15 of The Book of OHDSI <u>http://book.ohdsi.org/DataQuality.html</u>). In particular, data partners are expected to run the OHDSI Data Quality Dashboard tool (<u>https://github.com/OHDSI/DataQualityDashboard</u>). This tool provides numerous checks relating to the conformance, completeness and plausibility of the mapped data. Conformance focuses on checks that describe the compliance of the representation of data against internal or external formatting, relational, or computational definitions, completeness in the sense of data quality is solely focused on quantifying missingness, or the absence of data, while plausibility seeks to determine the believability or truthfulness of data values. Each of these categories has one or more subcategories and are evaluated in two contexts: validation and verification. Validation relates to how well data align with external benchmarks with expectations derived from known true standards, while verification relates to how well data conform to local knowledge, metadata descriptions, and system assumptions.

#### Study specific quality control

Concepts and phenotypes of interest will be developed and assessed using the following R packages: "CodelistGenerator", "CohortDiagnostics", and "DrugExposureDiagnostics". The study code will be based on three R packages to (1) estimate incidence rates and period prevalence ("IncidencePrevalence"), and (2) characterise patients. PatientProfiles" and "CohortCharacteristics"). These packages will include numerous automated unit tests to ensure the validity of the codes, alongside software peer review and user testing.

## **11. LIMITATIONS OF THE RESEARCH METHODS**

<u>Data sources</u>: This study will be informed by 8 different data sources from 7 countries and will only reflect outcomes occurring in the healthcare settings covered by each database. Results obtained will likely differ across countries and health settings. It is also likely that some results will vary due to differences in how databases handle observation periods, which might vary across different database types and even within the same type.

#### D2.2.3 - Study Protocol for P3-C1-007



Dissemination level: Public

Regarding the study period, NAJS will provide data from 2017 onwards only, as prior data might include information on duplicated patients. BIFAP will contribute to objectives 2 and 3 using data from 2014 onwards to ensure a higher coverage of hospital data, which is available for approximately 70% of patients starting from that year. Please note that, if possible, we will restrict the analysis to participants registered in regions with hospital linkage only. However, some regions may not have consistent linkage throughout the study period. These restrictions have been implemented to ensure denominators for incidence calculations of paracetamol overdose are more consistent, as we expect this outcome to be more typically recorded in hospital settings, where patients are likely to seek care. This restriction will not apply to objective 1 but will be implemented for objective 3 to maintain consistency.

<u>Paracetamol prescribing:</u> The use of paracetamol will be derived from prescription data. Prescription data on paracetamol might likely represent an underestimation of use, given its ease of access as an OTC medication. In addition, information on whether paracetamol prescriptions correspond to immediate or modified release forms is not well captured and will not be reported in the study.

Paracetamol overdose: Based on the feasibility assessment, counts on paracetamol overdose are limited in some databases, and therefore, this event will only be assessed in 4 databases (BIFAP, CDWBordeaux, CPRD GOLD, UK BB). The extent of capture of paracetamol overdose is dependent on sufficient granularity of event recording. Paracetamol overdoses recorded only as non-specific overdose will not be included. Stratification by covariates of interest will depend on the number of cases captured and might not be possible across all databases and covariates. Similarly, complications of interest (e.g. hepatic and renal toxicity) are also rare in the selected databases, which might limit our ability to investigate the occurrence of these events following paracetamol overdose. Data on mortality is available across selected datasets except for IQVIA DA Germany, which has incomplete mortality records. Lastly, data on some covariates of interest (e.g. amount of paracetamol taken at overdose, overdose with modified-release formulations, delayed presentation to care) are not available and will not be described in the study. Glutathione depletion (described using codes for malnutrition or anorexia) and liver transplantation have limited counts in the selected databases and will not be assessed in this study.

# **12. MANAGEMENT AND REPORTING OF ADVERSE EVENTS/ADVERSE REACTIONS**

Adverse events/adverse reactions will not be collected or analysed as part of this evaluation. The nature of this non-interventional evaluation, through the use of secondary data, does not fulfil the criteria for reporting adverse events, according to module VI, VI.C.1.2.1.2 of the Good Pharmacovigilance Practices (<u>https://www.ema.europa.eu/en/documents/regulatory-procedural-guideline/guideline-good-pharmacovigilance-practices-gvp-module-vi-collection-management-submission-reports\_en.pdf</u>).

Only in case of prospective data collection, there is a need to describe the procedures for the collection, management and reporting of individual cases of adverse events/adverse reactions.

## **13. GOVERNANCE BOARD ASPECTS**

All data sources (except for IQVIA DA Germany) require approval from their respective IRB governance boards.



## 14. PLANS FOR DISSEMINATING AND COMMUNICATING STUDY RESULTS

A study report including an executive summary, and the specified tables and/or figures will be submitted to EMA by the DARWIN EU® CC upon completion of the study. An interactive dashboard incorporating all the results (tables and figures) will be provided alongside the study report. The full set of underlying aggregated data used in the dashboard will also be made available if requested.

## **15. OTHER ASPECTS**

Not applicable.

## **16. REFERENCES**

- Web Annex A. World Health Organization Model List of Essential Medicines 23rd List, 2023. In: The selection and use of essential medicines 2023: Executive summary of the report of the 24th WHO Expert Committee on the Selection and Use of Essential Medicines, 24 – 28 April 2023. Geneva: World Health Organization; 2023 (WHO/MHP/HPS/EML/2023.02). Licence: CC BYNC-SA 3.0 IGO.
- Morthorst BR, Erlangsen A, Nordentoft M, Hawton K, Hoegberg LCG, Dalhoff KP. Availability of Paracetamol Sold Over the Counter in Europe: A Descriptive Cross-Sectional International Survey of Pack Size Restriction. *Basic Clin Pharmacol Toxicol*. 2018;122(6):643-649. doi:10.1111/bcpt.12959
- Freo U, Ruocco C, Valerio A, Scagnol I, Nisoli E. Paracetamol: A Review of Guideline Recommendations. *J Clin Med*. 2021;10(15):3420. Published 2021 Jul 31. doi:10.3390/jcm10153420
- 4. European Medicines Agency. Modified-release paracetamol-containing products to be suspended from EU market: Recommendation endorsed due to the difficulty in managing overdose; 2017. https://www.ema.europa.eu/en/documents/press-release/modified-release-paracetamol-containing-products-be-suspended-eu-market\_en.pdf. Accessed August 20, 2024.
- 5. Jóźwiak-Bebenista M, Nowak JZ. Paracetamol: mechanism of action, applications and safety concern. *Acta Pol Pharm*. 2014;71(1):11-23.
- 6. Bunchorntavakul C, Reddy KR. Acetaminophen-related hepatotoxicity. *Clin Liver Dis*. 2013;17(4):587-viii. doi:10.1016/j.cld.2013.07.005
- Chidiac AS, Buckley NA, Noghrehchi F, Cairns R. Paracetamol (acetaminophen) overdose and hepatotoxicity: mechanism, treatment, prevention measures, and estimates of burden of disease. *Expert Opin Drug Metab Toxicol*. 2023;19(5):297-317. doi:10.1080/17425255.2023.2223959
- Rotundo L, Pyrsopoulos N. Liver injury induced by paracetamol and challenges associated with intentional and unintentional use. World J Hepatol. 2020;12(4):125-136. doi:10.4254/wjh.v12.i4.125
- 9. Duffull SB, Isbister GK. Predicting the requirement for N-acetylcysteine in paracetamol poisoning from reported dose. *Clin Toxicol (Phila)*. 2013;51(8):772-776. doi:10.3109/15563650.2013.830733

#### D2.2.3 - Study Protocol for P3-C1-007



- 10. Marks DJB, Dargan PI, Archer JRH, et al. Outcomes from massive paracetamol overdose: a retrospective observational study. *Br J Clin Pharmacol*. 2017;83(6):1263-1272. doi:10.1111/bcp.13214
- 11. Gulmez SE, Larrey D, Pageaux GP, et al. Liver transplant associated with paracetamol overdose: results from the seven-country SALT study. *Br J Clin Pharmacol*. 2015;80(3):599-606. doi:10.1111/bcp.12635
- 12. Most common causes of drug posionings??
- 13. Shoib S, Patel V, Khan S, et al. Over-the-counter drug use in suicidal/self-harm behavior: Scoping review. *Health Sci Rep.* 2022;5(3):e662. Published 2022 May 24. doi:10.1002/hsr2.662
- 14. Schmidt LE, Dalhoff K. Concomitant overdosing of other drugs in patients with paracetamol poisoning. Br J Clin Pharmacol. 2002;53(5):535-541. doi:10.1046/j.1365-2125.2002.01564.x



## **17. ANNEXES**

Appendix I: List with preliminary concept definitions

Preliminary list – list to be reviewed once protocol approved and prior to parametrisation of study code.

#### Outcome:

#### Paracetamol overdose

Concept ID	Concept name
602949	Intentional acetaminophen and/or dextropropoxyphene poisoning
602950	Acetaminophen and/or dextropropoxyphene poisoning
607232	Accidental acetaminophen and/or dextropropoxyphene overdose
4322306	Poisoning caused by acetaminophen
607231	Acetaminophen and/or dextropropoxyphene overdose
4173525	Acetaminophen overdose
4166500	Accidental acetaminophen overdose
602948	Accidental acetaminophen and/or dextropropoxyphene poisoning
607233	Intentional acetaminophen and/or dextropropoxyphene overdose
4055123	Intentional paracetamol overdose
4159373	Accidental acetaminophen poisoning
4157354	Intentional paracetamol poisoning

#### Pre-specified conditions:

Concept ID <sup>1</sup>	Pre-specified comorbidity
4218106 ;	Alcoholism
37017563	
4212540	Chronic liver disease
46271022	Chronic kidney disease
440383	Depression
442077	Anxiety
435783	Schizophrenia
4215968	Obesity
443392	Cancer
4167092	Arthritis/arthrosis
4329041	Pain
437663	Fever
432250	Infectious disease

<sup>1</sup>All descendants will be included.



#### Short-term complications:

#### Hepatic toxicity

Concept ID	Concept name
4026032	Acute hepatic failure
4184847	Acute hepatic failure due to drugs
4243475	Acute hepatitis
36676901	Acute infantile liver failure with multisystemic involvement syndrome
4169242	Acute toxic hepatitis
4139051	Allergic hepatitis
4318541	Cholestatic hepatitis
37396401	Decompensated cirrhosis of liver
4222609	Drug-induced cholestatic hepatitis
4342774	Drug-induced chronic hepatitis
4143008	Drug-induced cirrhosis of liver
4144765	Drug-induced disorder of liver
4231815	Drug-induced hepatic necrosis
4340942	Drug-induced hepatitis
45769564	End stage liver disease
1340280	Exacerbation of chronic active hepatitis
1340484	Exacerbation of toxic liver disease
4340389	Fulminant hepatic failure
4342883	Hepatic ascites
46273476	Hepatic ascites co-occurrent with chronic active hepatitis due to toxic liver disease
377604	Hepatic coma
46269814	Hepatic coma due to acute hepatic failure
46269949	Hepatic coma due to subacute liver failure
4029488	Hepatic encephalopathy
42710029	Hepatic encephalopathy in fulminant hepatic failure
4245975	Hepatic failure
4309163	Hepatic failure as a complication of care
196455	Hepatorenal syndrome
4308408	Hepatorenal syndrome as a complication of care
42536533	Hypersensitivity disease of liver caused by drug



Author(s): B. Raventós, T. Duarte-Salles, J. Politi, N. Hunt, G. van Leeuwen, G. Inberg

Dissemination level: Public

4059281	Subacute hepatic failure
4342773	Subfulminant hepatic failure
4046016	Toxic cirrhosis
4055223	Toxic hepatitis
4055224	Toxic liver disease
4059297	Toxic liver disease with acute hepatitis
4058694	Toxic liver disease with cholestasis
4059299	Toxic liver disease with chronic active hepatitis
4055225	Toxic liver disease with chronic lobular hepatitis
4059298	Toxic liver disease with chronic persistent hepatitis
4058695	Toxic liver disease with fibrosis and cirrhosis of liver
4026136	Toxic liver disease with hepatic necrosis
4052963	Toxic noninfectious hepatitis
4059287	Toxic portal cirrhosis

#### **Renal toxicity**

Concept ID	Concept name
4030519	Acute drug-induced renal failure
4137752	Acute drug-induced tubulointerstitial nephritis
37116430	Acute kidney failure stage 1
37116431	Acute kidney failure stage 2
37116432	Acute kidney failure stage 3
37395516	Acute kidney injury due to acute tubular necrosis due to circulatory failure
37395521	Acute kidney injury due to acute tubular necrosis due to circulatory failure with
37395514	Acute kidney injury due to acute tubular necrosis due to hypovolaemia
37395519	Acute kidney injury due to acute tubular necrosis due to hypovolaemia with
37395518	Acute kidney injury due to acute tubular necrosis with histological evidence
36716182	Acute kidney injury due to circulatory failure
36716183	Acute kidney injury due to hypovolemia
44809061	Acute kidney injury stage 1
44809062	Acute kidney injury stage 2
44809063	Acute kidney injury stage 3
45757442	Acute nontraumatic kidney injury
197329	Acute renal failure due to acute cortical necrosis



Author(s): B. Raventós, T. Duarte-Salles, J. Politi,Version: V2.0N. Hunt, G. van Leeuwen, G. InbergIntercomplete

4311129	Acute renal failure due to ischemia
45757466	Acute renal failure due to tubular necrosis
44809170	Acute renal failure induced by poison
45757398	Acute renal failure on dialysis
197320	Acute renal failure syndrome
4160274	Acute renal failure with oliguria
4126305	Acute renal impairment
36716946	Acute renal insufficiency
432961	Acute renal papillary necrosis with renal failure
4126120	Acute toxic nephropathy
444044	Acute tubular necrosis
606419	Acute tubular necrosis caused by toxin
606418	Acute tubular necrosis due to mixed ischemic and toxic causes
4128067	Acute-on-chronic renal failure
4244418	Analgesic nephropathy
37312165	Atypical hemolytic uremic syndrome
4128228	Chronic drug-induced renal disease
4128206	Chronic drug-induced tubulointerstitial nephritis
4126442	Chronic toxic interstitial nephritis
604484	Dependence on prolonged intermittent renal replacement therapy due to renal
4019967	Dependence on renal dialysis
4159967	Diarrhea-negative hemolytic uremic syndrome
36716200	Drug-induced membranous nephropathy
4043348	Drug-induced nephrogenic diabetes insipidus
4208918	Drug-induced tubulointerstitial nephritis
4030520	End stage renal failure on dialysis
4128200	End stage renal failure untreated by renal replacement therapy
4125970	End stage renal failure with renal transplant
193782	End-stage renal disease
197253	Hemolytic uremic syndrome
4267646	Hemolytic uremic syndrome of childhood
4302298	Hemolytic uremic syndrome, adult type
196455	Hepatorenal syndrome
	Hepatorenal syndrome as a complication of care



Author(s): B. Raventós, T. Duarte-Salles, J. Politi, Ver N. Hunt, G. van Leeuwen, G. Inberg

Version: V2.0 Dissemination level: Public

4426422	
4126432	Hyperkalemic renal tubular acidosis
193519	Impaired renal function disorder
42536547	Ischemia of kidney
600855	Nephritis caused by drug
4126424	Nephrotoxic acute renal failure
4048200	Nephrotoxic serum nephritis
45770903	Prerenal renal failure
4126427	Pulmonary renal syndrome
4153876	Renal failure as a complication of care
192359	Renal failure syndrome
42538752	Renal hypersensitivity caused by drug
4030518	Renal impairment
36716945	Renal insufficiency
36716169	Renal papillary necrosis caused by analgesic drug
37397038	Renal tubulopathy with encephalopathy and liver failure syndrome
4126119	Toxic nephropathy
4139414	Transient acute renal failure



 Author(s): B. Raventós, T. Duarte-Salles, J. Politi,
 Version: V2.0

 N. Hunt, G. van Leeuwen, G. Inberg
 State of the second se

**Appendix II**: ENCePP checklist for study protocols

**Study title:** DARWIN EU® – Paracetamol prescribing and paracetamol overdose in Europe: a descriptive analysis of trends and patient characteristics

#### EU PAS Register<sup>®</sup> number:

Study reference number (if applicable): Not registered yet

Sect	ion 1: Milestones	Yes	No	N/A	Section Number
1.1	Does the protocol specify timelines for				
	1.1.1 Start of data collection <sup>1</sup>	$\bowtie$			5, 8.2
	1.1.2 End of data collection <sup>2</sup>	$\boxtimes$			
	1.1.3 Progress report(s)			$\square$	
	1.1.4 Interim report(s)			$\square$	
	1.1.5 Registration in the EU PAS Register $^{ extsf{ iny R}}$	$\bowtie$			
	1.1.6 Final report of study results.	$\bowtie$			
Comn	nents:				

Section 2: Research question Yes No N/A Section Number 2.1 Does the formulation of the research question and  $\square$  $\square$ objectives clearly explain: 2.1.1 Why the study is conducted? (e.g. to address an  $\square$ important public health concern, a risk identified in the risk 7, 8.5 management plan, an emerging safety issue)  $\boxtimes$  $\square$ 2.1.2 The objective(s) of the study? 2.1.3 The target population? (i.e. population or subgroup  $\square$ to whom the study results are intended to be generalised)  $\boxtimes$ 2.1.4 Which hypothesis(-es) is (are) to be tested? 2.1.5 If applicable, that there is no a priori  $\boxtimes$ hypothesis? Comments:

<sup>&</sup>lt;sup>1</sup> Date from which information on the first study is first recorded in the study dataset or, in the case of secondary use of data, the date from which data extraction starts.

 $<sup>^{\</sup>rm 2}$  Date from which the analytical dataset is completely available.



<u>Sect</u>	ion 3: Study design	Yes	No	N/A	Section Number
3.1	Is the study design described? (e.g. cohort, case- control, cross-sectional, other design)	$\square$			8.1.
3.2	Does the protocol specify whether the study is based on primary, secondary or combined data collection?	$\boxtimes$			8.2.
3.3	Does the protocol specify measures of occurrence? (e.g., rate, risk, prevalence)	$\square$			8.8.
3.4	Does the protocol specify measure(s) of association? (e.g. risk, odds ratio, excess risk, rate ratio, hazard ratio, risk/rate difference, number needed to harm (NNH))				
3.5	Does the protocol describe the approach for the collection and reporting of adverse events/adverse reactions? (e.g. adverse events that will not be collected in case of primary data collection)				

#### Comments:

Sect	ion 4: Source and study populations	Yes	No	N/A	Section Number
4.1	Is the source population described?	$\square$			8.5
4.2	Is the planned study population defined in terms of:				8.3, 8.4, 8.5
	4.2.1 Study time period	$\square$			
	4.2.2 Age and sex	$\square$			
	4.2.3 Country of origin	$\square$			
	4.2.4 Disease/indication	$\square$			
	4.2.5 Duration of follow-up	$\square$			
4.3	Does the protocol define how the study population will be sampled from the source population? (e.g. event or inclusion/exclusion criteria)				8.5
Comn					

Sect	tion 5: Exposure definition and measurement	Yes	No	N/A	Section Number
5.1	Does the protocol describe how the study exposure is defined and measured? (e.g. operational details for defining and categorising exposure, measurement of dose and duration of drug exposure)	$\boxtimes$			



Author(s): B. Raventós, T. Duarte-Salles, J. Politi, V N. Hunt, G. van Leeuwen, G. Inberg

Version: V2.0

Dissemination level: Public

Sect	ion 5: Exposure definition and measurement	Yes	No	N/A	Section Number
5.2	Does the protocol address the validity of the exposure measurement? (e.g. precision, accuracy, use of validation sub-study)			$\boxtimes$	
5.3	Is exposure categorised according to time windows?			$\boxtimes$	
5.4	Is intensity of exposure addressed? (e.g. dose, duration)			$\boxtimes$	
5.5	Is exposure categorised based on biological mechanism of action and taking into account the pharmacokinetics and pharmacodynamics of the drug?			$\boxtimes$	
5.6	Is (are) (an) appropriate comparator(s) identified?			$\square$	
Comm	ponte:				

Comments:

<u>Sect</u>	tion 6: Outcome definition and measurement	Yes	No	N/A	Section Number
6.1	Does the protocol specify the primary and secondary (if applicable) outcome(s) to be investigated?				8.6.2
6.2	Does the protocol describe how the outcomes are defined and measured?	$\boxtimes$			8.6.2
6.3	Does the protocol address the validity of outcome measurement? (e.g. precision, accuracy, sensitivity, specificity, positive predictive value, use of validation substudy)				
6.4	Does the protocol describe specific outcomes relevant for Health Technology Assessment? (e.g. HRQoL, QALYs, DALYS, health care services utilisation, burden of disease or treatment, compliance, disease management)				

<u>Sect</u>	tion 7: Bias	Yes	No	N/A	Section Number
7.1	Does the protocol address ways to measure confounding? (e.g. confounding by indication)			$\boxtimes$	
7.2	Does the protocol address selection bias? (e.g. healthy user/adherer bias)			$\boxtimes$	
7.3	Does the protocol address information bias? (e.g. misclassification of exposure and outcomes, time-related bias)			$\boxtimes$	



Author(s): B. Raventós, T. Duarte-Salles, J. Politi, N. Hunt, G. van Leeuwen, G. Inberg

Version: V2.0

Dissemination level: Public

Comments:

<u>Sectio</u>	on 8: Effect measure modification	Yes	No	N/A	Section Number
8.1	Does the protocol address effect modifiers? (e.g. collection of data on known effect modifiers, sub-group analyses, anticipated direction of effect)			$\boxtimes$	

#### Comments:

<u>Sect</u>	ion 9: Data sources	Yes	No	N/A	Section Number
9.1	Does the protocol describe the data source(s) used in the study for the ascertainment of:				
	9.1.1 Exposure? (e.g. pharmacy dispensing, general practice prescribing, claims data, self-report, face-to-face interview)				
	9.1.2 Outcomes? (e.g. clinical records, laboratory markers or values, claims data, self-report, patient interview including scales and questionnaires, vital statistics)	$\boxtimes$			8.2
	9.1.3 Covariates and other characteristics?	$\square$			8.2
9.2	Does the protocol describe the information available from the data source(s) on:				
	<b>9.2.1 Exposure?</b> (e.g. date of dispensing, drug quantity, dose, number of days of supply prescription, daily dosage, prescriber)			$\boxtimes$	
	9.2.2 Outcomes? (e.g. date of occurrence, multiple event, severity measures related to event)	$\boxtimes$			8.2
	9.2.3 Covariates and other characteristics? (e.g. age, sex, clinical and drug use history, co-morbidity, co-medications, lifestyle)		$\boxtimes$		
9.3	Is a coding system described for:				
	9.3.1 Exposure? (e.g. WHO Drug Dictionary, Anatomical Therapeutic Chemical (ATC) Classification System)			$\boxtimes$	
	9.3.2 Outcomes? (e.g. International Classification of Diseases (ICD), Medical Dictionary for Regulatory Activities (MedDRA))	$\boxtimes$			8.6.2
	9.3.3 Covariates and other characteristics?	$\square$			8.6.3
9.4	Is a linkage method between data sources described? (e.g. based on a unique identifier or other)	$\boxtimes$			8.2



Author(s): B. Raventós, T. Duarte-Salles, J. Politi, Ve N. Hunt, G. van Leeuwen, G. Inberg

Version: V2.0

Dissemination level: Public

Section 10: Analysis plan	Yes	No	N/A	Section Number
10.1 Are the statistical methods and the reason for their choice described?				8.8
10.2 Is study size and/or statistical precision estimated?			$\square$	8.7
10.3 Are descriptive analyses included?	$\square$			8.8
10.4 Are stratified analyses included?	$\square$			8.8
10.5 Does the plan describe methods for analytic control of confounding?			$\boxtimes$	
10.6 Does the plan describe methods for analytic control of outcome misclassification?		$\boxtimes$		
10.7 Does the plan describe methods for handling missing data?		$\boxtimes$		
10.8 Are relevant sensitivity analyses described?		$\square$		
Comments:				

Section 11: Data management and quality control	Yes	No	N/A	Section Number
11.1 Does the protocol provide information on data storage? (e.g. software and IT environment, database maintenance and anti-fraud protection, archiving)				9
11.2 Are methods of quality assurance described?	$\square$			9
11.3 Is there a system in place for independent review of study results?			$\square$	

Section 12: Limitations	Yes	No	N/A	Section Number
12.1 Does the protocol discuss the impact on the study results of:				
12.1.1 Selection bias?		$\square$		
12.1.2 Information bias?	$\square$			11
12.1.3 Residual/unmeasured confounding? (e.g. anticipated direction and magnitude of such biases, validation sub-study, use of validation and external data, analytical methods).				
12.2 Does the protocol discuss study feasibility? (e.g. study size, anticipated exposure uptake, duration of follow-up in a cohort study, patient recruitment, precision of the estimates)				8.2, 11



Author(s): B. Raventós, T. Duarte-Salles, J. Politi, N. Hunt, G. van Leeuwen, G. Inberg

Version: V2.0

Dissemination level: Public

Comments:

Section 13: Ethical/data protection issues	Yes	No	N/A	Section Number
13.1 Have requirements of Ethics Committee/ Institutional Review Board been described?	$\boxtimes$			13
13.2 Has any outcome of an ethical review procedure been addressed?			$\boxtimes$	
13.3 Have data protection requirements been described?	$\boxtimes$			9

Comments:

Section 14: Amendments and deviations	Yes	No	N/A	Section Number
14.1 Does the protocol include a section to document amendments and deviations?	$\square$			

Comments:

Section 15: Plans for communication of study results	Yes	No	N/A	Section Number
15.1 Are plans described for communicating study results (e.g. to regulatory authorities)?	$\boxtimes$			14
15.2 Are plans described for disseminating study results externally, including publication?	$\boxtimes$			14

Comments:

Name of the main author of the protocol: Berta Raventós

Date: 22/08/2024

Signature: