



1 disorders, rheumatologic disorders, cardiovascular events (angina, TIA), alzheimer and  
2 parkinson disease, chronic liver and chronic kidney disease, major surgeries;  
3 medications (ATC codes): hypnotics, benzodiazepines, aspirin, SSRI, anticonvulsant.  
4 ATCs prescribed, GP visits, hospital admissions and traffic accidents.  
5 **Statistics:** Incidence rates (IR), absolute rate difference (RDs), and adjusted hazard ratios  
6 (HRs) with 95% confidence intervals (CIs) were calculated using cause-specific Cox  
7 proportional hazards regression model accounting for competing risk of death.  
8 Propensity-score (PS) matching was used to minimize confounding.

9

10 **KEY WORDS: tramadik, adverse events, primary care**

11

## 12 **BACKGROUND**

13

14 Opioids act as pain relievers through the interaction with the opioid receptor on nerve  
15 cells in the brain and nervous system. Traditionally these drugs were used to relieve  
16 pain in cancer patients, however, in the late 90s', concerns on the lack of pain relief on  
17 certain non-cancer patients broadened the prescription of these drugs for the treatment  
18 of acute, end-of life and non-cancer pain. This led to a fourfold increase in the sales of  
19 opioids in the United States from 1999 to 2010 [1], with 6.9% of the adults in 2011-  
20 2012 reporting use of opioids in the last 30 days [2]. The increase in the use of these  
21 drugs also affected Spain; the Spanish Agency of Drugs and Health Products (AEMPs)  
22 reported that between 2008 and 2015 the use of opioids increased an 83.5% [3] and  
23 more recent reports reflect an increase of weak opioids, such as tramadol [4].  
24 Despite the growing awareness of the harms produced by chronic opioid use [5],  
25 tramadol is still favourably recommended by remarkable clinical guidelines [6-8] even  
26 as a first line therapy in certain subgroup of patients such as those with high  
27 cardiovascular risk[9]. As a result, tramadol prescriptions have seen a substantial surge  
28 around the world. For example, tramadol is the top utilized opioid in the UK[10], the  
29 Netherlands[11], Denmark, Sweden and Norway[12]. In the United States, though not  
30 used as commonly as in European countries, prescriptions of tramadol had continuously  
31 increased by 22.8% between 2012 and 2015[13].  
32 Serious adverse events related to tramadol overdose is well established, but current  
33 evidence regarding potential harms attributed to the standard tramadol use is  
34 inconclusive [14-15], which in fact may lead to more safety issues than its overdose or

1 abuse from the population level. A few case studies have reported that tramadol can  
2 possibly cause or exacerbate fatal acute cardiovascular events[16-17]. Concerns for  
3 tramadol safety have been recently raised by two large observational studies suggesting  
4 tramadol therapy was associated with increased risks of all-cause mortality[18]  
5 compared to NSAIDs and prolonged opioid use compared to even strong opioids[19].  
6 Considering the growing and favourable use of tramadol to treat a wide range of pain  
7 conditions, especially escalating chronic non-cancer pains. It is crucial to  
8 comprehensively assess the safety profile of tramadol to help re-weight its beneficial  
9 analgesic effects against potential harms. The objectives of this large population-based  
10 cohort study were to 1) examine whether use of tramadol is associated with comparable  
11 or elevated risks of previously reported adverse events than codeine, another weak  
12 potency opioid 2) investigate whether the risks were consistent across various pain  
13 conditions in adults.

14

#### 15 **HYPOTHESIS:**

- 16 • Adverse events are more frequently diagnosed among tramadol users compared  
17 to codeine users

18

#### 19 **OBJECTIVES:**

- 20 • To assess the incidence of adverse events among incident users of tramadol  
21 compared to codeine users among subjects  $\geq 18$  years old in Catalonia, Spain.

22

23 This objective will be addressed for the overall population but also after stratification by  
24 indication (muscle-skeletal diagnosis vs others), sex and age ( $\geq 18$  to  $<44$ ,  $\geq 44$  to  $<64$ ,  $\geq$   
25 64 and over)

26

27

#### 28 **METHODS:**

##### 29 **Study design:**

30 We will use a population-based cohort study which will encompass two cohorts:

31 1-Incident tramadol users

32 2- incident codeine users (active comparator)

33

##### 34 **Setting:**

1 We will use data from the SIDIAP database. SIDIAP comprises electronic  
2 medical records of patients registered in any of the 274 participating primary  
3 health care practices in Catalonia, covering a population of 5.8 million patients  
4 (70% of the Catalanian population in 2006) and with a total of 3414  
5 participating general practitioners. SIDIAP encompasses the clinical and referral  
6 events registered in primary care medical records, comprehensive demographic  
7 information, prescriptions, referrals and laboratory test results and has recently  
8 been validated for OA. Health professionals gather this information using  
9 International Statistical Classification of Diseases and Related Health Problems  
10 (ICD) 10 codes for symptoms and co-morbidities and structured spreadsheets  
11 designed for the collection of clinical and administrative variables, including  
12 country of origin, gender, age, BMI, smoking status and drinking status.  
13 Encoding personal and clinic identifiers ensures the confidentiality of the  
14 information in the SIDIAP database. SIDIAP is fully linked to the official  
15 pharmacy invoice database, which will be the source of data on drug utilization  
16 for the current study.

17  
18 **Source population:**

- 19 • All subjects registered for at least 1 year in the SIDIAP database during the  
20 study period.
- 21 • The source population includes all users of any of the study drugs  
22 (tramadol/codeine) during the study period, aged 18 years or older at the time of  
23 therapy initiation.

24  
25 **Study period:**

- 26 • from 1<sup>st</sup> January 2007 to the 31<sup>st</sup> December 2017 (future updating of the results  
27 will be carried out when data is available)

28  
29 **Study population:**

30 The study population for the drug safety study will include all incident users (with no  
31 use in the previous one year) of any of the study drugs (tramadol/codeine) during the  
32 study period aged 18 years or older at the time of therapy initiation.

33 For a detailed list of study drugs see annex 1

34

1 **Inclusion/exclusion criteria:**

2 **Inclusion criteria:**

- 3 • Continuous enrolment in the database for at least 1 year previous to the
- 4 inclusion in the cohort (start date).
- 5 • Age 18 years or older at start date.
- 6 • No use of both index and comparator drug (tramadol/ codeine) in the previous 1
- 7 year.

8  
9 Cohort construction:

10

- 11 • COHORT 1: At least 1 pharmacy dispensations of tramadol (with no previous
- 12 use of codeine either in separate dispensation or combined) dispensed (as per
- 13 pharmacy invoice records) during the study period (1<sup>st</sup> January 2007 to 31<sup>st</sup>
- 14 December 2017).
- 15
- 16 • COHORT 2: At least 1 pharmacy dispensations of codeine (with no previous use
- 17 of tramadol either in separate dispensation or combined) dispensed (as per
- 18 pharmacy invoice records) during the study period (1<sup>st</sup> January 2007 to 31<sup>st</sup>
- 19 December 2017).

20 Events will be identified through the medical records (ICD-10 Codes). Only the

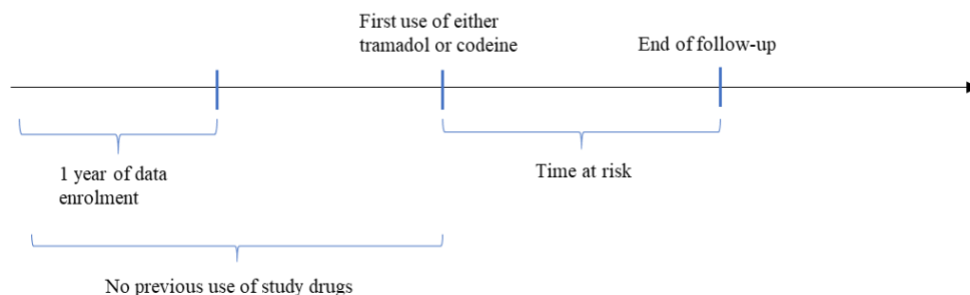
21 adverse events occurring during the exposure period will be considered (see

22 Variable section, Outcome WP2 page 10)

23

24

**Example of eligibility for incident tramadol or codeine users**



25

26 **Exclusion criteria:**

- 1 - Combined dispensation of tramadol and codeine in the same day
- 2 - Subjects with any of the outcome events of interest (ICD-10 in annex) at the
- 3 index date

4

5 **Follow-up:**

6 Patients will be followed from the date of the incident dispensation of tramadol or  
7 codeine (index date), which follows the latest of the following dates (start date):

- 8 - Start of the study period
- 9 - One year of valid data in database

10 Until the earliest of:

- 11 - End of enrolment in the database (due to moving out or death)
- 12 - Date of last data capturing in the database (31<sup>st</sup> December 2019)
- 13 - Event of interest.
- 14 - End of follow-up (one year after index date or end of continuous drug use
- 15 depending on the definition of time at-risk)

16

17 **Variables:**

18 **Exposures (ATC in the Annex):**

19 The main drugs of interest will tramadol and codeine (active comparator).

20 Patients will hence be categorised into at least one of these two exposure cohorts:

- 21 1. tramadol
- 22 2. codeine (active comparator)

23

24 If multiple new use episodes are identified for a person, we will restrict our analyses  
25 only to the first one as it is more likely to be the first-ever use episode in contrast to  
26 subsequent ones.

27

28 **Exposure categorization**

29 Incidence rates of each of the study events will be calculated during the period at-risk  
30 (one-year range after index date or continuous drug use period). In order to define  
31 periods of continuous use of study drugs, any two dispensations of the same drug will  
32 be concatenated if the gap between the end of the first of the two prescriptions and the  
33 start of the second of the two prescriptions was less than 90 days apart, a carry-over  
34 period of 30 days will be added after last prescription to account for lack of compliance

1 and carryover effects.

2

3 **Outcomes (ICD-10 in the annex):**

4 the following outcomes will be analysed

- 5 1. Composite cardiovascular events (cardiac arrhythmia, heart failure,  
6 myocardial infarction, stroke)
- 7 2. Delirium
- 8 3. Fractures (hip, pelvis, wrist, humerus)
- 9 4. Falls
- 10 5. Sleep disorders (sleep apnoea, somnolence)
- 11 6. Constipation
- 12 7. Opioid dependence/abuse
- 13 8. All-cause mortality

14

15 Events will be identified through the medical records (ICD-10 Codes in annex 3). Only  
16 the adverse events occurring during the exposure period will be considered within 1  
17 year following the initial prescription of tramadol or its comparator codeine

18

19 **Potential confounders (to be assessed in the year before index):**

20 All potential confounders will be identified from medical records through ICD-10 codes  
21 (see table in annex 4).

22

23 General confounders:

24 Age

25 Sex

26 Geographic region

27 BMI (WHO classification)

28 Socioeconomic status (MEDEA)

29 Life style factors (alcohol and tobacco status)

30

31 Medical conditions:

32 Charlson comorbidity index (CCI)

33 Cancer (all cancers will be considered except skin cancer without metastasis) on or  
34 before cohort entry

- 1 Pulmonary oedema at cohort entry
- 2 Peripheral vascular disease on or before cohort entry
- 3 Diabetes (type 1 and 2) on or before cohort entry
- 4 Diarrhoea at cohort entry
- 5 Malabsorption disorders at cohort entry
- 6 COPD on or before cohort entry
- 7 Chronic cough at cohort entry
- 8 Neurologic pathologies (migrane) at cohort entry
- 9 Burn injuries at cohort entry
- 10 Chronic musculoskeletal pain disorders (see ICD codes annex) on or before cohort entry
- 11 Rheumatologic disorders (see ICD-10 codes annex) on or before cohort entry,
- 12 Cardiovascular events (angina, TIA) at cohort entry
- 13 Alzheimer and Parkinson disease on or before cohort entry,
- 14 Chronic liver and chronic kidney disease on or before cohort entry
- 15 Charlson Comorbidity Index
- 16 Procedures: major surgeries at cohort entry
- 17 Drugs: use of specific medications at cohort entry assessed through ATC codes
- 18 (hypnotics (ATC N05C), benzodiazepines (ATC N05B), aspirin (ATC B01AC06),
- 19 SSRI (ATC N06AB), anticonvulsant (ATC N03))
- 20 Number of different ATCs prescribed at cohort entry
- 21 Other:
- 22 Number of GP visits during the drug exposure period
- 23 Number of hospital admissions, assessed through linkage with CMBD database, during
- 24 the drug exposure period
- 25 Traffic accidents assessed through ICD-10 codes, during the drug exposure period
- 26
- 27
- 28 **Statistical analysis:**
- 29 Unadjusted incidence rates (and 95% CIs) of each of the events of interest stratified by
- 30 drug exposure cohort will be calculated. We will use both a propensity score-matched
- 31 and multivariable survival analysis to compare time to first adverse event amongst new
- 32 tramadol users or codeine users. Propensity score and multivariable adjustment methods
- 33 will be used to address the issue of non-randomisation of different opioid users with
- 34 accounting for potential confounders. The propensity score represents the probability of



1 the use of target drug, conditional on the values of observed confounding variables. We  
2 will calculate the propensity score by fitting multivariable logistic regression models  
3 (including potentially confounding factors). On propensity score, target drug users will  
4 be matched to active comparison drug users, using a caliper width of 0.2 SD. Any  
5 confounders with remaining imbalance between target and comparison groups even  
6 after propensity score matching will be included in the survival model. Both “intention  
7 to treatment” and “on treatment” analyses approaches will be adopted. Cox  
8 proportional hazard regression models will be used to estimate relative risk. Competing  
9 survival will be considered for the competing risk of death.

### 11 **Sample size**

12 All subjects registered in the SIDIAP database, aged at least 18 years old who fulfil the  
13 inclusion criteria will be included in the study. In a previous feasibility study carried out  
14 to explore the expected population to be included, out of 7,251,277 subjects with data  
15 available in the SIDIAP database, 1,186,887 subjects were aged at least 18 years old  
16 and were prescribed an opioid pain killer during the period of study (2007-2016).

### 18 **Missing information:**

19 Since the underlying data represent attended medical care, we assume that absence of  
20 information of clinical events means absence of that condition. Variables with  
21 missingness will be treated as categorical with a missing category.

### 23 **LIMITATIONS OF THE STUDY:**

24 Information collected from population databases such as the SIDIAP database that  
25 nourishes itself from the information of the computerized medical records of primary  
26 care health centres have one main difference with the traditional cohort studies; there  
27 can be an under-registration of the events of interest. This classification bias is random  
28 and it could underestimate the association between the adverse events analysed and the  
29 drug used, leading to conclusions that do not represent reality.

30 The information gathered from the pharmacy invoices reflects the dispensation of the  
31 medications analysed but we are not going to be able to fully determine if the patient  
32 takes the treatment or not. However, we are only including repeated dispensations (at  
33 least 2) to overcome this limitation. At last, hospital information is only available for a  
34 subgroup of hospitals, those pertaining to the ICS (“Institut Catala de la Salut”) which

1 might lead to an underestimation of the adverse events, however, the SIDIAP database  
2 covers >80% of the primary health care centres and it is likely that subjects suffering an  
3 adverse event in an no ICS hospital will afterwards report to their general practitioner in  
4 the primary health care centre and therefore the adverse events missed will be  
5 recaptured then minimizing the underestimation bias described above.

6

#### 7 **ETHICAL CONSIDERATIONS:**

8 This study has been approved by the Ethics Committee of reference from the IDIAP  
9 Jordi Gol the 30/05/2018 with the code P18/085.

10

#### 11 **WORK PLAN:**

12

13 APRIL-MAY 2018: protocol elaboration and submission to the ethical committee of  
14 reference (CR, DPA)

15 SEPTEMBER 2019-DECEMBER 2019: Data extraction and data management  
16 (SIDIAP team)

17 JANUARY-APRIL 2021- Data analysis and Drug safety study results (WP1) (JX, CR,  
18 DPA)

19 MAY-JUNE 2021: 1. Analysis and internal discussion of the results (JX, CR, DPA)

20 JULY-SEPTEMBER: Interim report of results and writing of manuscripts for high  
21 impact journal (JX, CR, DPA, DML, CC, ADP, XNS, AT, ME)

22

#### 23 **EXPERIENCE OF THE TEAM:**

24

25 The PI Carlen Reyes, has actively participated in several research projects since 2007  
26 with different research centres (Biomedical institute San Pau (IIB Sant Pau)-Eap  
27 Sardenya and IDIAP Jordi Gol). In 2014 she obtained her thesis with 2 studies, the first  
28 a case-control multi-centric study aimed to determine the association between the  
29 proton-pump inhibitors and the incidence of fragility fracture (Bone 2013  
30 Feb;52(2):557-61) and the second analysing the association between the charlson  
31 comorbidity index and the hip fracture in men using the SIDIAP database (Osteoporosis  
32 International 2014. June;25(6);1751-8). From January to March 2014, she did a short-  
33 fellowship in the Nuffield Orthopaedic Hospital (Oxford University) supervised by  
34 Daniel Prieto Alhambra, where she continued her epidemiological studies with the

1 SIDIAP database with several published manuscript as a result. Since 2015, the PI  
2 works for the IDIAP Jordi Gol research institute under the supervision of Dr. Daniel  
3 Prieto Alhambra as post-doctoral researcher with whom she has collaborated and  
4 published 7 studies in high impact journals as the first author.

5 Junqing Xie is a DPhil student who studied preventive medicine at Shandong University  
6 (2015) and completed an MSc in Epidemiology and Biostatistics at Peking University  
7 (2018) in China. Actually is working with Dr Prieto Alhambra in the Nuffield  
8 Department of Orthopaedics, Rheumatology and Musculoskeletal Sciences (NDORMS)  
9 in Oxford. Before joining the NDORMS, he was awarded a Statistical Programming  
10 Training Fellowship (2018-2019) in the Clinical Trial Service Unit and Epidemiological  
11 Studies Unit (CTSU) based on the Big Data Institute of the University of Oxford. His  
12 DPhil research focuses on using pharmacoepidemiologic and pharmacogenomic  
13 approaches to study opioid safety.

14 Overall, the research team counts with more than 30 manuscripts published in high  
15 impact journals and has received several national grants for research; three grants from  
16 Barcelona city for research in primary care (2008, 2009 and 2012) and two grants from  
17 the Spanish Society of Bone Mineral Metabolism (SEIOMM) among others.  
18 Furthermore, many of the researchers pertaining to the team have received awards  
19 related to their research: Award of the Hispanic Foundation of Osteoporosis and  
20 Metabolic Illnesses (FHOEMO) in 2011 (“Prevalencia de hipovitaminosis D en una  
21 población con fractura osteoporótica atendida en la Atención Primaria de Salud”), 2014  
22 (“Factores de riesgo previos a una fractura por fragilidad y abordaje de los mismos  
23 desde la Atención Primaria de Salud”) and 2016 (“Persistencia a dos años entre usuarias  
24 de distintos fármacos anti-osteoporóticos: estudio de cohortes de base poblacional”).  
25 They were also awarded with the Italofármaco award to the best communication in the  
26 SEIOMM Congress 2012( “Los estadios previos al diagnóstico de la diabetes tipo 2 no  
27 afectan al riesgo de fractura: estudio de base poblacional DIAFOS”), 2015  
28 (“Tratamiento con insulina y riesgo de fracturas óseas en pacientes con diabetes  
29 mellitus tipo 2: estudio de cohortes poblacionales apareadas por propensity score”) and  
30 2016 (“Uso de fármacos anti-osteoporosis en pacientes con DM2: estudio de cohortes  
31 de base poblacional”). Finally, two ESCEO-Health Care Provider Scholarships in 2014  
32 and 2015, granted by the International Osteoporosis Foundation for the research works

1 on the risk of hip fracture among type 2 diabetic patients and mortality predictors after  
2 the vertebral fracture.

3

#### 4 **FUNDING**

5

6 There is no funding for this project given that it is an internal project already agreed  
7 with the technical committee. Neither the PI nor the other members of the research team  
8 have conflict of interest for this study.

9

#### 10 **APPLICABILITY AND RELEVANCE OF THE FINDINGS:**

11

12 There has been an increase in the opioid prescription reported worldwide which has led  
13 to an increase in the severe adverse events secondary to the use, abuse and dependence  
14 of such drugs. There is scarcity of data regarding real incidence of adverse events linked  
15 to the use of tramadol in the Spanish population and given that these medications are  
16 mostly prescribed as pain-killers, which is a frequent consequence in many age-related  
17 chronic diseases, it is important to analyse the incidence of the most frequent adverse  
18 events in our setting using real world data. Given that there are other medications that  
19 could be prescribed as pain-killers it is also important to compare the safety of tramadol  
20 use with another weak opioid such as the codeine. The results of this study will help to  
21 better assess the real incidence of adverse events associated to the use of tramadol an  
22 codeine in our population.

23

#### 24 **RESOURCES TO CARRY OUT THE STUDY**

25

26 The data for this study will be provided thanks to an internal agreement between Dr  
27 Daniel Prieto Alhambra and the IDIAP Jordi Gol foundation. The PI, Dr Carlen Reyes  
28 is nowadays working 20h/week for the IDIAP Jordi Gol, which enables her to carry out  
29 this study. Furthermore, this study is part of the DPhil research of Junqing Xie carried  
30 out actually in the NDORMS in Oxford. The other members of the research team have  
31 also agreed to collaborate to carry out this study.

32

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30  
31  
32  
33  
34

1 **ANNEXES:**

2 1- ATC opioid codes:

ATC code	Name
N02AA59	<a href="#">codeine, combinations excl. psycholeptics</a>
N02AA79	<a href="#">codeine, combinations with psycholeptics</a>
N02AJ06	<a href="#">codeine and paracetamol</a>
N02AJ07	<a href="#">codeine and acetylsalicylic acid</a>
N02AJ08	<a href="#">codeine and ibuprofen</a>
N02AJ09	<a href="#">codeine and other non-opioid analgesics</a>
N02AJ13	<a href="#">tramadol and paracetamol</a>
N02AJ14	<a href="#">tramadol and dexketoprofen</a>
N02AJ15	<a href="#">tramadol and other non-opioid analgesics</a>
N02AX02	<a href="#">tramadol</a>
R05DA04	codeine

3

4

5 2- ICD-10 Codes for chronic musculoskeletal disorders:

<b>Musculoskeletal medical condition</b>	<b>ICD-10 code</b>
Osteoarthritis polyarticular	M15
Hand OA	M18 M15.2
Hip OA	M16
Knee OA	M17
Spine OA	M47.8 M47.9
Unspecific OA	M19
Rheumatoid arthritis	M06.9
Osteoporosis unspecified	M80.9

Postmenopausal osteoporosis	M80.0
Other osteoporosis	M80.8
Osteoporosis of disuse	M80.2
Idiopathic osteoporosis	M80.5
Drug-induced osteoporosis	M80.4
Postoophorectomy osteoporosis	M80.1
Fybromialgia	M79.7

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2 3- ICD-10 Codes for adverse events:

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<b>Delirium</b>		F05, F050, F051, F058, F059, F114, F194
<b>Falls</b>		V00-Y99
<b>Opioid abuse</b>		F11.1
<b>Opioid dependence</b>		F11.2
<b>All-cause mortality</b>		A00-Y89
<b>Composite cardiovascular events</b>		
Atrial fibrillation		A52.06, I48.91, I49.8
Flutter		I48.92, I49.8, I49.02
Arrytmia		I49.9
Bradiarrytmia		I49.8
Cardiac insufficiency /heart failure	Heart failure	I50*
	Heart failure, unspecified	I50.9
	Congestive heart failure	I50.0
	Congestive heart disease	I50.9
	Left ventricular failure	I50.1
	Hypertensive heart disease with (congestive) heart failure	I11.0



	Hypertensive heart and renal disease with (congestive) heart failure	I13.0
	Hypertensive heart and renal disease with both (congestive) heart failure and renal failure	I13.2
Myocardial infarction	Cardiac infarction	I22*
	Cardiac infarction	I21*
	Acute myocardial infarction	I21*
	Acute myocardial infarction, unspecified	I21.9
	Myocardial infarction (acute) NOS	I21.3
	Old myocardial infarction#	I25.2
	Subsequent/recurrent myocardial infarction	I22
	Subsequent myocardial infarction of unspecified site	I22.9
	Subsequent myocardial infarction of other sites	I22.8
	Subsequent myocardial infarction of anterior wall	I22.0
	Subsequent myocardial infarction of inferior wall	I22.1
	Subsequent acute sub endocardial myocardial infarction	I22.2
	Subsequent non transmural myocardial infarction NOS	I22.2
	Subsequent myocardial infarction (acute) NOS	I22.9

	Acute sub endocardial myocardial infarction	I21.4
	Non transmural myocardial infarction	I21.4
	Acute transmural myocardial infarction of unspecified site	I21.3
	Acute transmural myocardial infarction of anterior wall	I21.0 122.0
	Acute transmural myocardial infarction of inferior wall	I21.1 I21.19 122.1
	Acute transmural myocardial infarction of other sites	I21.2 I21.29 122.8
	Non-Q wave myocardial infarction NOS	I21.4 122.2
	Non-ST elevation (NSTEMI) myocardial infarction	I21.4 122.2
Stroke	Stroke, not specified as hemorrhage or	I64
	Stroke NOS	I63.9
	Intracerebral haemorrhage	I61*
	Non-traumatic subarachnoidal bleeding	I60*
	Sequelae of stroke, not specified as hemorrhage or infarction	I69*
	Brain stem stroke syndrome	G46.3
	Cerebellar stroke syndrome	G46.4

	Other and unspecified intracranial haemorrhage	I62*
	Cerebral infarction	I63*
	Sequelae of stroke NOS	I69.3
<b>Constipation</b>		K59.00, K59.02, K59.09
<b>Sleep disorders</b>		
Sleep apnea		G47.30
Somnolence		R40.0
<b>Fractures:</b>		
Osteoporosis with pathological fracture		M80
Fracture of clavicle		S42.0
Fracture of scapula		S42.1
FRACTURE OF humerus		S42.2-S42.4
Fracture of forearm		S52
Fracture of hand		S62.0-S62.4
Fracture of thoracic vertebra		S22.0
Multiple fractures of thoracic spine		S22.1
Fracture of lumbar vertebra		S32.0
Multiple fractures of lumbar spine and pelvis		S32.7
Fracture of other part of pelvis		S32.8
Fracture of spine, level unspecified		T08
Fracture of sternum		S22.2
Fracture of rib		S22.3
Fractures of two or more ribs		S22.4
Flail chest		S22.5
Fracture of sacrum		S32.1
Fracture of coccyx		S32.2
Fracture of ilium		S32.3
Fracture of acetabulum		S32.4
Fracture of pubis		S32.5

Fracture of head and neck of femur	S72.0
Fracture femur	S72.1-S72.4
Multiple fractures of femur	S72.7
Other fractures of femur	S72.8
Fracture of femur, part unspecified	S72.9
Fracture of patella	S82.0
Fracture of tibia	S82.1-S82.8
Fracture of calcaneus	S92.0
Fracture of talus	S92.1
Fracture of other and unspecified tarsal bone(s)	S92.3

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3 4- ICD-10 Codes for confounders

Variable		ICD-10 code
Cancer		C02.4-C26.9, C30-C97
Pulmonary oedema		J81
Peripheral vascular disease		I73.9
Diabetes (Type 1 and 2)	Diabetes	E11*,E12*, E13*, E14*
	Type 1 Diabetes mellitus	E10*
Diarrhoea		K59.1
Malabsorption disorder	Intestinal malabsorption	K90*
	Intestinal malabsorption unspecified	K90.9
COPD	Chronic obstructive pulmonary disease, unspecified	J44.9
	Other chronic obstructive pulmonary disease	J44
	Other specified chronic obstructive pulmonary disease	J44.8

	Chronic obstructive pulmonary disease with acute exacerbation, unspecified	J44.1
	Chronic obstructive pulmonary disease with acute lower respiratory infection	J44.0
Cough		R05
Dyspnea		R06.0
Neurologic pathologies (Migrane)		G43*
Burn injuries		T30.0
Angina	Angina pectoris	I20*
	Angina pectoris, unspecified	I20.9
	Angina of effort	I20.8
	Anginal syndrome	I20.9
	Cardiac angina	I20.9
	Ischemic chest pain	I20.9
	Unstable angina	I20.0
	Intermediate coronary syndrome Acute coronary syndrome	I20.0
	Angina pectoris with documented spasm	I20.1
	Other forms of angina pectoris	I20.8
TIA	Transient cerebral ischemic attack, unspecified	G45.9

	TIA - Transient ischemic attack	G45.0, -G45.3
	Other transient cerebral ischemic attacks and related syndromes	G45.8
Alzheimer disease	Alzheimer disease	F00*,G30*
	Alzheimer disease unspecified	G30.9
Parkinson disease		G20, G21, G21.1, G21.2, G21.3, G21.8, G21.9, G22
Chronic Liver disease	Chronic hepatitis	K73.9
	Hepatic cirrhosis	K74.60
Chronic kidney disease	Chronic kidney disease	N18*
	Chronic kidney disease unspecified	N18.9
Traffic accidents	Traffic accident	V87.9
	With Collision	V87.7
	Without collision	V87.8

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