# Antipsychotics in pregnancy and the risk of adverse pregnancy outcomes - a nationwide study

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## Administrative details

#### **EU PAS number**

EUPAS100000134

### Study ID

100000134

#### DARWIN EU® study

No

#### **Study countries**

Norway

#### **Study description**

Maternal use of antipsychotics is increasing in recent years. Questions remain as to the risk of spontaneous abortion among women who use antipsychotics in early pregnancy, also due to the methodological challenges of studying spontaneous abortion as an outcome. Therefore, using a novel pregnancy algorithm that captures early non-live births, we aim to assess the association of second-generation antipsychotic use during pregnancy with spontaneous abortions. In addition, we will assess associations with the other maternal and pregnancy outcomes.

We will use Norwegian nationwide registry data, which consist of the Medical Birth Registry of Norway (MBRN), linked to the Norwegian Prescription Database (NorPD) covering all dispensed medications to outpatients, the Norwegian control and payment of health reimbursements (KUHR) covering primary care contacts, and the Norwegian Patient Registry (NPR) covering secondary care contacts, through the maternal personal identification number. Identification of pregnancy episodes and outcomes will be done using the pregnancy algorithm developed by PharmaSafe research group at the University of Oslo. The primary exposure group is defined as second-generation antipsychotics during early pregnancy. Several comparison groups will be employed: 1. Unexposed, diseased comparison group 2. First-generation antipsychotics during pregnancy (Active comparator), 3. Exposed to second-generation antipsychotics only prior to pregnancy (Discontinuer). The primary outcome is defined as spontaneous abortions. We will estimate the hazard ratio with 95% CI with each comparator group, while controlling for measured confounders identified using Directed Acyclic Graphs.

In the secondary analysis, we will restrict to pregnancies identified in the MBRN. We will assess the outcomes: preterm birth, small-for-gestational age (SGA), low Apgar score, transfer to NICU, congenital malformations, caesarean section, gestational diabetes, and preeclampsia.

### Study status

Planned

# Research institutions and networks

## Institutions

Pharmacoepidemiology and Drug Safety Research Group (PharmaSafe), University of Oslo



# Contact details

## Study institution contact

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Primary lead investigator

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# Study timelines

#### Date when funding contract was signed

Planned: 08/04/2024

Study start date Planned: 01/05/2024

Data analysis start date Planned: 01/05/2024

Date of final study report Planned: 28/02/2026

## Sources of funding

• Other public funding (e.g. hospital or university)

## More details on funding

University of Oslo provided funds for data access and storage. Dr. Sakai was funded International Alliance for PharmacoGenetic Epidemiology Excellence (iAPOGEE) visiting scholarship and Scandinavia-Japan Sasakawa Foundation for this project.

## Study protocol

Antipsychotics in pregnancy and the risk of adverse pregnancy outcomes.pdf(3 MB)

protocol\_Antipsychotic medications\_update250228.pdf(3.8 MB)

## Regulatory

### Was the study required by a regulatory body?

No

### Is the study required by a Risk Management Plan (RMP)?

Not applicable

## Methodological aspects

## Study type

# Study type list

### Study topic:

Human medicinal product

### Study type:

Non-interventional study

### Scope of the study:

Safety study (incl. comparative)

### Data collection methods:

Secondary use of data

### Study design:

Cohort study using nation-wide registry data.

### Main study objective:

To evaluate the association of exposure to second-generation antipsychotics during pregnancy with the risk of spontaneous abortion.

## Study Design

### Non-interventional study design

Cohort

## Study drug and medical condition

#### Name of medicine, other

First-generation antipsychotics, Second-generation antipsychotics

## Anatomical Therapeutic Chemical (ATC) code (N05A) ANTIPSYCHOTICS ANTIPSYCHOTICS (N05AA01) chlorpromazine chlorpromazine (N05AA02) levomepromazine levomepromazine (N05AA03) promazine promazine (N05AA04) acepromazine acepromazine (N05AA05) triflupromazine triflupromazine (N05AA06) cyamemazine

cyamemazine

(N05AA07) chlorproethazine chlorproethazine (N05AB01) dixyrazine dixyrazine (N05AB02) fluphenazine fluphenazine (N05AB03) perphenazine perphenazine (N05AB04) prochlorperazine prochlorperazine (N05AB05) thiopropazate thiopropazate (N05AB06) trifluoperazine trifluoperazine (N05AB07) acetophenazine acetophenazine (N05AB08) thioproperazine thioproperazine (N05AB09) butaperazine butaperazine (N05AB10) perazine perazine (N05AC01) periciazine periciazine (N05AC02) thioridazine thioridazine (N05AC03) mesoridazine mesoridazine (N05AC04) pipotiazine

pipotiazine

(N05AD01) haloperidol

haloperidol

(N05AD02) trifluperidol

trifluperidol

(N05AD03) melperone

melperone

(N05AD04) moperone

moperone

(N05AD05) pipamperone

pipamperone

(N05AD06) bromperidol

bromperidol

(N05AD07) benperidol

benperidol

(N05AD08) droperidol

droperidol

(N05AD09) fluanisone

fluanisone

(N05AE01) oxypertine

oxypertine

(N05AE02) molindone

molindone

(N05AE03) sertindole

sertindole

(N05AE04) ziprasidone

ziprasidone

(N05AE05) lurasidone

lurasidone

(N05AF01) flupentixol flupentixol (N05AF02) clopenthixol clopenthixol (N05AF03) chlorprothixene chlorprothixene (N05AF04) tiotixene tiotixene (N05AF05) zuclopenthixol zuclopenthixol (N05AG01) fluspirilene fluspirilene (N05AG02) pimozide pimozide (N05AG03) penfluridol penfluridol (N05AH01) loxapine loxapine (N05AH02) clozapine clozapine (N05AH03) olanzapine olanzapine (N05AH04) quetiapine quetiapine (N05AH05) asenapine asenapine (N05AH06) clotiapine clotiapine (N05AL01) sulpiride

sulpiride (N05AL02) sultopride sultopride (N05AL03) tiapride tiapride (N05AL04) remoxipride remoxipride (N05AL05) amisulpride amisulpride (N05AL06) veralipride veralipride (N05AL07) levosulpiride levosulpiride (N05AX07) prothipendyl prothipendyl (N05AX08) risperidone risperidone (N05AX10) mosapramine mosapramine (N05AX11) zotepine zotepine (N05AX12) aripiprazole aripiprazole (N05AX13) paliperidone paliperidone (N05AX14) iloperidone iloperidone (N05AX15) cariprazine cariprazine

(N05AX16) brexpiprazole brexpiprazole

### Medical condition to be studied

Schizophrenia Bipolar disorder Mania

### Additional medical condition(s)

Depressive disorder with psychotic symptoms

## Population studied

### Short description of the study population

In the primary analysis, all pregnancies identified in the MBRN (Medical Birth Registry of Norway) for pregnancies lasting  $\geq$ 12 weeks, and primary and secondary care registries for pregnancies lasting <12 weeks. In the secondary analysis, we will restrict to pregnancies identified in the MBRN.

#### Age groups

Adults (18 to < 46 years)

#### **Special population of interest**

Pregnant women

Estimated number of subjects 860000

## Study design details

### Setting

We will use Norwegian nationwide registry data, which consist of the Medical Birth Registry of Norway (MBRN), linked to the Norwegian Prescription Database (NorPD) covering all dispensed medications to outpatients, the Norwegian control and payment of health reimbursements (KUHR) covering primary care contacts and the Norwegian Patient Registry (NPR) covering secondary care contacts through the maternal personal identification number.

### Comparators

Several comparison groups will be employed: 1. Unexposed, diseased comparison group, 2. First-generation antipsychotics during pregnancy (Active comparator), 3. Exposed to second-generation antipsychotics only prior to pregnancy (Discontinuer).

#### Outcomes

The primary outcome is defined as spontaneous abortions. Elective termination is considered a competing outcome. The secondary outcomes are preterm birth, small-for-gestational-age (SGA), low Apgar score, transfer to NICU, congenital malformations, gestational diabetes, preeclampsia, caesarean section.

### Data analysis plan

In the primary analysis, we will estimate the hazard ratio with 95% CI with each comparator group, while controlling for measured confounders identified using Directed Acyclic Graphs.

## Data management

## Data sources

### Data source(s)

Norwegian Health Registers

#### Data source(s), other

Norwegian nationwide registry data, which consist of the Medical Birth Registry of Norway (MBRN), linked to the Norwegian Prescription Database (NorPD) covering all dispensed medications to outpatients, the Norwegian control and payment of health reimbursements (KUHR) covering primary care contacts and the Norwegian Patient Registry (NPR) covering secondary care contacts through the maternal personal identification number.

#### Data sources (types)

Drug dispensing/prescription data Population registry Pregnancy registry

## Use of a Common Data Model (CDM)

#### **CDM** mapping

No

## Data quality specifications

#### **Check conformance**

Yes

#### **Check completeness**

Yes

## Check stability

Unknown

### Check logical consistency

Yes

## Data characterisation

### Data characterisation conducted

Not applicable