

# Patient characteristics, treatment patterns, clinical outcomes, and health care resource utilization in severe asthma subgroups: A retrospective analysis of the International Severe Asthma Registry (EVEREST)

**First published:** 05/10/2023

**Last updated:** 21/02/2024

Study

Finalised

## Administrative details

### EU PAS number

EUPAS106967

---

### Study ID

106968

---

### DARWIN EU® study

No

---

### Study countries

☐ Argentina

☐ Australia

- ☐ Bulgaria
  - ☐ Canada
  - ☐ Colombia
  - ☐ Denmark
  - ☐ Greece
  - ☐ India
  - ☐ Italy
  - ☐ Japan
  - ☐ Korea, Republic of
  - ☐ Kuwait
  - ☐ Mexico
  - ☐ Poland
  - ☐ Portugal
  - ☐ Saudi Arabia
  - ☐ Spain
  - ☐ Taiwan
  - ☐ United Arab Emirates
  - ☐ United Kingdom
  - ☐ United States
- 

## **Study description**

Asthma is a heterogeneous disease with a complex pathophysiology that presents with a wide range of clinical manifestations and treatment responses. Recent advances in treatment strategies for severe asthma include the development and release of targeted biologics for treatment. Eligibility for biologic treatment is based on clinical and pathobiological markers, including biomarkers such as immunoglobulin E (IgE), fractional exhaled nitric oxide (FeNO), and blood eosinophil count (BEC). Despite these advances in treatment, the clinical burden for severe asthma remains high. The primary goal of this analysis is to use data from the International Severe Asthma Registry (ISAR)

registry to describe characteristics and unmet needs for patients with subtypes of severe asthma, including patients who are ineligible for current biologic treatment (biologic-ineligible), patients who are biologic-eligible, patients who are biologic-eligible with and without biologic treatment, patients on biologic therapy with uncontrolled asthma, patients with multiple positive asthma-specific biomarkers, patients with low vs high blood eosinophils count (BEC), and patients with allergic asthma. As an exploratory objective, this study will also examine the variability of asthma-specific biomarkers over time.

---

## Study status

Finalised

## Research institutions and networks

### Institutions

#### Optimum Patient Care (OPC)

☐ United Kingdom

**First published:** 01/02/2024

**Last updated:** 01/02/2024

**Institution**

**Not-for-profit**

### Networks

#### Optimum Patient Care (OPC) Network

☐ United Kingdom (Northern Ireland)

**First published:** 26/09/2015

**Last updated:** 16/06/2025

Network

ENCePP partner

## Contact details

### Study institution contact

David Price [dprice@opri.sg](mailto:dprice@opri.sg)

Study contact

[dprice@opri.sg](mailto:dprice@opri.sg)

### Primary lead investigator

David Price

Primary lead investigator

## Study timelines

### Date when funding contract was signed

Planned: 05/08/2021

Actual: 05/08/2021

---

### Study start date

Planned: 01/12/2017

Actual: 31/05/2022

---

### Date of final study report

Planned: 31/10/2021

Actual: 31/12/2022

## Sources of funding

- Pharmaceutical company and other private sector

## More details on funding

AstraZeneca

## Regulatory

**Was the study required by a regulatory body?**

No

---

**Is the study required by a Risk Management Plan (RMP)?**

Not applicable

## Methodological aspects

### Study type

### Study type list

**Study topic:**

Disease /health condition

---

**Study type:**

Non-interventional study

---

**Scope of the study:**

Disease epidemiology

**Data collection methods:**

Secondary use of data

---

**Main study objective:**

Exploratory: To describe the real-world fluctuation of biomarkers (IgE, FeNO, BEC) over time among patients with severe asthma with and without biologic therapy. Both numerical and categorical changes will be assessed.

## Study Design

**Non-interventional study design**

Cohort

Other

---

**Non-interventional study design, other**

Retrospective analysis

## Study drug and medical condition

**Medical condition to be studied**

Asthma

## Population studied

## Short description of the study population

The study population included patients with asthma identified from the international severe asthma registry (ISAR).

---

### Age groups

Adults (18 to < 46 years)

Adults (46 to < 65 years)

Adults (65 to < 75 years)

Adults (75 to < 85 years)

Adults (85 years and over)

---

### Special population of interest

Other

---

### Special population of interest, other

Asthma patients

---

### Estimated number of subjects

13000

## Study design details

### Data analysis plan

The analysis for the primary objective will be descriptive in nature. Descriptive statistics will be calculated for continuous and categorical variables accordingly. For variables measured on the interval or ratio scale, summary statistics produced will include: -Sample size (n) -Frequency and percentage of missing data -Mean -Standard deviation (SD) 95% confidence intervals (CI) -Range (minimum-maximum) -Median -Interquartile range (25th and 75th percentile) For categorical variables, the summary statistics will include: -Sample size (n) -

Count for each category, including a missing data category -Percentage of the total number of observations for each category, including a missing data category

## Data management

### Data sources

**Data source(s)**

International Severe Asthma Registry

---

**Data sources (types)**

[Disease registry](#)

### Use of a Common Data Model (CDM)

**CDM mapping**

No

### Data quality specifications

**Check conformance**

Unknown

---

**Check completeness**

Unknown

---



**Check stability**

Unknown

---

**Check logical consistency**

Unknown

Data characterisation

**Data characterisation conducted**

No