Tirzepatide (Mounjaro®) Benefit for EArly glycemic and weight managemenT in patients with type 2 diabetes vs. oral semaglutide (Rybelsus®) in real world setting – the T BEAT study (2023-12154)

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## Administrative details

EU PAS number	
EUPAS106059	
Study ID	
106060	
DARWIN EU® study	
No	
Study countries  Japan	

#### Study description

Primary objective: - To compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by HbA1c change from baseline after up to 12 months of treatment. Key secondary objective: - To compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by body weight change and percent change from baseline after up to 12 months of treatment. Other secondary objectives: - To compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by the proportion of participants achieving HbA1c targets (<5.7%, <6%,  $\le6.5\%$ , <7%) after up to 12 months of treatment. - To compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by the proportion of participants who achieve weight loss targets ( $\geq 3\%$ ,  $\geq 5\%$ ,  $\geq 10\%$ ,  $\geq 15\%$ ) after up to 12 months of treatment. - To compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by metabolic parameters (waist circumference, blood pressure, serum lipids, liver function, and fasting plasma glucose FPG) after up to 12 months of treatment. - To compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by treatment satisfaction (Diabetes Treatment Satisfaction Questionnaire change version DTSQc) after up to 12 months of treatment. - To compare the treatment persistency of tirzepatide vs. oral semaglutide over up to 12 months of treatment.

### **Study status**

Planned

### Research institutions and networks

### **Institutions**

## Eli Lilly and Company

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## Contact details

### **Study institution contact**

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Study contact

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### **Primary lead investigator**

Manaka Sato

**Primary lead investigator** 

# Study timelines

Date when funding contract was signed

Planned: 02/08/2023

**Study start date** 

Planned: 15/12/2023

**Date of final study report** 

Planned: 31/12/2025

# Sources of funding

- Pharmaceutical company and other private sector
- Other

# More details on funding

Eli Lilly Japan K.K., Mitsubishi Tanabe Pharma Corporation

# Regulatory

Was the study required by a regulatory body?

No

Is the study required by a Risk Management Plan (RMP)?

Not applicable

# Methodological aspects

Study type

Study type list

### **Study type:**

Non-interventional study

### Scope of the study:

Effectiveness study (incl. comparative)

Drug utilisation

#### Main study objective:

The main objective is to compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by HbA1c and body weight change from baseline after up to 12 months of treatment.

# Study drug and medical condition

### **Anatomical Therapeutic Chemical (ATC) code**

(A10BX16) tirzepatide tirzepatide (A10BJ06) semaglutide semaglutide

#### Medical condition to be studied

Type 2 diabetes mellitus

# Population studied

#### Age groups

- Adults (18 to < 46 years)
- Adults (46 to < 65 years)
- Adults (65 to < 75 years)
- Adults (75 to < 85 years)
- Adults (85 years and over)

#### **Estimated number of subjects**

540

# Study design details

#### **Outcomes**

Primary objective is to compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by HbA1c change from baseline after up to 12 months of treatment. Key secondary objective is to compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by body weight change and percent change from baseline after up to 12 months of treatment.

#### Data analysis plan

In the efficacy estimand analysis, change from baseline in HbA1c after up to 12 months of treatment will be analyzed for the EAS using a MMRM with index treatment, visit, treatment by visit interaction, and baseline variables with imbalance remaining after performing IPTW despite being used for the PS model as fixed effects. In the ITT estimand analysis, change from baseline in HbA1c after up to 12 months of treatment will be analyzed for the FAS using an ANCOVA model with index treatment and baseline variables with imbalance remaining after performing IPTW despite being used for the PS model as covariates. Missing values for HbA1c at the 12-month evaluation point will be imputed based on participants who discontinued index therapy or initiated some rescue medication before or at 12 months and whose HbA1c values at the 12-month evaluation point are available ('retrieve dropout').

# Data management

## **ENCePP Seal**

The use of the ENCePP Seal has been discontinued since February 2025.

The ENCePP Seal fields are retained in the display mode for transparency

but are no longer maintained.

### Data sources

#### Data sources (types)

Other

### Data sources (types), other

Prospective patient-based data collection

# Use of a Common Data Model (CDM)

#### **CDM** mapping

No

# Data quality specifications

#### **Check conformance**

Unknown

#### **Check completeness**

Unknown

### **Check stability**

Unknown

### **Check logical consistency**

Unknown

## Data characterisation

### **Data characterisation conducted**

No