

# Tirzepatide (Mounjaro®) Benefit for EARly glycemic and weight management in patients with type 2 diabetes vs. oral semaglutide (Rybelsus®) in real world setting – the T BEAT study (2023-12154)

**First published:** 26/07/2023

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Study

Planned

## Administrative details

### PURI

<https://redirect.ema.europa.eu/resource/106060>

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### EU PAS number

EUPAS106059

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### Study ID

106060

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### DARWIN EU® study

No

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## Study countries

Japan

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## Study description

Primary objective: - To compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by HbA1c change from baseline after up to 12 months of treatment. Key secondary objective: - To compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by body weight change and percent change from baseline after up to 12 months of treatment. Other secondary objectives: - To compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by the proportion of participants achieving HbA1c targets (<5.7%, <6%, ≤6.5%, <7%) after up to 12 months of treatment. - To compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by the proportion of participants who achieve weight loss targets (≥3%, ≥5%, ≥10%, ≥15%) after up to 12 months of treatment. - To compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by metabolic parameters (waist circumference, blood pressure, serum lipids, liver function, and fasting plasma glucose FPG) after up to 12 months of treatment. - To compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by treatment satisfaction (Diabetes Treatment Satisfaction Questionnaire change version DTSQc) after up to 12 months of treatment. - To compare the treatment persistency of tirzepatide vs. oral semaglutide over up to 12 months of treatment.

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## Study status

Planned

## Research institutions and networks

### Institutions

# Eli Lilly and Company

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Institution

## Contact details

### Study institution contact

Manaka Sato

Study contact

[jpmail\\_encepp@lilly.com](mailto:jpmail_encepp@lilly.com)

### Primary lead investigator

Manaka Sato

Primary lead investigator

## Study timelines

### Date when funding contract was signed

Planned: 02/08/2023

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### Study start date

Planned: 15/12/2023

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### Date of final study report

Planned: 31/12/2025

## Sources of funding

- Pharmaceutical company and other private sector
- Other

## More details on funding

Eli Lilly Japan K.K., Mitsubishi Tanabe Pharma Corporation

## Regulatory

### **Was the study required by a regulatory body?**

No

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### **Is the study required by a Risk Management Plan (RMP)?**

Not applicable

## Methodological aspects

### Study type

### Study type list

#### **Study type:**

Non-interventional study

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#### **Scope of the study:**

Effectiveness study (incl. comparative)

Drug utilisation

**Main study objective:**

The main objective is to compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by HbA1c and body weight change from baseline after up to 12 months of treatment.

## Study drug and medical condition

**Anatomical Therapeutic Chemical (ATC) code**

(A10BX16) tirzepatide

tirzepatide

(A10BJ06) semaglutide

semaglutide

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**Medical condition to be studied**

Type 2 diabetes mellitus

## Population studied

**Age groups**

Adults (18 to < 46 years)

Adults (46 to < 65 years)

Adults (65 to < 75 years)

Adults (75 to < 85 years)

Adults (85 years and over)

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**Estimated number of subjects**

540

## Study design details

## **Outcomes**

Primary objective is to compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by HbA1c change from baseline after up to 12 months of treatment. Key secondary objective is to compare the real-world effectiveness of tirzepatide vs. oral semaglutide as measured by body weight change and percent change from baseline after up to 12 months of treatment.

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## **Data analysis plan**

In the efficacy estimand analysis, change from baseline in HbA1c after up to 12 months of treatment will be analyzed for the EAS using a MMRM with index treatment, visit, treatment by visit interaction, and baseline variables with imbalance remaining after performing IPTW despite being used for the PS model as fixed effects. In the ITT estimand analysis, change from baseline in HbA1c after up to 12 months of treatment will be analyzed for the FAS using an ANCOVA model with index treatment and baseline variables with imbalance remaining after performing IPTW despite being used for the PS model as covariates. Missing values for HbA1c at the 12-month evaluation point will be imputed based on participants who discontinued index therapy or initiated some rescue medication before or at 12 months and whose HbA1c values at the 12-month evaluation point are available ('retrieve dropout').

## **Data management**

### **Data sources**

#### **Data sources (types)**

[Other](#)

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## **Data sources (types), other**

Prospective patient-based data collection

## Use of a Common Data Model (CDM)

### **CDM mapping**

No

## Data quality specifications

### **Check conformance**

Unknown

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### **Check completeness**

Unknown

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### **Check stability**

Unknown

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### **Check logical consistency**

Unknown

## Data characterisation

### **Data characterisation conducted**

No