# International Active Surveillance Study: Native Estrogen Estetrol (E4) Safety Study (INAS-NEES)

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## Administrative details

### **EU PAS number**

EUPAS49984

#### Study ID

49985

#### DARWIN EU® study

No

#### **Study countries**

Brazil

Czechia

France

Germany

Hungary
Italy
Poland
Spain
United Kingdom
United States

#### **Study description**

The primary objective of the study is to characterize and compare the risks of E4/DRSP with EE/LNG, in a study population that is representative of the actual users of these preparations. This includes an estimate of the absolute risk of rare serious adverse outcomes. The main clinical outcome of interest is venous thromboembolism (VTE), i.e., deep venous thrombosis (DVT) of the lower extremities and pulmonary embolism (PE). Secondary objectives include measuring the occurrence of unintended pregnancy, assessing the risk of arterial thromboembolism (ATE), describing the drug utilization pattern, describing the baseline risk profile for VTE and ATE, and investigating outcomes associated with foetal exposure to E4/DRSP. It is a multinational, comparative, prospective, active surveillance study that follows two cohorts. The cohorts consist of new users (starters and restarters) of two different groups of hormonal contraceptives: E4/DRSP and EE/LNG. The study is taking a noninterventional approach to provide comprehensive information on these treatments in a routine clinical practice setting. Study participants will be enrolled via an international network of COC-prescribing health care professionals (HCPs) and then followed up for one to two years. All outcomes of interest will be captured by direct contact with the study participants. Reported outcomes of interest will be validated via attending physicians and relevant source documents. The classification of outcomes of interest into 'confirmed' and 'not confirmed' will be verified by blinded independent adjudication. Approximately 101,000 study participants (50,500 E4/DRSP and 50,500 EE/LNG

new users) will be recruited via a network of COC-prescribing health care professionals in Europe, the USA, and Brazil. All new users (starters and restarters) prescribed E4/DRSP or EE/LNG who are willing to participate may be eligible for enrolment in the study.

### Study status

Planned

## Research institutions and networks

### Institutions

# Berlin Center for Epidemiology & Health Research, ZEG Berlin Germany

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Institution

Laboratory/Research/Testing facility

#### (ENCePP partner

## Contact details

### Study institution contact

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Study contact

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Primary lead investigator

Klaas Heinemann

Primary lead investigator

## Study timelines

**Date when funding contract was signed** Actual: 01/07/2022

Study start date Planned: 31/03/2023

Date of interim report, if expected Planned: 23/06/2023

Date of final study report Planned: 22/06/2029

### Sources of funding

• Pharmaceutical company and other private sector

### More details on funding

Estetra SRL

### Study protocol

INAS-NEES\_EMAProtocol\_V04-00\_20220908.pdf(990.29 KB)

### Regulatory

### Was the study required by a regulatory body?

Yes

### Is the study required by a Risk Management Plan (RMP)?

EU RMP category 3 (required)

### Methodological aspects

Study type

## Study type list

Study type:

Non-interventional study

### Scope of the study:

Assessment of risk minimisation measure implementation or effectiveness

### Main study objective:

The primary objective of the study is to characterize and compare the risks of E4/DRSP with EE/LNG, in a study population that is representative of the actual users of these preparations.

## Study Design

### Non-interventional study design

Cohort

## Study drug and medical condition

### Anatomical Therapeutic Chemical (ATC) code

(G03AA18) drospirenone and estetrol drospirenone and estetrol

### Medical condition to be studied

Atrial thrombosis Deep vein thrombosis Pulmonary embolism Venous thrombosis Myocardial infarction Cerebrovascular accident Unintended pregnancy Congenital anomaly

### Population studied

#### Age groups

Adolescents (12 to < 18 years) Adults (18 to < 46 years) Adults (46 to < 65 years)

**Estimated number of subjects** 101000

### Study design details

#### Outcomes

The main clinical outcome of interest is venous thromboembolism (VTE), i.e. deep venous thrombosis (DVT) of the lower extremities and pulmonary embolism (PE). Secondary objectives include measuring the occurrence of unintended pregnancy, assessing the risk of arterial thromboembolism (ATE), describing the drug utilization pattern, describing the baseline risk profile for VTE and ATE, and investigating outcomes associated with foetal exposure to E4/DRSP.

### Data analysis plan

The final analyses will include both an "as-treated" (AT) and an "intention-totreat" (ITT) analysis. All eligible women will be assigned to the ITT and AT population at baseline. Only women with follow-up information will be considered for longitudinal analysis. Women who never started their prescribed baseline medication will be considered in the ITT analysis but excluded from the AT analysis. Population characteristics, e.g. socio-economic factors, parameters of reproductive, contraceptive history, and medical history, will be summarized descriptively and used to estimate the probability of treatment differences. Inverse probability of treatment weighting combined with time-to-event analysis of VTE will be carried out based on the extended Cox model to calculate hazard ratios (HR) with 95% confidence intervals. The null hypothesis to be tested is HR of VTE  $\geq$ 1.5 (i.e. the VTE HR for E4/DRSP vs. EE/LNG is higher than or equal to 1.5). The alternative hypothesis is HR of VTE<1.5.

### Data management

**ENCePP** Seal

### This study has been awarded the ENCePP seal



### Conflicts of interest of investigators

NEES\_ENCePP\_DeclarationOfInterest\_Annex5\_signed.pdf(551.93 KB)

### Composition of steering group and observers

NEES\_SEECS\_SMACMembers\_V00-01.pdf(23.5 KB)

### Data sources

#### Data sources (types)

Other

# Data sources (types), other

Prospective patient-based data collection

## Use of a Common Data Model (CDM)

#### **CDM** mapping

No

## Data quality specifications

#### **Check conformance**

Unknown

### **Check completeness**

Unknown

### Check stability

Unknown

### Check logical consistency

Unknown

## Data characterisation

### Data characterisation conducted

No