

# Impact of EU label changes and pregnancy prevention programme for medicinal products containing valproate and related substances: risk awareness and adherence (ValproateRiskAware)

**First published:** 24/01/2020

**Last updated:** 02/07/2024

Study

Finalised

## Administrative details

### EU PAS number

EUPAS32405

---

### Study ID

49662

---

### DARWIN EU® study

No

---

### Study countries

☐ Belgium

☐ Denmark

- ☐ Greece
  - ☐ Latvia
  - ☐ Netherlands
  - ☐ Portugal
  - ☐ Slovenia
  - ☐ Spain
- 

### **Study description**

This is a multi-country study in eight European countries: Belgium, Denmark, Greece, Latvia, Portugal, The Netherlands, Slovenia and Spain. In each country a web-based questionnaire will be conducted among users and former users of valproate and related products, and among health care professionals. An electronic survey including questions on the influence of regulatory recommendations on HCP awareness about the teratogenic and neurodevelopment effects of valproate and related substances will be used to gauge their perspective and to assess effects on knowledge, attitudes and practices. Similarly a patient questionnaire will measure awareness about regulatory recommendations as well as uptake of pregnancy prevention measures, and investigate their effect on valproate use. Data from the survey and questionnaire will be anonymised and analysed for differences between countries. Determinants for adherence to the measures implemented per country will be analysed. Additionally, in two countries (Netherlands and Portugal) semi-structured telephone interviews will be held with 6-8 patients with a range in age and varied educational background.

---

### **Study status**

Finalised

## Research institutions and networks

## Institutions

Division of Pharmacoepidemiology & Clinical Pharmacology (PECP), Utrecht Institute for Pharmaceutical Sciences (UIPS), Utrecht University

☐ Netherlands

**First published:** 01/03/2010

**Last updated:** 23/05/2024

**Institution**

**Educational Institution**

**ENCePP partner**

Division of Pharmacoepidemiology & Clinical Pharmacology (PECP), Utrecht Institute for Pharmaceutical Sciences (UIPS), Utrecht University

☐ Netherlands

**First published:** 01/03/2010

**Last updated:** 23/05/2024

**Institution**

**Educational Institution**

**ENCePP partner**

Porto Pharmacovigilance Centre, Faculty of Medicine, University of Porto (UFPorto)

☐ Portugal

**First published:** 17/11/2010

**Last updated:** 12/06/2023

**Institution**

**Educational Institution**

**ENCePP partner**

Department of Medicine/Laboratory of Hygiene and Environmental Protection, Democritus University of Thrace

☐ Greece

**First published:** 30/11/2022

**Last updated:** 05/12/2022

**Institution**

**Educational Institution**

**ENCePP partner**

The Institute of Public Health of Riga Stradins University Riga, Latvia, University of Copenhagen, Faculty of Health and Medical Sciences, Department of Pharmacy (Social and Clinical Pharmacy) Copenhagen, Denmark, Sección de Innovación y Organización, Servicio Navarro de Salud Pamplona, Spain, Pharmaceutical Care Unit – Ghent University Ghent, Belgium, Centre for

Health Protection, National Institute for Public  
Health and the Environment Bilthoven,  
Netherlands

## Networks

### Pharmacoepidemiology and Pharmacovigilance Network

**First published:** 01/02/2024

**Last updated:** 01/02/2024

Network

## Contact details

### Study institution contact

Teresa Leonardo Alves [teresa.leonardo.alves@rivm.nl](mailto:teresa.leonardo.alves@rivm.nl)

Study contact

[teresa.leonardo.alves@rivm.nl](mailto:teresa.leonardo.alves@rivm.nl)

### Primary lead investigator

Olaf Klungel

Primary lead investigator

## Study timelines

**Date when funding contract was signed**

Planned: 25/02/2019

Actual: 25/02/2019

---

**Study start date**

Planned: 25/10/2019

Actual: 25/10/2019

---

**Data analysis start date**

Planned: 25/12/2019

---

**Date of interim report, if expected**

Planned: 24/07/2020

---

**Date of final study report**

Planned: 28/08/2020

Actual: 01/04/2021

## Sources of funding

- EMA

## Study protocol

[29-01-2020 Protocol valproate study version 2.0 final with annexes.pdf](#)(634.51 KB)

## Regulatory

**Was the study required by a regulatory body?**

Yes

---

**Is the study required by a Risk Management Plan (RMP)?**

Not applicable

## Methodological aspects

Study type

Study type list

**Study topic:**

Human medicinal product

---

**Study type:**

Non-interventional study

---

**Scope of the study:**

Assessment of risk minimisation measure implementation or effectiveness

Drug utilisation

Effectiveness study (incl. comparative)

**Data collection methods:**

Primary data collection

---

**Main study objective:**

1) To assess the extent of the influence of recommendations from regulatory authorities on patients', prescribers' and pharmacists' awareness about the risk of adverse teratogenic effects and neurodevelopmental disorders to children of women exposed to valproate and related substances during pregnancy, and to investigate whether knowledge, attitudes and practices have been affected.

## Study Design

### **Non-interventional study design**

Cross-sectional

Other

---

### **Non-interventional study design, other**

Health care professional study, Patient study

## Study drug and medical condition

### **Anatomical Therapeutic Chemical (ATC) code**

(N03AG01) valproic acid

valproic acid

## Population studied

### **Short description of the study population**

Health care professionals (both GPs and specialists) and community pharmacists who had prescribed valproate and related products among women in childbearing age from 8 European countries: Belgium, Denmark, Greece,



Latvia, Portugal, The Netherlands, Slovenia and Spain. Midwives may be included, if they have had experience with at least one woman treated with valproate and related products.

Inclusion criteria:

- female aged between 15-50 years
  - having used valproate or related products in the past 5 years or are currently using
- 

### **Age groups**

Adolescents (12 to < 18 years)

Adults (18 to < 46 years)

Adults (46 to < 65 years)

---

### **Special population of interest**

Women of childbearing potential not using contraception

Women of childbearing potential using contraception

---

### **Estimated number of subjects**

400

## **Study design details**

### **Data analysis plan**

The surveys will generate descriptive statistics, describing the distribution of characteristics of patients and HCPs for the variables included in the questionnaires. Univariate and bivariate analyses will be conducted according to stratifying variables, including HCP characteristics (age, gender, country, specialism, years of experience) and patient characteristics (age, diagnosis, past use of valproate and related products, type of prescriber, country) For the qualitative data, the analysis involves an inductive content analysis based on a

close line-by-line reading of the responses and developing a conceptual coding scheme based on the major themes in the interview guides. Transcripts will be categorized individually by two coders in each country in native languages. Coders from all countries will meet prior to the analysis to predefine categories and codes to be used. They meet again to evaluate the categories identified and to write up the results using illustrative quotes.

## Documents

### Study results

[ValproateRiskAware summary.pdf](#)(196.49 KB)

---

### Study report

[ValproateRiskAware study report\\_revised final2.pdf](#)(2.29 MB)

## Data management

## Data sources

### Data sources (types)

[Administrative healthcare records \(e.g., claims\)](#)

[Drug dispensing/prescription data](#)

[Other](#)

---

### Data sources (types), other

Prospective patient-based data collection, Patient Organizations Networks

Social Media

## Use of a Common Data Model (CDM)

**CDM mapping**

No

Data quality specifications

**Check conformance**

Unknown

---

**Check completeness**

Unknown

---

**Check stability**

Unknown

---

**Check logical consistency**

Unknown

Data characterisation

**Data characterisation conducted**

No