Impact of EU label changes and pregnancy prevention programme for medicinal products containing valproate and related substances: risk awareness and adherence (ValproateRiskAware)

**First published: 24/01/2020** 

**Last updated:** 02/07/2024





## Administrative details

#### **PURI**

https://redirect.ema.europa.eu/resource/49662

#### **EU PAS number**

**EUPAS32405** 

#### **Study ID**

49662

### **DARWIN EU® study**

Nο

Study countries
Belgium
Denmark
Greece
Latvia
☐ Netherlands
Portugal
Slovenia
Spain

#### Study description

This is a multi-country study in eight European countries: Belgium, Denmark, Greece, Latvia, Portugal, The Netherlands, Slovenia and Spain. In each country a web-based questionnaire will be conducted among users and former users of valproate and related products, and among health care professionals. An electronic survey including questions on the influence of regulatory recommendations on HCP awareness about the teratogenic and neurodevelopment effects of valproate and related substances will be used to gauge their perspective and to assess effects on knowledge, attitudes and practices. Similary a patient questionnaire will measure awareness about regulatory recommendations as well as uptake of pregnancy prevention measures, and investigate their effect on valproate use. Data from the survey and questionnaire will be anonymised and analysed for differences between countries. Determinants for adherence to the measures implemented per country will be analysed. Additionally, in two countries (Netherlands and Portugal) semi-structured telephone interviews will be held with 6-8 patients with a range in age and varied educational background.

#### **Study status**

Finalised

# Research institutions and networks

# Institutions

Division of Pharmacoepidemiology & Clinical Pharmacology (PECP), Utrecht Institute for Pharmaceutical Sciences (UIPS), Utrecht University  Netherlands  First published: 01/03/2010  Last updated: 23/05/2024  Institution Educational Institution ENCePP partner
Division of Pharmacoepidemiology & Clinical Pharmacology (PECP), Utrecht Institute for Pharmaceutical Sciences (UIPS), Utrecht University  Netherlands  First published: 01/03/2010  Last updated: 23/05/2024  Institution Educational Institution ENCePP partner
Porto Pharmacovigilance Centre, Faculty of Medicine, University of Porto (UFPorto)  Portugal

First published: 17/11/2010

**Last updated:** 12/06/2023

Institution

**Educational Institution** 

**ENCePP** partner

Department of Medicine/Laboratory of Hygiene and Environmental Protection, Democritus University of Thrace

Greece

**First published:** 30/11/2022

**Last updated:** 05/12/2022

Institution

**Educational Institution** 

**ENCePP** partner

The Institute of Public Health of Riga Stradins
University Riga, Latvia, University of Copenhagen,
Faculty of Health and Medical Sciences,
Department of Pharmacy (Social and Clinical
Pharmacy) Copenhagen, Denmark, Sección de
Innovación y Organización, Servicio Navarro de
Salud Pamplona, Spain, Pharmaceutical Care Unit

- Ghent University Ghent, Belgium, Centre for

Health Protection, National Institute for Public Health and the Environment Bilthoven, Netherlands

### **Networks**

# Pharmacoepidemiology and Pharmacovigilance Network

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Network

## Contact details

Study institution contact

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Primary lead investigator

Olaf Klungel

**Primary lead investigator** 

# Study timelines

### Date when funding contract was signed

Planned: 25/02/2019 Actual: 25/02/2019

### Study start date

Planned: 25/10/2019 Actual: 25/10/2019

### Data analysis start date

Planned: 25/12/2019

### Date of interim report, if expected

Planned: 24/07/2020

#### **Date of final study report**

Planned: 28/08/2020 Actual: 01/04/2021

# Sources of funding

EMA

# Study protocol

29-01-2020 Protocol valproate study version 2.0 final with annexes.pdf(634.51 KB)

# Regulatory

Was the study required by a regulatory body? Yes
Is the study required by a Risk Management Plan (RMP)?  Not applicable
Methodological aspects
Study type
Study type list
Study topic: Human medicinal product
Study type: Non-interventional study
Scope of the study: Assessment of risk minimisation measure implementation or effectiveness Drug utilisation Effectiveness study (incl. comparative)  Data collection methods:
Primary data collection
Main study objective:

1) To assess the extent of the influence of recommendations from regulatory authorities on patients', prescribers' and pharmacists' awareness about the risk of adverse teratogenic effects and neurodevelopmental disorders to children of women exposed to valproate and related substances during pregnancy, and to investigate whether knowledge, attitudes and practices have been affected.

# Study Design

### Non-interventional study design

Cross-sectional

Other

### Non-interventional study design, other

Health care professional study, Patient study

# Study drug and medical condition

#### **Anatomical Therapeutic Chemical (ATC) code**

(N03AG01) valproic acid valproic acid

# Population studied

#### Short description of the study population

Health care professionals (both GPs and specialists) and community pharmacists who had prescribed valproate and related products among women in childbearing age from 8 European countries: Belgium, Denmark, Greece,

Latvia, Portugal, The Netherlands, Slovenia and Spain. Midwives may be included, if they have had experience with at least one woman treated with valproate and related products.

Inclusion criteria:

- female aged between 15-50 years
- having used valproate or related products in the past 5 years or are currently using

#### Age groups

Adolescents (12 to < 18 years)

Adults (18 to < 46 years)

Adults (46 to < 65 years)

### **Special population of interest**

Women of childbearing potential not using contraception
Women of childbearing potential using contraception

### **Estimated number of subjects**

400

# Study design details

#### **Data analysis plan**

The surveys will generate descriptive statistics, describing the distribution of characteristics of patients and HCPs for the variables included in the questionnaires. Univariate and bivariate analyses will be conducted according to stratifying variables, including HCP characteristics (age, gender, country, specialism, years of experience) and patient characteristics (age, diagnosis, past use of valproate and related products, type of prescriber, country) For the qualitative data, the analysis involves an inductive content analysis based on a

close line-by-line reading of the responses and developing a conceptual coding scheme based on the major themes in the interview guides. Transcripts will be categorized individually by two coders in each country in native languages. Coders from all countries will meet prior to the analysis to predefine categories and codes to be used. They meet again to evaluate the categories identified and to write up the results using illustrative quotes.

### **Documents**

#### **Study results**

ValproateRiskAware summary.pdf(196.49 KB)

#### **Study report**

ValproateRiskAware study report revised final2.pdf(2.29 MB)

## Data management

## Data sources

### **Data sources (types)**

Administrative healthcare records (e.g., claims)

Drug dispensing/prescription data

Other

### Data sources (types), other

Prospective patient-based data collection, Patient Organizations Networks Social Media

# Use of a Common Data Model (CDM)

### **CDM** mapping

No

# Data quality specifications

#### **Check conformance**

Unknown

### **Check completeness**

Unknown

### **Check stability**

Unknown

### **Check logical consistency**

Unknown

# Data characterisation

#### **Data characterisation conducted**

No