

# FINerenone druG Utilization Study and assessment of Temporal changes following availability of different treatment options in patients with chronic kidney disease and type 2 diabetes (FINEGUST)

**First published:** 22/08/2022

**Last updated:** 29/03/2024

Study

Ongoing

## Administrative details

### PURI

<https://redirect.ema.europa.eu/resource/49285>

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### EU PAS number

EUPAS48148

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### Study ID

49285

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### DARWIN EU® study

No

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### Study countries

Denmark

Japan

Netherlands

Spain

United Kingdom

United States

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## Study description

This is an observational study in people with chronic kidney disease (CKD) and type 2 diabetes (T2D) who have already started or will start one of the following treatments for T2D or CKD: Sodium-glucose cotransporter 2 inhibitors (SGLT2i), Glucagon-like peptide-1 receptor agonists (GLP-1 RA), Steroidal mineralocorticoid receptor antagonists (sMRA), Finerenone a non-steroidal mineralocorticoid receptor antagonist (nsMRA), Other nsMRA (only in Japan). The main purpose of the study is to collect and describe characteristics of patients in each treatment group before and after finerenone became available. To do this, the researchers will collect data on: • Patient characteristics (e.g., age sex) of the participants • Clinical characteristics (e.g., history of CKD and T2D, heart and liver health, other health problems) of the participants • Treatments for T2D and CKD • Other medications used Data will be grouped by type of treatment that is initiated (e.g., SGLT2i, a GLP-1 RA, a sMRA, finerenone, or other nsMRA). Two time periods will be compared. Period I is the time until finerenone became available in the respective country, starting from 2012 (2014 for Japan). Period II will begin when finerenone becomes available in the respective country and will end at the end of the study (planned in September 2024). Researchers will also collect data on treatment patterns and changes in baseline characteristics in both time periods. Existing health care data will be collected from various sources in six countries (e.g., Denmark, Japan, the Netherlands, Spain, UK, and US). Besides this data collection, no further tests or examinations are planned in the study. The patients will receive their treatment as prescribed by their doctors during routine practice. Each patient will be in the study from first use of one of the listed drug classes until: • End of study • The data are somehow no longer available • The patient leaves or has to leave the study

## Study status

Ongoing

## Research institution and networks

### Institutions

#### RTI Health Solutions (RTI-HS)

France

Spain

Sweden

United Kingdom

United Kingdom (Northern Ireland)

United States

**First published:** 21/04/2010

Last updated

19/02/2024

Institution

Not-for-profit

ENCePP partner

## Optum

Germany

**First published:** 03/01/2012

Last updated

07/02/2014

Institution

ENCePP partner

Other

## Clinical Practice Research Datalink (CPRD)

United Kingdom

**First published:** 15/03/2010

Last updated

02/07/2019

Institution

ENCePP partner

Laboratory/Research/Testing facility

## Aarhus University & Aarhus University Hospital DEPARTMENT OF CLINICAL EPIDEMIOLOGY

Denmark

**First published:** 20/07/2021

Last updated

02/04/2024

Institution

ENCePP partner

Educational Institution

## The PHARMO Institute for Drug Outcomes Research (PHARMO Institute)

Netherlands

**First published:** 07/01/2022

Last updated

10/01/2022

Institution

## The Foundation for the Promotion of Health and Biomedical Research of Valencia Region (FISABIO)

Spain

**First published:** 01/02/2024

Last updated

01/02/2024

Institution

FISABIO Spain, The Japan Chronic Kidney Disease Database Extension Japan, Optum Clinformatics® DataMart US

## Contact details

### Study institution contact

Bayer Clinical Trials BAYER AG

Study contact

[clinical-trials-contact@bayer.com](mailto:clinical-trials-contact@bayer.com)

### Primary lead investigator

Catherine Johannes

Primary lead investigator

## Study timelines

### Date when funding contract was signed

Planned:

31/05/2022

Actual:

06/05/2022

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### Study start date

Planned:

01/10/2022

Actual:

01/10/2022

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### **Date of final study report**

Planned:

31/12/2024

## Sources of funding

- Pharmaceutical company and other private sector

## More details on funding

Bayer AG

## Study protocol

[21956\\_FINEGUST\\_Protocol\\_Redacted\\_v1.0\\_2022-05-30.pdf](#)(812.13 KB)

## Regulatory

**Was the study required by a regulatory body?**

No

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**Is the study required by a Risk Management Plan (RMP)?**

Not applicable

## Methodological aspects

### Study type

### Study type list

**Study type:**

Non-interventional study

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**Scope of the study:**

Drug utilisation

**Main study objective:**

The primary objective of this study is to describe baseline patient characteristics, comorbidities, and comedication of adult patients with CKD and T2D who initiate an SGLT2i, a GLP-1 RA, a MRA, or finerenone in each of 2 time periods corresponding to the finerenone pre-launch and post-launch dates.

## Study Design

**Non-interventional study design**

Cohort

## Study drug and medical condition

**Anatomical Therapeutic Chemical (ATC) code**

(C03DA05) finerenone

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**Medical condition to be studied**

Chronic kidney disease

Type 2 diabetes mellitus

## Population studied

**Age groups**

Adults (18 to < 46 years)

Adults (46 to < 65 years)

Adults (65 to < 75 years)

Adults (75 to < 85 years)

Adults (85 years and over)

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**Special population of interest**

Renal impaired

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**Estimated number of subjects**

50000

## Study design details

## Outcomes

- Descriptive summary of baseline patient characteristics
  - Descriptive summary of patient comorbidities
  - Descriptive summary of patient comedications,
  - Descriptive summary of changes over time in treatments in the new-user cohorts
  - Descriptive summary of temporal changes in the baseline characteristics of medication-specific cohorts
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## Data analysis plan

Descriptive analyses of patient characteristics and treatment patterns.

# Data management

## Data sources

### Data source(s)

Clinical Practice Research Datalink  
PHARMO Data Network

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### Data source(s), other

Danish National Health Registers Denmark, Valencia Health System Integrated Database Spain, Japan Chronic Kidney Disease Database Extension Japan, Optum Clinformatics® DataMart United States

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### Data sources (types)

[Administrative data \(e.g. claims\)](#)  
[Disease registry](#)  
[Electronic healthcare records \(EHR\)](#)  
[Other](#)

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### Data sources (types), other

Prescription event monitoring

## Use of a Common Data Model (CDM)

### CDM mapping

No

## Data quality specifications

**Check conformance**

Unknown

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**Check completeness**

Unknown

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**Check stability**

Unknown

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**Check logical consistency**

Unknown

## Data characterisation

**Data characterisation conducted**

No