

# Twenty years of COPD primary care: Patterns of management of high-risk COPD and opportunities for optimising care in the United Kingdom 2000-2019: Study Protocol (CONQUEST UK Opportunity Analysis)

**First published:** 19/10/2021

**Last updated:** 21/02/2024

Study

Finalised

## Administrative details

### EU PAS number

EUPAS43721

### Study ID

48476

### DARWIN EU® study

No

### Study countries

☐ United Kingdom

## **Study description**

The main aim for this “Opportunity Analysis” is to assess the management of patients with modifiable high-risk COPD over 20 years in UK primary care and describe opportunities for treatment optimisation in line with the Quality Standards, over this period. The analysis will focus specifically on patients in whom this risk is modifiable, i.e. whose treatment can be optimised as described above. The objectives per quality standards are: 1. Assess whether undiagnosed patients who potentially have modifiable high-risk COPD are actively and promptly identified in UK primary care. 2. Assess whether modifiable high-risk patients with newly diagnosed COPD receive a proper assessment and quantification of future risk of exacerbations and cardiac events within 12 months of diagnosis. 3. Assess whether pharmaceutical and non-pharmacological therapy is provided to patients with modifiable high-risk COPD within 12 months of meeting criteria for modifiable high-risk COPD. 4. Assess whether modifiable high-risk patients diagnosed with COPD are followed up appropriately over a 12m period following baseline assessment 5. (Exploratory) To compare the management of COPD patients in different socio-demographic categories (including age and gender), using key selected indicators from each objective above (1-4). These objectives will be applied:- i) To all patients fitting criteria in years 2014-2019 combined, to assess current management, and ii) Separately in each year between 2000 and 2019 to assess changing trends in COPD management over time.

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## **Study status**

Finalised

## **Research institutions and networks**

### **Institutions**

# Observational & Pragmatic Research Institute Pte (OPRI)

☐ United Kingdom

**First published:** 06/10/2015

**Last updated:** 19/08/2024

**Institution**

**Educational Institution**

**Laboratory/Research/Testing facility**

**ENCEPP partner**

## Contact details

### Study institution contact

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**Study contact**

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### Primary lead investigator

David Price

**Primary lead investigator**

## Study timelines

### Date when funding contract was signed

Planned: 01/07/2020

Actual: 01/07/2020

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**Study start date**

Planned: 02/08/2020

Actual: 02/08/2020

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**Data analysis start date**

Planned: 09/09/2021

Actual: 09/09/2021

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**Date of final study report**

Planned: 30/06/2022

Actual: 30/06/2022

## Sources of funding

- Non-for-profit organisation (e.g. charity)
- Pharmaceutical company and other private sector

## More details on funding

AstraZeneca, Observational and Pragmatic Research Institute Pte Ltd

## Study protocol

[OPCG-1801\\_CONQUESTUK Opportunity Analysis Document\\_V0.9.4\\_20210520 FINAL.pdf](#) (825.01 KB)

## Regulatory

**Was the study required by a regulatory body?**

No

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**Is the study required by a Risk Management Plan (RMP)?**

Not applicable

## Methodological aspects

### Study type

### Study type list

**Study topic:**

Disease /health condition

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**Study type:**

Non-interventional study

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**Scope of the study:**

Disease epidemiology

**Data collection methods:**

Secondary use of data

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**Main study objective:**

To describe real-world UK practice in COPD care over the period 2000-2019 in the light of carefully developed Quality Standards (QS), in patient populations with modifiable high-risk COPD which is either diagnosed or undiagnosed.

## Study Design

## **Non-interventional study design**

Cohort

Other

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## **Non-interventional study design, other**

Observational, longitudinal descriptive study

# Study drug and medical condition

## **Medical condition to be studied**

Chronic obstructive pulmonary disease

# Population studied

## **Short description of the study population**

The study involved active (alive, have not left practice) patients aged 40 years or older diagnosed with COPD, undiagnosed patients with a smoking history that suggests potential COPD and patients who are at high- risk for future exacerbations identified between 2000 and 2019 from the Optimum Patient Care Research Database (OPCRD).

Inclusion criteria:

- Age 40 or older
- High risk criteria for exacerbation: 2 or more moderate or 1 or more severe exacerbation in the baseline period

Alive and no deregistration/leaving database. In addition, patients will be categorized as:

### 1. Undiagnosed patients with potential COPD

- Patients without a COPD diagnosis code ever in their electronic record prior to

the index date (1st January) in that year

- And Current or ex-smoker with either 10 years smoking duration or 10 pack years

2. Patients newly diagnosed with COPD since baseline

- Patients where the first record of a COPD diagnosis occurs within the 12-month baseline period (prior to the index date).

3. COPD already diagnosed

- Patients diagnosed with COPD at any point in their history before the baseline period preceding index date

Exclusion criteria:

- Patients with indicator of active asthma: a clinical asthma consultation code in 12m before index date
  - Patients with diagnoses suggesting conflicting morbidities requiring a more holistic complex management approach:
    - a) Other significant lung disease which is being actively managed
    - b) Active cancer (except non-invasive skin cancer)
  - Undiagnosed patients only: No previous diagnostic assessment for COPD in the year prior to the baseline year. That is, patients with any of below recorded in the year prior to the start of the baseline period.
    - a) Spirometry performed - EMR codes (FEV1, FVC, FEV1/FVC)
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## **Age groups**

- Adults (18 to < 46 years)
  - Adults (46 to < 65 years)
  - Adults (65 to < 75 years)
  - Adults (75 to < 85 years)
  - Adults (85 years and over)
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## **Special population of interest**

Other

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### **Special population of interest, other**

Patients with chronic obstructive pulmonary disease

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### **Estimated number of subjects**

49000

## **Study design details**

### **Outcomes**

Assessment of: active identification of undiagnosed patients with potential modifiable high-risk (MHR) COPD, disease & quantification of future risk in newly diagnosed patients, appropriate pharmacological and non-pharmacological therapy provision in newly-diagnosed patients and already-diagnosed patients, whether MHR COPD patients are followed up appropriately over a 12m period after index date. To examine associations of (2015-2019) quality of COPD care by patient types, using key indicators under QS objectives 1-4.

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### **Data analysis plan**

Descriptive analyses will be performed on the characteristics of high-risk patients and of medical management of COPD in each patients group (undiagnosed, newly-diagnosed, already diagnosed). All summary statistics will be presented as percentages with counts (categorical variables) and mean/medians with standard deviation/interquartile ranges for normally and non-normally distributed continuous variables respectively. The yearly trends in UK practice in COPD care over time will be described for a set of characteristics. Data illustrating current treatment practices (2000-2019) will be initially described in tables, and graphs will be produced to show the trends for key



outcomes longitudinally over the 20-year assessment period. We will develop univariate & multivariate linear & logistic regression models to calculate influence of patient and practice variables on study outcomes. These trends will be analysed to show whether the characteristics have shown to change over time.

## Data management

### ENCePP Seal

The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

## Data sources

### Data source(s)

Optimum Patient Care Research Database

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### Data sources (types)

[Electronic healthcare records \(EHR\)](#)

## Use of a Common Data Model (CDM)

### CDM mapping

No

## Data quality specifications

**Check conformance**

Unknown

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**Check completeness**

Unknown

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**Check stability**

Unknown

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**Check logical consistency**

Unknown

## Data characterisation

**Data characterisation conducted**

No