Overarching Use Case of the German Medical Informatics Initiative MII "POLAR\_MI – POLypharmacy, Drug interActions, Risks"

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## Administrative details

#### **EU PAS number**

EUPAS36582

#### Study ID

47999

#### DARWIN EU® study

No

#### **Study countries**

Germany

#### **Study description**

POLAR uses methods and processes of the German Medical Informatics Initiative (MII) to contribute to the detection of medication related health risks, particularly of polypharmacy in elderly patients with multimorbidity. This is often associated with an increased risk for medication errors and drug-drug or drug-disease interactions, which either reduce or intensify the desired effect of individual active substances or lead to undesired adverse drug effects (ADE). In the light of the aging population, potentially inappropriate medications (PIM), which should be avoided in patients due to an unfavorable risk/benefit-ratio, represent a risk factor. Thus, POLAR focusses on the detection and prevention of medication-related problems in an interdisciplinary approach that creates a health IT infrastructure capable of supporting IT-based medication therapy safety across all four MII health-IT consortia. POLAR therefore involves experts from medical informatics, biometry, epidemiology, pharmacy, pharmacology and health care research from 21 institutions. In POLAR we will: 1. develop and use methods to collect retrospectively available patient related data on prescribed drugs from the hospital information systems of 13 university hospitals via their MII-infrastructures (data integration centres). 2. provide and deploy a set of algorithms, which are able to classify a selected range of medications as "high risk prescriptions". 3. provide scoring systems to identify patients at high-risk for relevant drug-related problems. 4. identify and guantify the occurrence of major medication-related problems including PIM and contraindicated medications, frequent ADE and ADE-associated out-comes (e.g. new diagnoses, healthcare utilization, readmission, mortality). Special subprojects focus on (a) record linkage regarding 1-year mortality, and medication use and ADE in outpatient care, respectively, and (b) a text corpus for natural language processing with regard to ADE

#### **Study status**

Ongoing

# Research institutions and networks

## Institutions

# Institute of Medical informatics, Statistics and Epidemiology (IMISE)

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Institution

## University Medical Centre Hamburg-Eppendorf

Germany

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Institution

**Educational Institution** 

Hospital/Clinic/Other health care facility

## Heidelberg University Hospital

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Last updated: 01/02/2024



## **University Medical Center Freiburg**



## **University Hospital Erlangen**

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Institution

Leipzig (University, University hospital) Jena (University, University hospital), Aachen (RWTH University, University hospital) University Hospital Hamburg-Eppendorf, Bonn (Rheinische Friedrich Wilhelms University, University hospital) University Hospital Halle, University Hospital Tübingen University Hospital LMU München, University Hospital Kiel University Hospital Heidelberg, University Hospital Gießen University Hospital Freiburg, F. Alexander University Erlangen-Nürnberg University Hospital Erlangen, University Medicine Mannheim Witten/Herdecke University

Networks

German Medical Informatics Initiative (MII)

## Contact details

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Study contact

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Primary lead investigator Markus Löffler Primary lead investigator

## Study timelines

**Date when funding contract was signed** Planned: 01/02/2020 Actual: 01/02/2020

#### Study start date Planned: 01/02/2020 Actual: 01/02/2020

**Data analysis start date** Planned: 01/01/2021

Date of interim report, if expected Planned: 30/04/2021

Date of final study report

Planned: 28/02/2023

# Sources of funding

• Other

## More details on funding

Federal Ministry of Education and Research

# Regulatory

#### Was the study required by a regulatory body?

No

#### Is the study required by a Risk Management Plan (RMP)?

Not applicable

# Other study registration identification numbers and links

https://www.medizininformatik-initiative.de/en/POLAR

## Methodological aspects

Study type

## Study type list

### Study type:

Non-interventional study

# Scope of the study:

Drug utilisation Other

#### If 'other', further details on the scope of the study

Analysis of adverse events leading to hospitalisation or occurring during the hospital stay. Establishing interoperable standards for analyzing routine clinical data in 13 university hospitals.

#### Main study objective:

It is the primary objective of this project to develop, implement and evaluate ITbased tools for the assessment of medication safety that can be shared and used across different university hospitals.

## Study Design

#### Non-interventional study design

Cohort

Case-control

## **Population studied**

#### Age groups

Adults (18 to < 46 years) Adults (46 to < 65 years) Adults (65 to < 75 years) Adults (75 to < 85 years) Adults (85 years and over)

#### **Special population of interest**

Renal impaired

#### Estimated number of subjects

767000

# Study design details

#### Outcomes

We will identify and quantify the occurrence of major drug-related problems including potentially inappropriate medications (PIMs) and contraindicated medications, frequent adverse drug events (ADE) and ADE-associated outcomes (e.g. new diagnoses, readmission to hospital, mortality). For example, we will analyse - associations of PIMs and adverse drug events (ADEs) - prevalences of contraindicated drug use with focus on high risk populations - potentially inadequate prescribing in renal insufficiency - ADE-related hospital admissions and readmissions due to suspected ADEs In addition, we will develop risk models for predicting ADEs. See study protocol for more detail

#### Data analysis plan

Descriptive analysis: absolute and relative frequencies, incidence, prevalence. Association studies (drug exposure - adverse (drug) event): Raw and adjusted regression models, Odd's ratios, relative risks depending on study design. For selected AE's (e.g. falls) validation studies will be conducted (ROC-analysis).

### Data management

## **ENCePP Seal**

The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

## Data sources

Data sources (types) Electronic healthcare records (EHR) Other

#### Data sources (types), other

Retrospective Analysis of Electronic Health Records used in university hospitals

## Use of a Common Data Model (CDM)

#### **CDM** mapping

No

# Data quality specifications

#### **Check conformance**

Unknown

#### **Check completeness**

Unknown

#### **Check stability**

Unknown

#### **Check logical consistency**

Unknown

## Data characterisation

#### Data characterisation conducted

No