

# Assessing the Utility of Peak Inspiratory Flow as a Predictor for COPD Exacerbations (PIF in COPD)

**First published:** 14/04/2020

**Last updated:** 08/08/2024

Study

Finalised

## Administrative details

### EU PAS number

EUPAS34689

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### Study ID

47924

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### DARWIN EU® study

No

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### Study countries

- ☐ Denmark
- ☐ Italy
- ☐ Korea, Republic of
- ☐ Malta

- ☐ Poland
  - ☐ Singapore
  - ☐ Slovenia
  - ☐ Spain
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### **Study description**

This is an international, multicentre, observational, prospective study into Peak Inspiratory Flow in COPD patients that aims to: A) Determine the prevalence of suboptimal Peak Inspiratory Flow (PIF) and inadequate inhaler choice and assess the baseline characteristics of these groups. B) Assess the clinical role of PIF and inhaler choice in predicting COPD exacerbations and symptom burden. C) Assess the variability and correlation of PIF with other lung function measurements and CAT score in stable COPD. It is a 12 month study comprising one baseline assessment and 2 follow-up visits at 6 and 12 months.

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### **Study status**

Finalised

## Research institutions and networks

### Networks

#### Respiratory Effectiveness Group (REG)

- ☐ Belgium
- ☐ Denmark
- ☐ France
- ☐ Germany
- ☐ Greece

- ☐ Hungary
- ☐ Italy
- ☐ Netherlands
- ☐ Spain
- ☐ Sweden
- ☐ United Kingdom

**First published:** 07/07/2021

**Last updated:** 04/06/2024

Network

ENCePP partner

## Contact details

### Study institution contact

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Study contact

[enquiries@REGresearchnetwork.org](mailto:enquiries@REGresearchnetwork.org)

### Primary lead investigator

Omar Usmani

Primary lead investigator

## Study timelines

### Date when funding contract was signed

Planned: 10/03/2020

Actual: 10/03/2020

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**Study start date**

Planned: 30/09/2020

Actual: 05/11/2020

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**Date of final study report**

Planned: 30/09/2024

Actual: 05/06/2024

## Sources of funding

- Pharmaceutical company and other private sector

## More details on funding

Boehringer Ingelheim

## Regulatory

**Was the study required by a regulatory body?**

No

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**Is the study required by a Risk Management Plan (RMP)?**

Not applicable

## Methodological aspects

### Study type

### Study type list

**Study type:**

Non-interventional study

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**Scope of the study:**

Disease epidemiology

**Main study objective:**

A) Determine the prevalence of suboptimal Peak Inspiratory Flow (PIF) and inadequate inhaler choice and assess the baseline characteristics of these groups. B) Assess the clinical role of PIF and inhaler choice in predicting COPD exacerbations and symptom burden. C) Assess the variability and correlation of PIF with other lung function measurements and CAT score in stable COPD.

## Study Design

**Non-interventional study design**

Other

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**Non-interventional study design, other**

Observational, non-interventional study

## Study drug and medical condition

**Medical condition to be studied**

Chronic obstructive pulmonary disease

## Population studied

## **Age groups**

Adults (18 to < 46 years)

Adults (46 to < 65 years)

Adults (65 to < 75 years)

Adults (75 to < 85 years)

Adults (85 years and over)

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## **Estimated number of subjects**

400

# **Study design details**

## **Outcomes**

1) Prevalence of suboptimal PIF and inadequate inhaler choice. 2) Annual exacerbation rate, exacerbation risk and time to first exacerbation and all-cause hospitalization and mortality associated with different levels of PIF. 3) Association between PIF and symptom burden i.e. CAT score. 4) Annual mortality rate associated with different PIF levels. 5) Variability of PIF over time and the correlation between PIF and other lung function measures (including FEV1, FVC, Inspiratory capacity), CAT scores, T2 markers (nasal polyps and dermatitis) and where available blood biomarkers.

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## **Data analysis plan**

Comparison of demographic and clinical characteristics between those with optimal and suboptimal PIF, and those with adequate vs inadequate inhalers.

We will analyse:

- Time to first/ risk of exacerbation using Cox regression.
- Rates of exacerbation using multivariate negative binomial regression.
- The variability of PIF measurements will be assessed with repeated measures

and coefficient of variation

- The correlation of PIF with other lung function measurements, CAT scores and blood biomarkers will be assessed using Spearman's rank correlation coefficient.

The analyses will control for the effects of age, sex, previous exacerbation history, ICS use, lung function, smoking status, time since last smoking and seasonality (month of the year).

## Data management

### ENCePP Seal

The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

## Data sources

### Data sources (types)

[Other](#)

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### Data sources (types), other

Prospective patient-based data collection

## Use of a Common Data Model (CDM)

**CDM mapping**

No

Data quality specifications

**Check conformance**

Unknown

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**Check completeness**

Unknown

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**Check stability**

Unknown

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**Check logical consistency**

Unknown

Data characterisation

**Data characterisation conducted**

No