

# A retrospective cohort study to investigate the initiation and persistence of dual antiplatelet treatment after acute coronary syndrome in a Finnish setting – THALIA

**First published:** 31/03/2014

**Last updated:** 23/04/2024

Study

Finalised

## Administrative details

### EU PAS number

EUPAS6161

### Study ID

47383

### DARWIN EU® study

No

### Study countries

☐ Finland

## Study description

Myocardial infarction affects about 5000 new patients in Finland every year. Approximately 20% of these patients die within one year after the event. Dual antiplatelet treatment (DAPT) with low dose acetylsalicylic acid and oral antiplatelet is recommended for patients with acute coronary syndromes. Guidelines recommend DAPT inhibition to be maintained up to over 12 months unless contraindications are present. New oral antiplatelets (OAP) have recently been introduced in the market in the Nordic countries. It is not known how the patient selection for different DAPT treatments and no-DAPT treatment happen. Neither are the persistence of OAP treatments, switch patterns between different OAP treatments, nor patient adherence to OAP treatments understood. The main objective of this study is to characterize and describe the patients treated with DAPT vs. non-DAPT treated patients, and the switch patterns and discontinuation rates of DAPT treatments. Approximately 200 000 patients discharged from Finnish hospitals following admission for unstable angina pectoris or myocardial infarction in 2009-2013 will be studied by using data from nationwide patient registers.

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## Study status

Finalised

# Research institutions and networks

## Institutions

**IQVIA**

☐ United Kingdom

**First published:** 12/11/2021

**Last updated:** 22/04/2024

**Institution**

**Non-Pharmaceutical company**

**ENCePP partner**

## Contact details

### Study institution contact

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**Study contact**

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### Primary lead investigator

Massoud Toussi

**Primary lead investigator**

## Study timelines

### Date when funding contract was signed

Actual: 23/01/2014

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### Study start date

Planned: 04/08/2014

Actual: 07/10/2014

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### Data analysis start date

Planned: 01/05/2015

Actual: 18/05/2015

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## Date of final study report

Planned: 29/04/2016

Actual: 15/10/2015

## Sources of funding

- Pharmaceutical company and other private sector

## More details on funding

AstraZeneca Nordic Baltic

## Study protocol

[ER13-9468 AZ THALIA protocol 10 20140318\\_signed\\_smaller.pdf](#)(458.07 KB)

[ER13-9468 AZ THALIA protocol 20 20140703\\_smaller.pdf](#)(966.34 KB)

## Regulatory

### Was the study required by a regulatory body?

No

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### Is the study required by a Risk Management Plan (RMP)?

Not applicable

## Methodological aspects

### Study type

### Study type list

**Study topic:**

Disease /health condition  
Human medicinal product

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**Study type:**

Non-interventional study

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**Scope of the study:**

Drug utilisation

**Data collection methods:**

Secondary use of data

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**Main study objective:**

The main objective of this study is to characterize and describe the patients treated with DAPT vs. non-DAPT treated patients, and the switch patterns and discontinuation rates of DAPT treatments.

## Study Design

**Non-interventional study design**

Cohort

## Study drug and medical condition

**Anatomical Therapeutic Chemical (ATC) code**

(B01AC04) clopidogrel  
clopidogrel

(B01AC22) prasugrel

prasugrel

(B01AC24) ticagrelor

ticagrelor

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### **Medical condition to be studied**

Angina unstable

Acute myocardial infarction

## **Population studied**

### **Short description of the study population**

Finnish adult patients hospitalized for unstable angina pectoris or acute MI alive at discharge in 2009-2013.

#### **Inclusion Criteria**

Study population consisted of patients discharged alive from Finnish hospitals following admission for unstable angina pectoris (ICD-10: I20.0) or myocardial infarction (ICD-10: I21) between 01 Jan 2009 and 15 Dec 2013.

#### **Exclusion Criteria**

Age less than 18 years at hospital discharge for acute coronary syndrome

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### **Age groups**

Adults (18 to < 46 years)

Adults (46 to < 65 years)

Adults (65 to < 75 years)

Adults (75 to < 85 years)

Adults (85 years and over)

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## Special population of interest

Other

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## Special population of interest, other

Angina pectoris patients

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## Estimated number of subjects

190000

# Study design details

## Data analysis plan

Drug treatment patterns in the study populations will be described as:-

Proportion of patients with OAP medication.- Proportion of patients treated with different OAPs (any OAP and specific OAPs) for 3 months, 6 months, 9 months or 12 months after index day.- Switch patterns of OAP medication.-

Discontinuation rates and switch patterns of OAP medication within 12 months after index day.- Medication possession rate.The study patients will be

characterized in terms of:- Age- Gender- Time spent in the hospital before discharge at index date- Prior cardiovascular history within five years before index date - Interventions associated with the index event - Cardiovascular morbidity during follow-up associated with prolongation, switch or

discontinuation of DAPT treatment - Major co-morbidities - Other medications-

Type of hospital- Calendar year

# Documents

## Study results

[ER-9468\\_AZ Thalia\\_Non Interventional Study Report\\_10\\_20151015\\_Part 1 - see part 2 at the end of the page.pdf](#)(805.52 KB)

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### **Study report**

[ER-9468\\_AZ Thalia\\_Non Interventional Study Report\\_10\\_20151015\\_1.pdf](#)  
(805.52 KB)

[ER-9468\\_AZ Thalia\\_Non Interventional Study Report\\_10\\_20151015\\_2.pdf](#)(1.98 MB)

### **Study, other information**

[ER-9468\\_AZ Thalia\\_Non Interventional Study Report\\_10\\_20151015\\_2.pdf](#)(1.98 MB)

### **Study publications**

[Prami T, Khanfir H, Hasvold P, Reissell E, Airaksinen J, Kytö V. Concomitant us...](#)  
[Prami T, Khanfir H, Deleskog A, Hasvold P, Kytö V, Reissell E, Airaksinen J. Cl...](#)  
[Reissell E, Lumme S, Prami T, Halme J, Kytö V, Airaksinen J. Verihiutaleiden es...](#)

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## Data management

## ENCePP Seal

### **Conflicts of interest of investigators**

[ER-9468\\_Annex5\\_DoIForm\\_signed.pdf](#)(434.39 KB)

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### **Composition of steering group and observers**

[EUPAS6161-7229.pdf](#)(51.97 KB)

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### **Signed code of conduct**



[ER-9468\\_Annex3\\_Declaration\\_20140328\\_signed.pdf](#)(553.4 KB)

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### **Signed code of conduct checklist**

[ER-9468\\_Annex2\\_Checklist\\_20140328\\_signed.pdf](#)(202.15 KB)

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### **Signed checklist for study protocols**

[ER13-9468\\_ENCePPChecklistforStudyProtocolsJan2013\\_20140317\\_signed\\_black and white.pdf](#)(181.89 KB)

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## Data sources

### **Data source(s), other**

Finnish Hospital Care Register (HILMO), Social HILMO, Prescription Register, Causes of Death Registry

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### **Data sources (types)**

[Administrative healthcare records \(e.g., claims\)](#)

[Drug dispensing/prescription data](#)

[Other](#)

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### **Data sources (types), other**

Causes of Death Registry, National Prescription Register including drug purchases and reimbursement decisions, National Hospital Care Register, National register for institutionalizations (other than hospitalizations)

## Use of a Common Data Model (CDM)

### **CDM mapping**

No

## Data quality specifications

**Check conformance**

Unknown

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**Check completeness**

Unknown

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**Check stability**

Unknown

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**Check logical consistency**

Unknown

## Data characterisation

**Data characterisation conducted**

No