An Observational Study to Describe the Long-term Safety and Effectiveness of Namuscla in the Symptomatic Management of Myotonia in Adult Patients with Nondystrophic Myotonic Disorders

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# Administrative details

EU PAS number	
EUPAS37943	
Study ID	
Study ID	
16833	
DARWIN EU® study	
No	
Study countries	
France	
Germany	

United	Kingdom
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### **Study description**

Namuscla™ is approved in European Union (EU) for the symptomatic treatment of myotonia in adult patients with non-dystrophic myotonic disorders. Active ingredient of Namuscla is 167 mg mexiletine, a class Ib antiarrhythmic. To date, randomised studies conducted for mexiletine have assessed only short-term efficacy and safety with little supporting data for long-term use from observational research. This non-interventional study will collect data on the long-term (12 months to 3 years) safety of Namuscla in a real-world setting for the symptomatic treatment of myotonia in adult patients with non-dystrophic myotonic disorders over a period of up to 3 years. This study is being conducted as part of the agreed European Risk Management Plan (RMP).

### **Study status**

Ongoing

# Research institutions and networks

# Institutions



# University Hospital of Ulm Germany First published: 01/02/2024 Last updated: 01/02/2024

Institution

**Educational Institution** 

Hospital/Clinic/Other health care facility

Hôpital Universitaire de La Pitié Salpêtrière 47-83 bd de l'hôpital Batiment Babinski Paris, Cedex 13 75013, CHRU Lille 2 Avenue Oscar Lambret Lille, 59000, St. Josef-Hospital Klinikum der Ruhr Universitaet Bochum Gudrunstraße 56 44791 Bochum Bochum, North-Rhine Westphalia 44791, Universitätsklinikum Ulm, Klinik für Neurologie Oberer Eselsberg 45 Ulm, 89081, Nottingham University Hospitals NHS Trust Queen's Medical Centre, South Block, Derby Road, Nottingham, England NG7 2UH, Institute of Neurology, Queen Square London, England WC1N 3BG

# Contact details

# **Study institution contact**

Funke Katja EUQPPV@lupin.com

Study contact

EUQPPV@lupin.com

# **Primary lead investigator**

Beatriz Borredá

**Primary lead investigator** 

# Study timelines

# Date when funding contract was signed

Planned: 28/10/2019

Actual: 28/10/2019

### Study start date

Planned: 05/11/2020

Actual: 17/12/2020

# Data analysis start date

Planned: 20/11/2025

# Date of interim report, if expected

Planned: 05/11/2021

# Date of final study report

Planned: 24/02/2026

# Sources of funding

• Pharmaceutical company and other private sector

# More details on funding

Lupin EU GmbH

# Study protocol

Lupin\_PASS\_Protocol\_V1.6\_25Nov2019.pdf(441.82 KB)

# Regulatory

Was the study required by a regulatory body?

Yes

Is the study required by a Risk Management Plan (RMP)?

EU RMP category 3 (required)

# Other study registration identification numbers and links

NCT04616807

# Methodological aspects

Study type

Study type list

### Study type:

Non-interventional study

### Scope of the study:

Assessment of risk minimisation measure implementation or effectiveness Effectiveness study (incl. comparative)

Safety study (incl. comparative)

### Main study objective:

Primary Objective: To describe the long-term safety and tolerability of Namuscla for the symptomatic treatment of myotonia in adult patients with non-dystrophic myotonic disorders.

# Study Design

### Non-interventional study design

Other

# Non-interventional study design, other

Non-interventional Prospective Post Authorisation Safety Study (PASS)

# Study drug and medical condition

**Study drug International non-proprietary name (INN) or common name**MEXILETINE HYDROCHLORIDE

# **Anatomical Therapeutic Chemical (ATC) code**

(C01BB02) mexiletine

### Medical condition to be studied

Myotonia

# Population studied

### **Age groups**

Adults (18 to < 46 years)

Adults (46 to < 65 years)

Adults (65 to < 75 years)

Adults (75 to < 85 years)

Adults (85 years and over)

# Special population of interest

Hepatic impaired

**Immunocompromised** 

Renal impaired

### **Estimated number of subjects**

50

# Study design details

### **Outcomes**

Outcome Variables: Primary: 1. Proportion of patients with treatment-emergent AEs (TEAEs, including SAEs) from study enrolment to 6, 12, 24 and 36 months on Namuscla, 2. Proportion of patients requiring dose reduction or treatment discontinuation due to AEs (including SAEs). Safety:1Proportion of pts with

AEs/SAEs/AESI from study enrolment to 6,12,24,and 36 months.2. Proportion of AEs in pts with abnormal hepatic function 3.Number of AEs in pts with abnormal renal function 4.Number of AEs in geriatric pts 5.Number of pts with cardiac arrhythmia,SCAR,DRESS,SJS,seizures.Efficacy:6.Change VAS,stiffness,fatigue7.Clinical myotonia evaluation8.Change INQoL&MBS.

### Data analysis plan

All statistical analyses will be performed using SAS® Version 9.4 or higher.Data will be presented by myotonic disorder type, by age group (18 to 64 years, inclusive, and ≥65 years), other subgroups of interest, and by Namuscla use (newly exposed and prior mexiletine exposure, average dose). Standard descriptive summaries: Descriptive statistics for continuous data: The continuous data will be summarized using the number of observations (n), arithmetic mean, standard deviation, median, minimum value, maximum value and 95% CI. The (n) will be presented with no decimal place, mean and median will be presented up to one decimal place from the original value, SD up to two decimal places from the original value and (min, max) as an original value. Descriptive statistics for categorical data: The categorical variables will be summarized using the frequency count & % for each possible value. The frequencies will be presented up to 0 decimal places and % up to 1 decimal place.

# Data management

# **ENCePP Seal**

The use of the ENCePP Seal has been discontinued since February 2025.

The ENCePP Seal fields are retained in the display mode for transparency

but are no longer maintained.

# Data sources

### Data sources (types)

Other

# Data sources (types), other

Prospective patient-based data collection

# Use of a Common Data Model (CDM)

### **CDM** mapping

No

# Data quality specifications

### **Check conformance**

Unknown

### **Check completeness**

Unknown

### **Check stability**

Unknown

# **Check logical consistency**

Unknown

# Data characterisation

# **Data characterisation conducted**

No