# ANGIOtensin Agents and Reduction of AntiDEPRESSANT Drugs' Prescription (ANGIODEPRESSANTS): A Cohort Study Using Real-World Data.

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# Administrative details

EU PAS number	
EUPAS43831	
Study ID	
46105	
DARWIN EU® study	
No	
Study countries	
Spain	

### Study description

A retrospective cohort study will be performed by analyzing data obtained from the Catalan Southern Metropolitan data warehouse system, which collects data from both hospitalized and primary care patients from the Bellvitge University Hospital's area of influence. The investigators will begin by gathering information only on patients treated with antihypertensive drugs, which then will be stratified in two groups: 1) Angiotensin Agents group, 2) Other Antihypertensive Agents (Non-Angiotensin Agents) group. Afterwards, a separated analysis will be performed to assess the effects of ARBs and ACEIs separately on the prescription of antidepressant drugs.

### **Study status**

Planned

# Research institutions and networks

# Institutions

# Bellvitge University Hospital

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Institution

# Contact details

**Study institution contact** 

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Study contact

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### Primary lead investigator

Sebastià Videla

**Primary lead investigator** 

# Study timelines

### Date when funding contract was signed

Actual: 18/02/2020

### Study start date

Planned: 03/04/2022

### Date of final study report

Planned: 30/10/2022

# Sources of funding

Other

# More details on funding

Investigators own resources

# Regulatory

# Was the study required by a regulatory body?

No

### Is the study required by a Risk Management Plan (RMP)?

Not applicable

# Other study registration identification numbers and links

ClinicalTrials.gov: NCT04899206

# Methodological aspects

# Study type

# Study type list

### Study type:

Non-interventional study

# **Scope of the study:**

Disease epidemiology

Drug utilisation

### Main study objective:

Our primary objective is to estimate the prevalence, incidence, and clearance (incidence of antidepressant drugs withdrawal) of antidepressant drugs prescription in hypertensive patients under treatment with angiotensin agents

# Study Design

### Non-interventional study design

Cohort

# Study drug and medical condition

### Medical condition to be studied

Hypertension

Depression

# Population studied

### **Age groups**

Adults (18 to < 46 years)

Adults (46 to < 65 years)

Adults (65 to < 75 years)

Adults (75 to < 85 years)

Adults (85 years and over)

### **Estimated number of subjects**

15000

# Study design details

### **Outcomes**

Primary Outcome Measures: • Number of patients under treatment with antihypertensive drugs and with antidepressant drugs • Number of patients under treatment with antihypertensive drugs, Secondary Outcome Measures: 1. Number of patients diagnosed with Hypertension 2. Number of patients diagnosed with Depression 3. Number of patients treated with ARBs 4. Number of patients treated with ACEIs 5. Number of patients treated with other antihypertensive drugs 6. Number of patients treated with Amitriptyline 7. Number of patients treated with Duloxetin

### Data analysis plan

A general descriptive analysis of all study variables will be provided. The results will be expressed as means and standard deviation, the median (maximum and minimum values) for the quantitative variables, and the absolute and relative frequencies of each category, for the categorical variables. The prevalence and incidence and their 95% confidence intervals will be estimated. The 'time until beginning' and the 'time until withdrawal' of an antidepressant drug will be calculated. An exploratory analysis by gender will be carried out. The software used to perform the statistical analysis will be R version 3.6 or higher.

# Data management

# Data sources

Data sources (types)

Other

# Data sources (types), other

Prospective patient-based data collection

# Use of a Common Data Model (CDM)

### **CDM** mapping

No

# Data quality specifications

### **Check conformance**

Unknown

### **Check completeness**

Unknown

# **Check stability**

Unknown

## **Check logical consistency**

Unknown

# Data characterisation

### **Data characterisation conducted**

No