

# Non-Interventional, cross-sectional study to describe NOACs management in elderly patients with non-valvular atrial fibrillation (NVAf) in Spain. RE-BELD Study

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Study

Finalised

## Administrative details

### EU PAS number

EUPAS29867

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### Study ID

42008

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### DARWIN EU® study

No

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### Study countries

 Spain

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### Study description

This study has been designed in order to describe the current non-vitamin K antagonist oral anticoagulants (NOACs) management in elderly patients in Spain. It will be conducted in approximately 50 sites in Spain, by investigators from the following specialties: cardiologists, hematologists and geriatricians. It is planned to have a 9-month recruitment period from first site initiated, or until the sample size is achieved. Primary objective: To describe the pattern of usage of NOACs prescribed according to their Summary of Product Characteristics (SmPC), by current NOAC type and dose, in elderly patients ( $\geq 75$  years-old) with non-valvular atrial fibrillation (NVAf) at the time of the study visit.

Secondary objectives: 1. To describe patients characteristics at the time of the study visit by current NOAC type stratified by duration since first NOAC initiation. 2. To describe OAC treatment management since first NOAC initiation until the study visit by duration since first NOAC initiation: previous vitamin K antagonists (VKA) treatment, first NOAC treatment duration, NOAC dose changes, switch between NOACs and reasons for switch, total NOAC treatment duration and additional antiplatelet treatment. 3. To describe the Clinical Frailty Scale grading, CFS, at the time of the study visit, by current NOAC type. 4. To describe first NOAC usage by NOAC type, for primary prevention or secondary prevention, at the time of first NOAC initiation. Further objective: To evaluate the appropriateness of prescribed therapy based on Spanish health authorities recommendations (therapeutic positioning report) and other regional guidelines by NOAC type (if there are enough patients for a NOAC type), at the time of first NOAC initiation. The design of the study impose a single visit to be performed for the informed consent signature and data collection that will coincide with one of those performed by the patients as part of the routine follow-up of their disease.

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## **Study status**

Finalised

## **Research institutions and networks**

## Institutions

Multiple centres: 50 centres are involved in the study

## Contact details

### Study institution contact

Mireia Canals mireia.canals@boehringer-ingenelheim.com

Study contact

[mireia.canals@boehringer-ingenelheim.com](mailto:mireia.canals@boehringer-ingenelheim.com)

### Primary lead investigator

Vivencio Barrios

Primary lead investigator

## Study timelines

### Date when funding contract was signed

Planned: 09/05/2019

Actual: 09/05/2019

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### Study start date

Planned: 16/09/2019

Actual: 09/09/2019

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**Data analysis start date**

Planned: 17/11/2020

Actual: 23/11/2020

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**Date of final study report**

Planned: 16/07/2021

Actual: 13/07/2021

## Sources of funding

- Pharmaceutical company and other private sector

## More details on funding

Boehringer Ingelheim España, S.A.

## Regulatory

**Was the study required by a regulatory body?**

No

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**Is the study required by a Risk Management Plan (RMP)?**

Not applicable

## Methodological aspects

### Study type

### Study type list

**Study topic:**

Disease /health condition

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**Study type:**

Non-interventional study

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**Scope of the study:**

Drug utilisation

**Data collection methods:**

Secondary use of data

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**Main study objective:**

To describe the pattern of usage of NOACs prescribed according to their Summary of Product Characteristics (SmPC), by current NOAC type and dose, in elderly patients ( $\geq 75$  years-old) with non-valvular atrial fibrillation (NVAf) at the time of the study visit.

## Study Design

**Non-interventional study design**

Cross-sectional

## Study drug and medical condition

**Medical condition to be studied**

Atrial fibrillation

## Population studied

## **Short description of the study population**

Elderly patients ( $\geq 75$  years-old) with non-valvular atrial fibrillation (NVAF) at the time of the study visit.

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## **Age groups**

- Adults (75 to < 85 years)
  - Adults (85 years and over)
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## **Special population of interest**

Other

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## **Special population of interest, other**

Non-valvular atrial fibrillation (NVAF) patients

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## **Estimated number of subjects**

500

# Study design details

## **Outcomes**

The primary outcome is the pattern of usage of non-vitamin K oral anticoagulants (NOACs) prescribed according to their Summary of Product Characteristics (SmPC), based on the percentage of patients by NOAC type and dose the patient is taking at the time of the study visit. Timeframe to complete data collection for this outcome is one day, the study visit day. Patient's characteristics at the time of the study visit (by NOAC type) that the patient is taking at the time of the study visit. OAC treatment management (since first NOAC initiation until the study visit date). Clinical Frailty Scale grading (time of

the study visit) by current NOAC type. First NOAC usage by NOAC type, for primary or secondary prevention, at time of first NOAC initiation

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### **Data analysis plan**

Analyses will be performed by Boehringer Ingelheim's designees. In this non-interventional study, retrospective data from medical charts and data at the study visit will be collected for non-valvular AF patients. Once the study has been completed and all data from the last patient have been recorded, the database will be closed and statistical analysis will be performed. The proposed methods for statistical analysis presented below are a summary of the methods that will be applied in the study to analyze the data collected and to answer the study objectives. Since the study is descriptive, the variables included in the study objectives will be summarized overall and by factors of interest. All results will be summarized with measures of central tendency (mean and median), variability/dispersion (standard deviation and interquartile ranges), absolute and relative frequencies, and ranges. A Statistical Analysis Plan will be prepared.

## Data management

### ENCePP Seal

The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

### Data sources

## **Data sources (types)**

Electronic healthcare records (EHR)

## Use of a Common Data Model (CDM)

### **CDM mapping**

No

## Data quality specifications

### **Check conformance**

Unknown

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### **Check completeness**

Unknown

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### **Check stability**

Unknown

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### **Check logical consistency**

Unknown

## Data characterisation

### **Data characterisation conducted**

No