# Comparative Effectiveness and Safety of Immunosuppressive Drugs in Transplant patients (CESIT)

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**Last updated:** 13/03/2025





# Administrative details

EU PAS number	
EUPAS38308	
Study ID	
41064	
DARWIN EU® study	
No	
Study countries	
Italy	

**Study description** 

CESIT is an Italian multicenter retrospective cohort study on the use of immunosuppressive drugs in transplant patients, based on information available in regional administrative healthcare databases and on National Transplant Information System (SIT). The aims are: 1) to describe the prescriptive patterns of immunosuppressive drug regimens in different transplant settings (kidney, lung, liver, heart) used in maintenance phase and to identify patient characteristics associated to these patterns in the four Italian regions (Lombardy, Veneto, Lazio, Sardinia), accounting for over 20 million residents, 2) to compare the risk-benefit profile of different immunosuppressive therapeutic regimens, with a focus on generics/branded and special populations (paediatric and elderly) 3) to evaluate data validity and generalizability through SIT All transplant patients residing in the regions involved in the study will be identified through an algorithm considering all the hospitalizations, occurred over the years 2009–2019, reporting a transplantation procedure. Comorbidity will be defined from Hospital discharge records (ICD-9-CM codes), disease specific copayment exemptions, and, as far as possible, disease specific drug treatments and NTIS. Drug utilisation patterns will be based on drugs (ATC codes) prescribed to outpatients using the DDDs. Specific outcomes, such as organ survival and rejection, will be identify by SIT. Safety and effectiveness will be investigated using a new-user approach and applying both, intention-to-treat and as-treated analysis. Data and analysis will be managed through a common data model, with shared data scripts, performing the analysis and pooling aggregated anonymous data to obtain overall results.

## Study status

Ongoing

Research institutions and networks

**Institutions** 

Department of Epidemiology of the Regional Health Service - Lazio  Italy  First published: 23/03/2010
Last updated: 22/06/2018
Institution Outdated EU Institution/Body/Agency ENCePP partner
Pharmacoepidemiology Unit - National Centre for Epidemiology, Surveillance and Health Promotion, Istituto Superiore di Sanità (ISS)    Italy   Italy   First published: 23/03/2010
<b>Last updated:</b> 18/09/2023
Institution Educational Institution Laboratory/Research/Testing facility  ENCePP partner
Department of Epidemiology of the Regional Health Service - Lazio

First published: 23/03/2010

Last updated: 22/06/2018

Institution Outdated EU Institution/Body/Agency ENCePP partner



National transplant center (CNT), National Institute of Health Rome, Italy, Pharmacoepidemiology
Unit, National Centre for Drug Research and
Evaluation, National Institute of Health Rome,
Italy, Epidemiology Observatory - Department of
Health of Lombardy Region Milan, Italy,
Department of Diagnostics and Public Health,
Section of Pharmacology, University of Verona

Verona, Italy, Epidemiological Department,
Azienda Zero, Veneto Region Padua, Italy, Regional
Councillorship of Health 'Regione Autonoma della
Sardegna' Cagliari, Italy

# Contact details

## **Study institution contact**

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Study contact

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## **Primary lead investigator**

Valeria Belleudi

**Primary lead investigator** 

# Study timelines

# Date when funding contract was signed

Planned: 23/09/2020

Actual: 23/09/2020

#### Study start date

Planned: 12/04/2021

Actual: 04/05/2021

## Data analysis start date

Planned: 10/06/2021

## Date of interim report, if expected

Planned: 23/09/2021

## **Date of final study report**

Planned: 30/09/2022

# Sources of funding

Other

# More details on funding

Italian Medicines Agency, Regional Drug Departments

# Regulatory

Was the study required by a regulatory body?

No

Is the study required by a Risk Management Plan (RMP)?

Not applicable

# Methodological aspects

Study type

Study type list

#### Study type:

Non-interventional study

## Scope of the study:

Drug utilisation

Effectiveness study (incl. comparative)

#### Main study objective:

1. To describe the prescriptive patterns of immunosuppressive drug regimens in different transplant settings (kidney, lung, liver, heart) used in maintenance phase and identify patient characteristics associated to these patterns in the four Italian regions 2. To compare the risk-benefit profile of different immunosuppressive therapeutic regimens in transplant patients

# Study Design

## Non-interventional study design

Cohort

# Study drug and medical condition

#### Medical condition to be studied

Transplant

# Population studied

#### Age groups

- Preterm newborn infants (0 27 days)
- Term newborn infants (0 27 days)
- Infants and toddlers (28 days 23 months)
- Children (2 to < 12 years)
- Adolescents (12 to < 18 years)</li>
- Adults (18 to < 46 years)
- Adults (46 to < 65 years)
- Adults (65 to < 75 years)</li>
- Adults (75 to < 85 years)
- Adults (85 years and over)

#### **Special population of interest**

Hepatic impaired

Renal impaired

#### **Estimated number of subjects**

7000

# Study design details

#### **Outcomes**

Transplant rejection, organ survival, use of steroids or immunoglobulin or antibodies for acute rejection, overall mortality, infections, diabetes incidence, cancer incidence (including skin cancer and lymphoma), hypertension incidence, incident statin use, Use of health care services, adverse drug reactions, lymphoproliferative disease, hyperglycemia, magnesium metabolism disorders, recurrence of HCV

## Data analysis plan

Data will be organised and managed through a common data model. Analysis will be performed running the shared scripts at local level and pooling aggregated data at the end. Drug utilization will be defined on the basis of DDDs. CER will be performed through both a multivariate models and a propensity matched cohort design (head-to-head comparison between different drug groups/drugs). Patients in the compared exposure groups will be propensity matched. Intention-to-treat and As-treated analyses will be performed using Cox proportional Hazard models (HRs and 95%CIs).

# Data management

# **ENCePP Seal**

The use of the ENCePP Seal has been discontinued since February 2025.

The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

# Data sources

## Data source(s)

Mortality Information System

Drug claims information system

Hospital Information System

Healthcare Emergency Information System

#### Data source(s), other

MIS, PHARM, HIS, HEIS

# Data sources (types) Administrative healthcare records (e.g., claims) Disease registry Use of a Common Data Model (CDM) CDM mapping

No

# Data quality specifications

#### **Check conformance**

Unknown

## **Check completeness**

Unknown

# **Check stability**

Unknown

## **Check logical consistency**

Unknown

# Data characterisation

#### **Data characterisation conducted**

No