

# Longitudinal Analyses of Blood Lipids and Future Risk of Dementia in CPRD (Lipids and dementia)

**First published:** 12/05/2018

**Last updated:** 15/03/2024

Study

Planned

## Administrative details

### EU PAS number

EUPAS23959

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### Study ID

40836

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### DARWIN EU® study

No

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### Study countries



Spain



United Kingdom

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### Study description

Establishing modifiable risk factors of dementia risk is a global priority. The relationship of lipids to the risk of developing dementia is unclear. Previous research based on small studies suggests that people who have high cholesterol in midlife may have an increased risk of developing dementia some 20 years later. The proposed study will use information from a large number of people in the UK to investigate the relationship between lipids (total cholesterol, LDL and HDL) and the future risk of developing dementia. People aged 40 years or older with a lipid reading between 1992 and 2009 will be selected from the CPRD primary care database. Their recorded development of dementia will be investigated, whilst accounting for differences in characteristics (e.g. age, gender, etc.). This study will provide information from a very large number of people with a sizeable amount of follow-up data which will be representative of the UK population. The findings will therefore provide important information to help clarify the relationship between lipids and dementia. The findings will help to inform preventative strategies for dementia.

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### **Study status**

Planned

## Research institutions and networks

### Institutions

#### OXON Epidemiology



Spain



United Kingdom

**First published:** 06/12/2010

**Last updated:** 03/06/2026


Institution

Laboratory/Research/Testing facility

Non-Pharmaceutical company

ENCEPP partner

## Electronic Health Records (EHR) Research Group, London School of Hygiene & Tropical Medicine (LSHTM)

 United Kingdom

**First published:** 19/04/2010

**Last updated:** 30/10/2024


Institution

Educational Institution

ENCEPP partner

## OXON Epidemiology

 Spain

 United Kingdom

**First published:** 06/12/2010

**Last updated:** 03/06/2026

Institution

Laboratory/Research/Testing facility

Non-Pharmaceutical company

ENCEPP partner

## Contact details

**Study institution contact**

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Study contact

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**Primary lead investigator**

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Primary lead investigator

## Study timelines

**Date when funding contract was signed**

Planned: 01/06/2016

Actual: 01/06/2016

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**Study start date**

Planned: 15/09/2016

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**Date of final study report**

Planned: 31/05/2018

## Sources of funding

- Non-for-profit organisation (e.g. charity)

## More details on funding

Alzheimer's Society

# Study protocol

[CPRD ISAC Approved PROTOCOL\\_\\_LIPIDS and Dementia.pdf](#) (449.85 KB)

## Regulatory

### **Was the study required by a regulatory body?**

No

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### **Is the study required by a Risk Management Plan (RMP)?**

Not applicable

## Methodological aspects

### Study type

#### Study type list

##### **Study type:**

Non-interventional study

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##### **Scope of the study:**

Assessment of risk minimisation measure implementation or effectiveness

Disease epidemiology

##### **Main study objective:**

The primary objectives of the analysis is to estimate the age-specific association between lipids - total cholesterol, low density lipoprotein (LDL) and high density cholesterol (HDL) and future risk of Alzheimer´ disease, vascular

dementia and all dementia.

## Study Design

### **Non-interventional study design**

Cohort

## Study drug and medical condition

### **Medical condition to be studied**

Lipids

Dementia Alzheimer's type

Vascular dementia

Hyperlipidaemia

Hypercholesterolaemia

## Population studied

### **Age groups**

- Adults (46 to < 65 years)
- Adults (65 to < 75 years)
- Adults (75 to < 85 years)
- Adults (85 years and over)

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### **Estimated number of subjects**

1800000

## Study design details

## Outcomes

Alzheimer's disease, Vascular dementia, All dementia, All-cause death

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## Data analysis plan

To relate lipids (total cholesterol, LDL and HDL) to risk of dementia, Poisson regression models will be used to estimate incidence rates and rate ratios. Adjustment for age (in 5-year bands), sex, and baseline date (at index). To update age at risk as people move through the age categories. Adjustment of rate ratios for additional baseline cardiovascular covariates. To fit separate Poisson regression models in each category for follow intervals and age-at-risk. Correction for regression dilution bias using serial lipid measurements. To assess selective mortality bias, a simulation study to investigate the size of competing risk of mortality, with 'joint frailty' models. To confirm well-established association of lipids with all cause mortality

## Documents

### Study publications

[Iwagami M, Qizilbash N, Gregson J, Douglas I, Johnson M, Pearce N, Evans S, Poc...](#)

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## Data management

## ENCePP Seal

The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency

but are no longer maintained.

## Data sources

### **Data source(s)**

Clinical Practice Research Datalink

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### **Data sources (types)**

[Electronic healthcare records \(EHR\)](#)

## Use of a Common Data Model (CDM)

### **CDM mapping**

No

## Data quality specifications

### **Check conformance**

Unknown

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### **Check completeness**

Unknown

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### **Check stability**

Unknown

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### **Check logical consistency**

Unknown

## Data characterisation

## **Data characterisation conducted**

No