# Impact of Initiating Biologics In Patients on Long-Term OCS Or Frequent Rescue Steroids (GLITTER)

**First published:** 03/12/2020

**Last updated:** 23/04/2024





# Administrative details

EU PAS number	
EUPAS33582	
Study ID	
40478	
DARWIN EU® study	
No	
Study countries	
☐ Argentina	
Bulgaria	
Canada	
Colombia	

Denmark	
Germany	
Greece	
Ireland	
Italy	
Japan	
Korea, Republic of	
Kuwait	
Mexico	
Portugal	
Saudi Arabia	
Singapore	
Spain	
Taiwan	
United Arab Emirates	
United Kingdom	
United States	

### Study description

Data will be sourced from the International Severe Asthma Registry (ISAR). Anonymized person-level data from 19 countries will be used for this analysis. ISAR has governance provided by the ISAR scientific steering committee, The Anonymous Data Ethics Protocols and Transparency (ADEPT) committee, an independent body of experts and regulators commissioned by the Respiratory Effectiveness Group (REG). This is a prospective cohort study in which we will use a propensity score weighting approach to examine the effectiveness of initiating biologic therapy versus continued usual care in severe asthma patients with high SCS use in the real-world settings. The study period is between 2017 and 2019. All study participants will have a history of high SCS use for at least 12 months before entrance into the study. High SCS use refers

either to maintenance SCS therapy for at least 1 year or using 4 or more courses of rescue SCS bursts (10 mg/day) for a 12-month period at study entry. We will then divide them into two groups: those who initiated and maintained a biologic therapy (anti-IgE, anti-IL5/anti-IL5R, or anti-IL4R) for ≥6 months ("new biologic users"), and those who stayed on maintenance SCS therapy or used 4 or more courses of SCS bursts (10 mg per day) at time and were also not on any biologic therapy("high SCS users"). In Phase 1, the demographic and clinical characteristics between the two groups will be compared and studied. In Phase 2, the two study arms will be balanced using propensity score weighting. After which, using weighted longitudinal regression analysis, the two groups will be compared to describe the health outcomes between the groups. These include rate of exacerbations, SCS use, asthma control and incidence of comorbidity.

### **Study status**

Ongoing

# Research institutions and networks

# Institutions

Optimum Patient Care (OPC)
United Kingdom
First published: 01/02/2024
Last updated: 01/02/2024
Institution Not-for-profit

# Networks

Optimum Patient Care (OPC) Network
United Kingdom (Northern Ireland)
First published: 26/09/2015
<b>Last updated:</b> 16/06/2025
Network ENCePP partner

Deen instance (MCC)
Respiratory Effectiveness Group (REG)
Belgium
☐ Denmark
France
Germany
☐ Greece
Hungary
Italy
☐ Netherlands
Spain
Sweden
United Kingdom
First published: 07/07/2021
<b>Last updated:</b> 04/06/2024
Network ENCePP partner

# Contact details

### **Study institution contact**

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Study contact

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# **Primary lead investigator**

**David Price** 

**Primary lead investigator** 

# Study timelines

### Date when funding contract was signed

Planned: 15/01/2019 Actual: 15/01/2019

### **Study start date**

Planned: 01/01/2018 Actual: 01/01/2018

### Data analysis start date

Planned: 01/08/2020 Actual: 15/11/2020

# Date of final study report

Planned: 01/07/2021

# Sources of funding

- Other
- Pharmaceutical company and other private sector

# More details on funding

AstraZeneca, OPC Global

# Regulatory

Was the study required by a regulatory body?

No

Is the study required by a Risk Management Plan (RMP)?

Not applicable

# Methodological aspects

Study type

Study type list

Study type:

Non-interventional study

# Scope of the study:

Disease epidemiology

Effectiveness study (incl. comparative)

### Main study objective:

The aim is to describe the pattern of use and examine the impact on health outcomes of initiating biologic therapy in a real-world severe asthma population.

# Study Design

## Non-interventional study design

Cohort

# Study drug and medical condition

### Medical condition to be studied

**Asthma** 

# Population studied

### Age groups

Adults (18 to < 46 years)

Adults (46 to < 65 years)

Adults (65 to < 75 years)

Adults (75 to < 85 years)

Adults (85 years and over)

### **Estimated number of subjects**

8395

# Study design details

### **Outcomes**

To describe the demographic, clinical features, medication uses and comorbidities of adult severe asthma population with high SCS use, comparing between those who initiated a biologic therapy and those that did not initiate biologic therapy. To examine the comparative effectiveness of initiating a biologic therapy in adult severe asthma population with high SCS, comparing to those who did not initiate biologic therapy. Outcomes include exacerbations, asthma control, reduction/discontinuation of SCS and SCS-related comorbidity incidence.

### **Data analysis plan**

The clinical effectiveness of those that were exposed to high-dose systemic corticoSteroids (SCS) that initiated a biologic will be compared to those that remained on high-SCS. Primary outcome, exacerbation: As the dispersion of the data is expected to be high and as this outcome is conditional on the duration of follow-up, we plan to apply a negative binomial regression to estimate the reduced rate of exacerbation. Group comparisons will be made if interactions between groups is found. Secondary outcome, SCS dose: Generalized linear model (GLM) with generalized estimation equation (GEE) will be applied to estimate the reduced SCS dose across groups while accounting for intra-patient correlation. Secondary outcome, health resource utilization: The difference in the number of incident hospital or emergency room visits in the outcome period across groups will be examined similar to the primary outcome discussed above.

# Data management

# **ENCePP Seal**

The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

### **Conflicts of interest of investigators**

200730 COI David Price.pdf (50.33 KB)

### **Composition of steering group and observers**

GLITTER SC.pdf (70.65 KB)

# Data sources

### Data source(s)

International Severe Asthma Registry

### **Data sources (types)**

Other

# Data sources (types), other

Prospective patient-based data collection

# Use of a Common Data Model (CDM)

### **CDM** mapping

No

# Data quality specifications

# Unknown Check completeness Unknown

# **Check stability**

**Check conformance** 

Unknown

# **Check logical consistency**

Unknown

# Data characterisation

### **Data characterisation conducted**

No