

# A Phase I trial to investigate the effect of nintedanib on the pharmacokinetics of a combination of ethinylestradiol and levonorgestrel in female patients with Systemic Sclerosis associated Interstitial Lung Disease (SSc-ILD) (1199-0340)

**First published:** 12/03/2021

**Last updated:** 23/04/2024

Study

Finalised

## Administrative details

### EU PAS number

EUPAS40026

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### Study ID

40027

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### DARWIN EU® study

No

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### Study countries

- ☐ Belgium
  - ☐ France
  - ☐ Germany
  - ☐ Netherlands
  - ☐ Portugal
  - ☐ Spain
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### Study description

A study to test whether nintedanib influences the components of birth-control pills in women with Systemic Sclerosis associated Interstitial Lung Disease (SSc-ILD)

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### Study status

Finalised

## Research institutions and networks

### Institutions

**Boehringer Ingelheim**

**First published:** 01/02/2024

**Last updated:** 01/02/2024

**Institution**

**Multiple centres: 10 centres are involved in the study**

## Contact details

### Study institution contact

Boehringer Ingelheim [clintrriage.rdg@boehringer-ingelheim.com](mailto:clintrriage.rdg@boehringer-ingelheim.com)

Study contact

[clintrriage.rdg@boehringer-ingelheim.com](mailto:clintrriage.rdg@boehringer-ingelheim.com)

### Primary lead investigator

Mandy Avis

Primary lead investigator

## Study timelines

### Date when funding contract was signed

Actual: 06/11/2017

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### Study start date

Actual: 08/11/2018

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### Data analysis start date

Actual: 15/11/2019

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### Date of final study report

Actual: 02/04/2020

## Sources of funding

- Pharmaceutical company and other private sector

## More details on funding

Boehringer Ingelheim

## Regulatory

### Was the study required by a regulatory body?

Yes

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### Is the study required by a Risk Management Plan (RMP)?

Not applicable

## Methodological aspects

### Study type

### Study type list

#### Study topic:

Human medicinal product

Disease /health condition

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#### Study type:

Clinical trial

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#### Scope of the study:

Other

**If 'other', further details on the scope of the study**

Drug-drug interaction, pharmacokinetic trial

**Data collection methods:**

Primary data collection

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**Main study objective:**

To investigate the effect of multiple oral doses of nintedanib on the single dose kinetics of a combination of ethinylestradiol and levonorgestrel (Microgynon®)

## Study Design

**Clinical trial regulatory scope**

Pre-authorisation clinical trial

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**Clinical trial phase**

Human pharmacology (Phase I)

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**Clinical trial randomisation**

Non-randomised clinical trial

## Study drug and medical condition

**Medicinal product name**

OFEV

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**Medicinal product name, other**

## **Medical condition to be studied**

Systemic sclerosis pulmonary

## **Population studied**

### **Short description of the study population**

Female patients aged 18 years or older with SSc-ILD fulfilling the 2013 ACR/EULAR classification criteria for SSc; extent of fibrotic lung disease  $\geq 10\%$  on high resolution computed tomography (HRCT); forced vital capacity (FVC)  $\geq 40\%$  of predicted; carbon monoxide diffusion capacity of the lung (DLCO) 30 TO 89% predicted. Patients had to be permanently sterilised or postmenopausal or using a highly effective non-hormonal method of birth control in combination with a barrier method.

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### **Age groups**

- Adults (18 to < 46 years)
  - Adults (46 to < 65 years)
  - Adults (65 to < 75 years)
  - Adults (75 to < 85 years)
  - Adults (85 years and over)
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### **Special population of interest**

Other

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### **Special population of interest, other**

Systemic Sclerosis associated Interstitial Lung Disease (SSc-ILD) patients

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### **Estimated number of subjects**

## Study design details

### Outcomes

AUC<sub>0-tz</sub> and C<sub>max</sub> for ethinylestradiol and levonorgestrel, AUC<sub>0-infinity</sub> for ethinylestradiol and levonorgestrel

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### Data analysis plan

Relative exposure of ethinylestradiol and levonorgestrel will be estimated based on the ratios (test to reference treatment) of the geometric means (gMeans) of the primary and secondary endpoints. Additionally, their 2-sided 90% confidence intervals (CIs) will be provided. The statistical model will be an analysis of variance (ANOVA) on the logarithmic scale, including effects for 'subject' and 'treatment'. CIs will be calculated based on the residual error from ANOVA. Descriptive statistics will be calculated for all endpoints.

## Documents

### Study results

[1199-0340\\_report synopsis\\_redacted for disclosure.pdf](#) (862.16 KB)

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## Data management

## ENCePP Seal



The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

## Data sources

### Data sources (types)

Other

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### Data sources (types), other

Interventional clinical trial data collection by investigational sites in an electronic clinical database.

## Use of a Common Data Model (CDM)

### CDM mapping

No

## Data quality specifications

### Check conformance

Unknown

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### Check completeness

Unknown

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### Check stability

Unknown

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## **Check logical consistency**

Unknown

## Data characterisation

### **Data characterisation conducted**

No