

# Inhaled corticosteroids and COVID-19 morbidity: Nationwide cohort study

**First published:** 06/07/2020

**Last updated:** 11/03/2021

Study

Finalised

## Administrative details

### EU PAS number

EUPAS35897

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### Study ID

39968

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### DARWIN EU® study

No

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### Study countries

 Denmark

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### Study description

Study of corticosteroids in COVID-19 in comparison with influenza.

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### Study status

Finalised

## Research institutions and networks

## Institutions

### Department of Epidemiology Research, Statens Serum Institut

 Denmark

**First published:** 16/03/2010

**Last updated:** 24/02/2012

**Institution**

**Outdated**

**EU Institution/Body/Agency**

**Laboratory/Research/Testing facility**

**ENCePP partner**

### Pharmacoepi center, University of Southern Denmark

 Denmark

**First published:** 22/04/2010

**Last updated:** 27/07/2023

**Institution**

**Educational Institution**

**ENCePP partner**

Statens Serum Institut Copenhagen, Denmark

## Contact details

### **Study institution contact**

Anders Husby andh@ssi.dk

Study contact

[andh@ssi.dk](mailto:andh@ssi.dk)

### **Primary lead investigator**

Anders Husby

Primary lead investigator

## Study timelines

### **Date when funding contract was signed**

Actual: 06/07/2020

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### **Study start date**

Actual: 06/07/2020

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### **Data analysis start date**

Actual: 06/07/2020

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### **Date of final study report**

Planned: 03/08/2020

Actual: 11/03/2021

## Sources of funding

- Other

## More details on funding

Various Research councils

## Study protocol

[COVID\\_19\\_inhaled\\_cs\\_PROTOCOL\\_FINAL\\_EUPAS\\_P.pdf](#) (531.02 KB)

## Regulatory

### **Was the study required by a regulatory body?**

No

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### **Is the study required by a Risk Management Plan (RMP)?**

Not applicable

## Methodological aspects

### Study type

### Study type list

#### **Study topic:**

Human medicinal product

Disease /health condition

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#### **Study type:**

Non-interventional study

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**Scope of the study:**

Assessment of risk minimisation measure implementation or effectiveness

Disease epidemiology

**Data collection methods:**

Secondary use of data

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**Main study objective:**

The investigate the effect of inhaled corticosteroids on SARS-CoV-2 morbidity.

## Study Design

**Non-interventional study design**

Cohort

## Study drug and medical condition

**Anatomical Therapeutic Chemical (ATC) code**

(R03BA) Glucocorticoids

Glucocorticoids

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**Medical condition to be studied**

COVID-19

Influenza

## Population studied

## **Short description of the study population**

All hospitalized individuals aged 40 years or older in Denmark with a positive SARS-CoV-2 PCR test up to July 16, 2020, were included in our COVID-19 cohort from the date of testing or hospitalization, whichever came latest. The COVID-19 cohort was followed up for ICU admission or death within 30 days from cohort entry. Individuals who tested PCR-positive for influenza during 2010-2018 were included in an equivalent influenza cohort from the date of testing or hospitalization, whichever came latest, and followed up for ICU admission or death within 30 days from cohort entry. For sensitivity analyses, we also constructed nationwide cohorts of all individuals aged 40 years or older who tested positive for SARS-CoV-2 or influenza while outof-hospital to investigate effect of ICS use in the general population. These cohorts were followed up for hospitalization or death within 30 days from the test date. In addition, we constructed cohorts of SARS-CoV2 or influenza test-positive ICU-patients who were followed up for death within 30 days from admission to ICU, to investigate effect of ICS use among patients with severe illness.

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## **Age groups**

- Adults (18 to < 46 years)
  - Adults (46 to < 65 years)
  - Adults (65 to < 75 years)
  - Adults (75 to < 85 years)
  - Adults (85 years and over)
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## **Special population of interest**

Other

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## **Special population of interest, other**

COVID-19 patients

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### **Estimated number of subjects**

50000

## **Study design details**

### **Outcomes**

We investigate the 30-day hazard ratio of mechanical ventilation or death among users of inhaled corticosteroids (ICS) compared with users of inhaled  $\beta$ 2-receptor agonist and/or muscarinic receptor antagonists but not ICS (non-ICS inhaler), or no inhaled pharmaceutical use. The analysis was done for COVID-19 and influenza patients, respectively. Substudy of subtypes of inhaled corticosteroids with regards to the primary outcomes.

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### **Data analysis plan**

Our main analysis was conducted among hospitalized test-positive individuals for influenza (in 2010-2018) and COVID-19 (in 2020), respectively. We followed participants for 30 days from the date of testing positive until either mechanical ventilation, death, or loss to follow-up from other causes. We used Cox proportional hazards regression to estimate the hazard ratios of death and mechanical ventilation comparing exposure groups. We estimated 30-day cumulative hazards according to exposure status taking competing risks into account using the Nelson-Aalen estimator. In the Cox models, we took potential confounders into account through direct propensity score adjustment. Propensity scores was estimated using logistic regression of probability of exposure on the above-mentioned covariates as main effects. We estimated separate propensity scores for each exposure group of interest.

## **Documents**

## Study results

[Association between ICS and COVID19\\_manuscriptFINAL\\_eupas.pdf](#) (623.43 KB)

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## Study publications

[Husby A, Pottegård A, Hviid A. Inhaled corticosteroid use in COVID-19. medRxiv...](#)

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## Data management

### ENCePP Seal

The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

## Data sources

### Data source(s)

Danish registries (access/analysis)

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### Data sources (types)

[Disease registry](#)

[Drug dispensing/prescription data](#)

[Other](#)

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### Data sources (types), other

Prospective patient-based data collection

## Use of a Common Data Model (CDM)

## **CDM mapping**

No

## Data quality specifications

### **Check conformance**

Unknown

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### **Check completeness**

Unknown

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### **Check stability**

Unknown

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### **Check logical consistency**

Unknown

## Data characterisation

### **Data characterisation conducted**

No