

# CharacTeristics of treAtment response to hIgh dose ICS/LABA vs. Medium or high dOse ICS/LABA + LAMA in patients with uncontroLled moderate to severe asthma on medium dose ICS/LABA - TAILOR study

**First published:** 19/11/2021

**Last updated:** 02/05/2024

Study

Ongoing

## Administrative details

### **PURI**

<https://redirect.ema.europa.eu/resource/39040>

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### **EU PAS number**

EUPAS39039

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### **Study ID**

39040

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### **DARWIN EU® study**

No

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## Study countries

- Denmark
  - Italy
  - Netherlands
  - United Kingdom
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## Study description

In patients with uncontrolled moderate to severe asthma (i.e. GINA step 4), GINA recommends to either increase the dose of ICS to high dose ICS+LABA or to add a LAMA (tiotropium) on top of medium dose ICS+LABA. Although not recommended by GINA, it is likely that - in real life - there are also patients who get stepped-up to high dose ICS+LABA+LAMA. As of today, which patients respond best to which treatment option - in real life - is yet unknown. For this reason, we will conduct a retrospective cohort study, in patients with uncontrolled moderate to severe asthma (step 4) initiating one of the treatment options of GINA treatment step-up. Our study period is from 2010-2020 and we will use data from 4 databases from 4 European countries: the Netherlands (IPCI), Denmark (Aarhus), Italy (HSD) and UK (CPRD). The study population will consist of all patients with asthma, aged 18-65 years with at least 1 year of database history and active follow-up during the study. Within this cohort, patients with treatment step up from GINA step 4 (medium dose ICS/LABA) will be selected. The main objectives are as following: • Identify the main drivers of prescribing any of the three step-up treatment options • Identify patient features/characteristics associated with response to the specific treatment regimens In addition, we have the following secondary objectives: • To investigate differences in Health Care Resources utilisation in the year prior vs. year after treatment step-up (high dose ICS+LABA, medium dose ICS+LABA+LAMA, high dose ICS+LABA+LAMA) • To investigate differences in rescue medication use (SABA) and OCS use in the year prior vs year after treatment step-up • To study differences in treatment characteristics

(proportion of patients discontinuing treatment, switching (i.e. treatment step down)) after initiation of one of the 3 treatment options • To research the types of LAMAs being used

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### Study status

Ongoing

## Research institutions and networks

### Institutions

#### Erasmus Medical Centre Rotterdam

**First published:** 01/02/2024

**Last updated:** 01/02/2024

Institution

#### Aarhus University & Aarhus University Hospital DEPARTMENT OF CLINICAL EPIDEMIOLOGY

Denmark

**First published:** 20/07/2021

**Last updated:** 02/04/2024

Institution

Educational Institution

ENCePP partner

# Nuffield Department of Orthopaedics, Rheumatology and Musculoskeletal Sciences (NDORMS), University of Oxford

United Kingdom

**First published:** 01/02/2024

**Last updated:** 01/02/2024

**Institution**

Educational Institution

Hospital/Clinic/Other health care facility

# Società Italiana di Medicina Generale e delle Cure Primarie (SIMG)

**First published:** 01/02/2024

**Last updated:** 01/02/2024

**Institution**

Patient organisation/association

NDORMS Oxford - UK, SIMG Florence - Italy

## Contact details

### Study institution contact

Katia Verhamme

**Study contact**

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## Primary lead investigator

Katia Verhamme

Primary lead investigator

## Study timelines

### Date when funding contract was signed

Actual: 18/12/2020

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### Study start date

Actual: 01/01/2021

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### Data analysis start date

Planned: 01/03/2021

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### Date of interim report, if expected

Planned: 17/05/2021

Actual: 07/06/2021

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### Date of final study report

Planned: 15/06/2021

## Sources of funding

- Pharmaceutical company and other private sector

## More details on funding

## Regulatory

### **Was the study required by a regulatory body?**

No

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### **Is the study required by a Risk Management Plan (RMP)?**

Not applicable

## Methodological aspects

### Study type

#### Study type list

##### **Study type:**

Non-interventional study

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##### **Scope of the study:**

Drug utilisation

Effectiveness study (incl. comparative)

##### **Main study objective:**

- identify the main drivers of prescribing any of the three step-up treatment options (high dose ICS/LABA, medium dose ICS/LABA+LAMA, high dose ICS/LABA+LAMA)
- What patient features/characteristics are associated with response to the specific treatment regimen

## Study Design

## **Non-interventional study design**

Cohort

## Study drug and medical condition

### **Anatomical Therapeutic Chemical (ATC) code**

(R03D) OTHER SYSTEMIC DRUGS FOR OBSTRUCTIVE AIRWAY DISEASES

OTHER SYSTEMIC DRUGS FOR OBSTRUCTIVE AIRWAY DISEASES

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### **Medical condition to be studied**

Asthma

## Population studied

### **Age groups**

Adults (18 to < 46 years)

Adults (46 to < 65 years)

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### **Estimated number of subjects**

250000

## Study design details

### **Outcomes**

Severe asthma exacerbations and effect on spirometry data, Use of health care resources Treatment patterns

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## **Data analysis plan**

Descriptive statistical analyses, logistic regression and cluster analyses will be used. - Descriptive statistics to compare patients in the different treatment step-up cohorts (Main analysis 1) - Descriptive statistics to compare complete and partial responders and non-responders. - Identify determinants of response to each of the three step-up treatments by means of a logistic regression analysis. - Cluster analysis to describe phenotypes of patients responding to therapy - Analysis of change in healthcare resource utilisation (HCRU) and change in rescue medication by means of a Wilcoxon signed-rank test

## **Data management**

### **Data sources**

#### **Data sources (types)**

Administrative healthcare records (e.g., claims)

Drug dispensing/prescription data

Electronic healthcare records (EHR)

### **Use of a Common Data Model (CDM)**

#### **CDM mapping**

No

### **Data quality specifications**



**Check conformance**

Unknown

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**Check completeness**

Unknown

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**Check stability**

Unknown

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**Check logical consistency**

Unknown

## Data characterisation

**Data characterisation conducted**

No