# Impact of EU label changes for hydroxyzine products: post-referral prescribing trends

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### Administrative details

<b>EU PAS number</b>	
EUPAS26363	
Study ID	
38866	
DARWIN EU® study	
No	
Study countries	
Denmark	
Netherlands	
United Kingdom	
Study description	

To evaluate the impact of the risk minimisation measures implemented in 2015 to manage the potential risk of QT interval prolongation and cardiac arrhythmia of hydroxyzine containing medicinal products authorised in the European Union (EU) in clinical practice.

### **Study status**

Finalised

### Research institutions and networks

### Institutions



The PHARMO Institute for Drug Outcomes Research
(PHARMO Institute)
☐ Netherlands
First published: 07/01/2022
<b>Last updated:</b> 24/07/2024
Institution

NHS National Services Scotland Glasgow, UK, University of Southern Denmark Denmark, University of Strathclyde Glasgow

### Contact details

### **Study institution contact**

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Study contact

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### **Primary lead investigator**

Thomas MacDonald

Primary lead investigator

### Study timelines

### Date when funding contract was signed

Planned: 22/03/2018 Actual: 22/03/2018

### Study start date

Planned: 01/07/2019 Actual: 01/07/2019

#### Date of final study report

Planned: 23/08/2019 Actual: 22/09/2019

# Sources of funding

EMA

# Study protocol

Study Protocol Hydroxyzine 20072018 clean.pdf (329.4 KB)

# Regulatory

Was the study required by a regulatory body?

Yes

Is the study required by a Risk Management Plan (RMP)?

Not applicable

# Methodological aspects

### Study type

#### **Study topic:**

Human medicinal product

### Study type:

Non-interventional study

### Scope of the study:

Drug utilisation

Effectiveness study (incl. comparative)

#### **Data collection methods:**

Secondary use of data

### Main study objective:

The three main objectives are as follows: To determine prescription patterns of hydroxyzine containing products. To determine prescribers compliance with recommendations. To determine prescription patterns of alternative medicines prescribed in patients where hydroxyzine has previously been prescribed.

### Study Design

### Non-interventional study design

Cohort

Other

### Non-interventional study design, other

Population-based longitudinal study, Time series analysis

# Study drug and medical condition

Study drug International non-proprietary name (INN) or common name HYDROXYZINE

# Population studied

#### Short description of the study population

The study population consisted of all patients registered within each data source at any time during the study period. The start of follow-up for a patient was defined as date of registration with the general practice (CPRD and PHARMO), or date of first recorded prescription or any secondary care diagnosis (Denmark and

Scotland). A patient's index date was the latest of the study period start date (dependent on each data source), the date of birth, or their first database follow up date plus 1 year (to allow sufficient time for data on baseline covariates to be collected). A patient's end of follow-up was the date of the first occurrence of the following: death (all databases); end of study period (varies between countries); end of registration (end of registration would not significantly affect data from Denmark and Scotland because they use national data that captures patients moving within the health system). A patient was included for analysis in a time period if the first and last day both lay between the patient's index date and their last follow up date, so the analyses only included patients who are observable for the entire timeperiod.

#### Age groups

- Term newborn infants (0 27 days)
- Infants and toddlers (28 days 23 months)
- Children (2 to < 12 years)
- Adolescents (12 to < 18 years)</li>

- Adults (18 to < 46 years)</li>
- Adults (46 to < 65 years)</li>
- Adults (65 to < 75 years)</li>
- Adults (75 to < 85 years)</li>
- Adults (85 years and over)

#### **Estimated number of subjects**

100000

### Study design details

#### **Data analysis plan**

The proposed primary analysis will address the three objectives given above using interrupted time series regression to fit time trends to each series of time period data for each country. Using regression modelling we will evaluate: (1) The baseline slope before the intervention time point, (2) The change in slope from the baseline trend to the post-intervention trend, (3) The immediate change associated with the intervention time point. The effect of the intervention for each country will be represented either by a step function, or by a continuous linear function representing gradual implementation (interrupted time series analysis). This choice, and whether it is necessary to model any trends prior to the intervention time point, will be decided on visual inspection of the data. The analysis will be done by data source initially, and only pooled if the statistical models do not differ significantly between data sources.

### **Documents**

#### Study results

EMA\_hydroxyzine\_final revised\_061219.pdf (889.11 KB)

#### Study, other information

Hydroxyzine abstract Final 040320.pdf (91.03 KB)

### **Study publications**

Morales DR, Macfarlane T, MacDonald TM, Hallas J, Ernst MT, Herings RM, Smits E...

### Data management

### **ENCePP Seal**

The use of the ENCePP Seal has been discontinued since February 2025.

The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

This study has been awarded the ENCePP seal

#### **Conflicts of interest of investigators**

Dol UoD TMM 011118.pdf (911.35 KB)

### Composition of steering group and observers

Steering Group\_Hydroxyzine\_May18v1.pdf (10.15 KB)
Steering Group Hydroxyzine V2 Dec18.pdf (10.25 KB)

### Signed code of conduct

empty\_file\_1.pdf (11.35 KB)

#### Signed code of conduct checklist

### Signed checklist for study protocols

empty\_file\_1.pdf (11.35 KB)

### Data sources

#### Data source(s)

Clinical Practice Research Datalink

Danish registries (access/analysis)

PHARMO Data Network

#### Data source(s), other

**eDRIS** 

#### **Data sources (types)**

Drug dispensing/prescription data

Electronic healthcare records (EHR)

# Use of a Common Data Model (CDM)

#### **CDM** mapping

No

# Data quality specifications

#### **Check conformance**

Unknown

### **Check completeness**

Unknown

### **Check stability**

Unknown

### **Check logical consistency**

Unknown

# Data characterisation

### **Data characterisation conducted**

No