

# CONTOUR Australia: Condition of Submental Fullness and Treatment

**First published:** 11/01/2018

**Last updated:** 14/03/2024

Study

Finalised

## Administrative details

### EU PAS number

EUPAS22012

### Study ID

36552

### DARWIN EU® study

No

### Study countries

☐ Australia

### Study description

The primary objective of this registry is to develop a comprehensive understanding of how Belkyra is utilized in clinical practice in Australia, following its approval for the treatment of submental fullness due to submental

fat, in order to further inform assessment of the risks and benefits associated with its treatment.

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## Study status

Finalised

## Research institutions and networks

### Institutions

#### Parexel International

☐ United States

**First published:** 19/10/2010

**Last updated:** 10/12/2024

**Institution**

**Non-Pharmaceutical company**

**ENCePP partner**

Multiple centres: 6 centres are involved in the study

## Contact details

### Study institution contact

Suzanne St Rose CT.Disclosures@abbvie.com

**Study contact**

**Primary lead investigator**

Suzanne St Rose

Primary lead investigator

## Study timelines

**Date when funding contract was signed**

Planned: 16/10/2017

Actual: 16/10/2017

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**Study start date**

Planned: 01/03/2018

Actual: 20/03/2018

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**Date of final study report**

Planned: 29/05/2020

Actual: 12/03/2020

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## Sources of funding

- Pharmaceutical company and other private sector

## More details on funding

Allergan

## Study protocol

## Regulatory

### **Was the study required by a regulatory body?**

Yes

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### **Is the study required by a Risk Management Plan (RMP)?**

Non-EU RMP only

## Other study registration identification numbers and links

CMO-AP-FAS-0505

## Methodological aspects

### Study type

### Study type list

#### **Study topic:**

Human medicinal product

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#### **Study type:**

Non-interventional study

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**Scope of the study:**

Drug utilisation

Safety study (incl. comparative)

**Data collection methods:**

Primary data collection

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**Main study objective:**

The primary objective of this registry is to develop a comprehensive understanding of how Belkyra is utilized in clinical practice in Australia, following its approval for the treatment of submental fullness due to submental fat,

## Study Design

**Non-interventional study design**

Other

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**Non-interventional study design, other**

Phase 4, prospective, observational, multi-center registry

## Study drug and medical condition

**Medicinal product name, other**

Belkyra

## Population studied

## **Short description of the study population**

Patients considering treatment to reduce submental fat (SMF) and who plan to pursue treatment with Belkyra™ will be recruited. Eligible patients will be enrolled in the registry, and patients who elect treatment with Belkyra™ will be followed until their SMF reduction treatment is completed or discontinued.

Patients must have met all of the following criteria for inclusion in the study:

### **Inclusion Criteria:**

1. Adult male and female patients, aged 18 years and above, presenting with SM fullness due to the accumulation of unwanted SMF, and considered by their treating physician to be a candidate to receive SMF reduction treatment with Belkyra™.
2. Patient had confirmed plans with their treating physician to receive treatment with Belkyra™.
3. Signed informed consent by the patient, obtained before any study-related activities were undertaken.
4. Willing to complete all patient assessment questionnaires.
5. Signed release form by the patient, permitting abstraction of the patient's medical records at baseline and during participation in the registry.

### **Exclusion Criteria:**

1. Severe skin laxity, defined as superficial wrinkling, loose skin separated from deeper neck structures, and/or marked skin redundancy (draping and/or sagging), per the physician's judgment.
  2. Any other cause of fullness in the SM area (e.g., thyroid enlargement, thyromegaly, cervical adenopathy, cervical lymphadenopathy, pronounced submandibular glands, lymph nodes, and muscles) other than localized SMF.
  3. Participating in an interventional clinical study, currently or within 30 days before enrolment.
  4. Participated previously in an interventional clinical study involving Belkyra™
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## Age groups

- Adults (18 to < 46 years)
- Adults (46 to < 65 years)
- Adults (65 to < 75 years)
- Adults (75 to < 85 years)
- Adults (85 years and over)

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## Estimated number of subjects

100

## Study design details

### Data analysis plan

Data will be summarized with descriptive statistics, and presented in listings. Demographic and baseline characteristics will be summarized. Post-baseline values and change from baseline in selected outcome variables will be summarized with descriptive statistics, and, where appropriate, graphical presentations, and presented in listings. All statistical tests will be tested on two-sided significance level of 0.05 and will be considered exploratory.

## Documents

### Study results

[CMO-AP-FAS-0505 CSR Synopsis 12 Mar 2020.pdf](#) (161.12 KB)

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## Data management

## ENCePP Seal

The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

## Data sources

### Data sources (types)

Other

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### Data sources (types), other

Prospective patient-based data collection

## Use of a Common Data Model (CDM)

### CDM mapping

No

## Data quality specifications

### Check conformance

Unknown

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### Check completeness

Unknown

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### Check stability

Unknown

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## **Check logical consistency**

Unknown

## Data characterisation

### **Data characterisation conducted**

No