

# NN8022-4241 In-market utilisation of liraglutide used for weight management in Europe: a retrospective medical record review study

**First published:** 06/12/2016

**Last updated:** 14/03/2024

Study

Finalised

## Administrative details

### EU PAS number

EUPAS16225

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### Study ID

35489

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### DARWIN EU® study

No

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### Study countries

 Germany

 Italy

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## Study description

The aim of this study is to investigate usage of liraglutide for weight management in clinical practice.

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## Study status

Finalised

## Research institutions and networks

### Institutions

#### Novo Nordisk

**First published:** 01/02/2024

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Institution

Multiple centres: 50 centres are involved in the study

## Contact details

### Study institution contact

Clinical Reporting Anchor and Disclosure (1452) Novo Nordisk A/S  
pactadmin@novonordisk.com

**Study contact**

[pactadmin@novonordisk.com](mailto:pactadmin@novonordisk.com)

### **Primary lead investigator**

Clinical Reporting Anchor and Disclosure (1452) Novo Nordisk A/S

**Primary lead investigator**

## Study timelines

### **Date when funding contract was signed**

Planned: 25/02/2016

Actual: 25/02/2016

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### **Study start date**

Planned: 16/11/2016

Actual: 22/12/2016

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### **Date of final study report**

Planned: 31/05/2020

Actual: 04/10/2019

## Sources of funding

- Pharmaceutical company and other private sector

## More details on funding

Novo Nordisk

# Study protocol

[4241-protocol-redacted.pdf](#) (526.16 KB)

[4241-protocol-version-8.0-eu-pas-reg-redacted.pdf](#) (476.15 KB)

## Regulatory

### **Was the study required by a regulatory body?**

Yes

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### **Is the study required by a Risk Management Plan (RMP)?**

EU RMP category 3 (required)

## Other study registration identification numbers and links

U1111-1185-3661 (WHO)

## Methodological aspects

### Study type

### Study type list

### **Study topic:**

Disease /health condition

Human medicinal product

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**Study type:**

Non-interventional study

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**Scope of the study:**

Drug utilisation

Safety study (incl. comparative)

**Data collection methods:**

Secondary use of data

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**Main study objective:**

To assess the use of Saxenda® according to the approved indication

## Study Design

**Non-interventional study design**

Cohort

Other

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**Non-interventional study design, other**

Post Authorisation Safety Study (PASS)

## Study drug and medical condition

**Study drug International non-proprietary name (INN) or common name**

LIRAGLUTIDE

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## Medical condition to be studied

Obesity

## Population studied

### Short description of the study population

To be eligible for this full study, patients were required to meet both of the following inclusion criteria:

1. Initiation of Saxenda® or Victoza® (initiation is defined as no prescription of the same brand within the previous 12 months).
2. Informed consent obtained before any study-related activities. Study-related activities (e.g. data collection) are any procedures that are carried out as part of the study, including activities to determine suitability of the study.

Exclusion criteria:

1. Patients or physicians who previously participated in interventional programs for Saxenda® or Victoza® will not be eligible to participate in the study.
  2. For the full study, sites and patients included in the pilot will be excluded.
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### Age groups

- Adults (18 to < 46 years)
  - Adults (46 to < 65 years)
  - Adults (65 to < 75 years)
  - Adults (75 to < 85 years)
  - Adults (85 years and over)
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### Estimated number of subjects

316

## Study design details

## Outcomes

Number of p with BMI above or equal to 30 kg/m<sup>2</sup>Number of patients with BMI above or equal to 27kg/m<sup>2</sup> and below 30 kg/m<sup>2</sup> and 1 or more comorbidityNumber of patients with above or equal to 27 kg/m<sup>2</sup> and below 30 kg/m<sup>2</sup> and no comorbiditiesNumber of patients with BMI below 27 kg/m<sup>2</sup>Number of patients with BMI not measured, See attached protocol

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## Data analysis plan

As this is a descriptive study that will investigate in-market utilisation of liraglutide, no formal statistical testing will be conducted.

## Documents

### Study results

[4241-nsr-nn-trials-redacted.pdf](#) (1.13 MB)

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## Data management

### ENCePP Seal

The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

## Data sources

## **Data sources (types)**

Other

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### **Data sources (types), other**

Retrospective abstraction of data from patient medical records

## Use of a Common Data Model (CDM)

### **CDM mapping**

No

## Data quality specifications

### **Check conformance**

Unknown

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### **Check completeness**

Unknown

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### **Check stability**

Unknown

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### **Check logical consistency**

Unknown

## Data characterisation

### **Data characterisation conducted**

No