A pragmatic, cluster randomized trial evaluating the impact of an enhanced adherence package (dual bronchodilator+add-on+app) on time to treatment failure and other clinical outcomes in exacerbating COPD patients with poor adherence to mono or dual therapy over one year (MAGNIFY)

First published: 24/09/2019 Last updated: 02/07/2024



## Administrative details

#### **EU PAS number**

EUPAS31405

#### Study ID

34422

No

#### **Study countries**

United Kingdom

#### **Study description**

Not taking medications as prescribed is an issue affecting patients irrespective of disease and treatment type and can lead to poor clinical outcomes such as worsening symptoms. In COPD, guidelines have noted the importance of supporting patients with their regular inhaler use as part of COPD management. This study (MAGNIFY) will enable randomly selected GP practices to support COPD inhaler use in their patients through a new technology by Propeller Health (US). This technology includes a device which is attached to the Ultibro® inhaler, monitors inhalations and sends reminders to the user's smartphone to take their daily dose. As part of this research, the device can be offered to suitable patients for 12 months. At theend of the study, researchers will assess the impact of the technology on clinical outcomes such as COPD exacerbations and medication use. Outside this research, the technology is currently available to healthcare providers in the UK through programs with Propeller Health with a range of inhalers. The study aims to recruit 176 GP practices in the UK and collect non-identifiable data from 2624 people. Halfof the participating GP practices will be randomly selected to receive access to the technology. The other GP practices will continue their usual patient care. The study does not involve any visits outside usual care. Data will be extracted from the participating GP practices' routine medical records at each site at the beginning of the study and regularly until the end of the study. All data will be stored in an ethically approved Optimum Patient Care Research Database (https://opcrd.co.uk). Any data shared with the researchers will be fully deidentified.

#### Study status

Planned

# Research institutions and networks

## Institutions

Observational & Pragmatic Research Institute Pte
(OPRI)
United Kingdom
First published: 06/10/2015
Last updated: 19/08/2024
Institution Educational Institution Laboratory/Research/Testing facility
ENCePP partner

## Networks



# Contact details

#### Study institution contact

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Study contact

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**Primary lead investigator** Rupert Jones

Primary lead investigator

# Study timelines

Date when funding contract was signed Actual: 13/06/2019

Study start date Planned: 01/03/2020

Date of final study report Planned: 15/12/2021

## Sources of funding

- Other
- Pharmaceutical company and other private sector

## More details on funding

Novartis Pharma AG, OPRI Pte Ltd

Regulatory

#### Was the study required by a regulatory body?

No

Is the study required by a Risk Management Plan (RMP)? Not applicable

# Other study registration identification numbers and links

ISRCTN Study ID: ISRCTN10567920 ADEPT Approval: ADEPT0719

## Methodological aspects

Study type

# Study type list

#### Study type:

Clinical trial

#### Main study objective:

The primary objective of this study is to assess the time to treatment failure in patients on Ultibro®+add-on device+app ("adherence support arm" ASA) compared with patients receiving usual routine clinical care. This assessment will focus on patients who are suitable for, and accept the add-on device/app technology (primary populations). 2

# Study Design

#### **Clinical trial randomisation**

Randomised clinical trial

# Study drug and medical condition

#### Medical condition to be studied

Chronic obstructive pulmonary disease

## Population studied

#### Age groups

Adults (46 to < 65 years) Adults (65 to < 75 years) Adults (75 to < 85 years) Adults (85 years and over)

## Estimated number of subjects

1312

# Study design details

#### Outcomes

Time to treatment failure, where treatment failure is defined as the first occurrence of: • Moderate/severe COPD exacerbation • Prescription of triple therapy (ICS/LABA/LAMA) • Prescription of additional chronic therapy • Respiratory-related death, 1) Adherence (based on prescription (Rx) refill records over 12 months) 2) Moderate/severe exacerbations (in terms of the proportion of patients with at least one moderate/severe exacerbation at 12

#### Data analysis plan

For primary analysis, time-to-event analysis will be performed to analyse the association between intervention and time to first outcome event (treatment failure) with censoring at the time of death or loss to follow-up.

## Data management

## Data sources

#### Data source(s)

Optimum Patient Care Research Database

#### Data sources (types)

Electronic healthcare records (EHR)

## Use of a Common Data Model (CDM)

#### **CDM** mapping

No

## Data quality specifications

#### Check conformance

Unknown

#### **Check completeness**

Unknown

#### Check stability

Unknown

#### Check logical consistency

Unknown

## Data characterisation

#### Data characterisation conducted

No