

# Assessment of physical functioning and handling of Spiolto® Respimat® in patients with chronic obstructive pulmonary disease (COPD) requiring long-acting dual bronchodilation in routine clinical practice (SPIRIT)

**First published:** 08/03/2016

**Last updated:** 01/04/2024

Study

Finalised

## Administrative details

### EU PAS number

EUPAS12709

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### Study ID

29782

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### DARWIN EU® study

No

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## Study countries

☐ Germany

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## Study description

The primary objective of the study is to measure changes in physical functioning - serving as a surrogate for physical activity and exercise capacity - in COPD patients being treated with Spiolto® Respimat® after approximately 6 weeks. A secondary objective is to evaluate the patient's general condition (physician's evaluation) at visit 1 (baseline visit at the start of the study) and at visit 2 (final visit at the end of the study, approx. 6 weeks after visit 1), as well as patient satisfaction with Spiolto® Respimat® at visit 2.

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## Study status

Finalised

# Research institutions and networks

## Institutions

**Boehringer Ingelheim**

**First published:** 01/02/2024

**Last updated:** 01/02/2024

**Institution**

**Multiple centres: 650 centres are involved in the study**

## Contact details

### Study institution contact

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Study contact

[info@boehringer-ingelheim.com](mailto:info@boehringer-ingelheim.com)

### Primary lead investigator

Boehringer Ingelheim

Primary lead investigator

## Study timelines

### Date when funding contract was signed

Planned: 31/12/2015

Actual: 31/12/2015

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### Study start date

Planned: 29/02/2016

Actual: 11/02/2016

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### Date of final study report

Planned: 16/09/2017

Actual: 06/11/2017

## Sources of funding

- Pharmaceutical company and other private sector

## More details on funding

Boehringer Ingelheim Pharma GmbH&Co.KG

## Regulatory

### **Was the study required by a regulatory body?**

No

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### **Is the study required by a Risk Management Plan (RMP)?**

Not applicable

## Methodological aspects

### Study type

### Study type list

#### **Study topic:**

Disease /health condition

Human medicinal product

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#### **Study type:**

Non-interventional study

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#### **Scope of the study:**

Drug utilisation

Effectiveness study (incl. comparative)

**Data collection methods:**

Primary data collection

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**Main study objective:**

to measure changes in physical functioning -as a surrogate for physical activity and exercise capacity- in COPD patients being treated with Spiolto® Respimat® after approximately 6 weeks

## Study Design

**Non-interventional study design**

Cohort

## Study drug and medical condition

**Anatomical Therapeutic Chemical (ATC) code**

(R03AL) Adrenergics in combination with anticholinergics incl. triple combinations with corticosteroids

Adrenergics in combination with anticholinergics incl. triple combinations with corticosteroids

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**Medical condition to be studied**

Bronchial obstruction

## Population studied

## **Short description of the study population**

Chronic obstructive pulmonary disease (COPD) patients being treated with Spiolto® Respimat®.

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### **Age groups**

Adults (18 to < 46 years)

Adults (46 to < 65 years)

Adults (65 to < 75 years)

Adults (75 to < 85 years)

Adults (85 years and over)

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### **Special population of interest**

Other

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### **Special population of interest, other**

Chronic obstructive pulmonary disease (COPD) patients

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### **Estimated number of subjects**

2000

## **Study design details**

### **Outcomes**

Primary objective: Measure changes in physical functioning by PF-10 questionnaire in COPD patients treated with Spiolto Respimat after ca. 6 weeks in routine clinical practice, to evaluate the patient's general condition (physician's evaluation) at visit 1 (baseline visit at the start of the study) and at visit 2 (final visit at the end of the study, approx. 6 weeks after visit 1), as well as patient satisfaction with Spiolto® Respimat® at visit 2

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## Data analysis plan

Primary outcome: “therapeutic success” at visit 2.(10-point increase in the PF-10 score between visit 1 and visit 2).Secondary outcomes:Change in the PF-10 score from visit 1 to visit 2.General condition of the patient evaluated by the physician: PGE-score at visit 1 and visit 2.Patient satisfaction with Spiolto® Respimat® at visit 2.Subgroup analysis for maintenance naïve patients and the ones alreadytreated at baseline with long acting bronchodilators or LABA + ICSwill be performed for the primary outcome.Subgroup analyses will be performed by GOLD spirometricclassifications (2 vs. 3/4) and GOLD patient groups (B vs. C/D and Bvs. C vs. D) for the primary endpoint and changes in PF-10 for thesecondary outcome.

## Data management

### ENCePP Seal

The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

## Data sources

### Data sources (types)

[Other](#)

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### Data sources (types), other

Prospective patient-based data collection

## Use of a Common Data Model (CDM)

**CDM mapping**

No

Data quality specifications

**Check conformance**

Unknown

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**Check completeness**

Unknown

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**Check stability**

Unknown

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**Check logical consistency**

Unknown

Data characterisation

**Data characterisation conducted**

No