

# Assessment of physical functioning and handling of Spiolto® Respimat® in patients with chronic obstructive pulmonary disease (COPD) requiring long-acting dual bronchodilation in routine clinical practice (SPIRIT)

**First published:** 08/03/2016

**Last updated:** 01/04/2024

Study

Finalised

## Administrative details

### PURI

<https://redirect.ema.europa.eu/resource/29782>

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### EU PAS number

EUPAS12709

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### Study ID

29782

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## DARWIN EU® study

No

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### Study countries

☐ Germany

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### Study description

The primary objective of the study is to measure changes in physical functioning - serving as a surrogate for physical activity and exercise capacity - in COPD patients being treated with Spiolto® Respimat® after approximately 6 weeks. A secondary objective is to evaluate the patient's general condition (physician's evaluation) at visit 1 (baseline visit at the start of the study) and at visit 2 (final visit at the end of the study, approx. 6 weeks after visit 1), as well as patient satisfaction with Spiolto® Respimat® at visit 2.

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### Study status

Finalised

## Research institutions and networks

### Institutions

**Boehringer Ingelheim**

**First published:** 01/02/2024

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**Institution**

Multiple centres: 650 centres are involved in the study

## Contact details

### Study institution contact

Andrea Marseille

Study contact

[info@boehringer-ingelheim.com](mailto:info@boehringer-ingelheim.com)

### Primary lead investigator

Boehringer Ingelheim

Primary lead investigator

## Study timelines

### Date when funding contract was signed

Planned: 31/12/2015

Actual: 31/12/2015

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### Study start date

Planned: 29/02/2016

Actual: 11/02/2016

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### Date of final study report

Planned: 16/09/2017

Actual: 06/11/2017

## Sources of funding

- Pharmaceutical company and other private sector

## More details on funding

Boehringer Ingelheim Pharma GmbH&Co.KG

## Regulatory

**Was the study required by a regulatory body?**

No

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**Is the study required by a Risk Management Plan (RMP)?**

Not applicable

## Methodological aspects

### Study type

### Study type list

**Study topic:**

Disease /health condition

Human medicinal product

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**Study type:**

Non-interventional study

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**Scope of the study:**

Drug utilisation

Effectiveness study (incl. comparative)

**Data collection methods:**

Primary data collection

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**Main study objective:**

to measure changes in physical functioning -as a surrogate for physical activity and exercise capacity- in COPD patients being treated with Spiolto® Respimat® after approximately 6 weeks

## Study Design

**Non-interventional study design**

Cohort

## Study drug and medical condition

**Anatomical Therapeutic Chemical (ATC) code**

(R03AL) Adrenergics in combination with anticholinergics incl. triple combinations with corticosteroids

Adrenergics in combination with anticholinergics incl. triple combinations with corticosteroids

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## Medical condition to be studied

Bronchial obstruction

## Population studied

### Short description of the study population

Chronic obstructive pulmonary disease (COPD) patients being treated with Spiolto® Respimat®.

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### Age groups

Adults (18 to < 46 years)

Adults (46 to < 65 years)

Adults (65 to < 75 years)

Adults (75 to < 85 years)

Adults (85 years and over)

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### Special population of interest

Other

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### Special population of interest, other

Chronic obstructive pulmonary disease (COPD) patients

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### Estimated number of subjects

2000

## Study design details

## Outcomes

Primary objective: Measure changes in physical functioning by PF-10 questionnaire in COPD patients treated with Spiolto Respimat after ca. 6 weeks in routine clinical practice, to evaluate the patient's general condition (physician's evaluation) at visit 1 (baseline visit at the start of the study) and at visit 2 (final visit at the end of the study, approx. 6 weeks after visit 1), as well as patient satisfaction with Spiolto® Respimat® at visit 2

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## Data analysis plan

Primary outcome: “therapeutic success” at visit 2.(10-point increase in the PF-10 score between visit 1 and visit 2).Secondary outcomes:Change in the PF-10 score from visit 1 to visit 2.General condition of the patient evaluated by the physician: PGE-score at visit 1 and visit 2.Patient satisfaction with Spiolto® Respimat® at visit 2.Subgroup analysis for maintenance naïve patients and the ones alreadytreated at baseline with long acting bronchodilators or LABA + ICSwill be performed for the primary outcome.Subgroup analyses will be performed by GOLD spirometricclassifications (2 vs. 3/4) and GOLD patient groups (B vs. C/D and Bvs. C vs. D) for the primary endpoint and changes in PF-10 for thesecondary outcome.

## Data management

## Data sources

### Data sources (types)

Other

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## **Data sources (types), other**

Prospective patient-based data collection

## Use of a Common Data Model (CDM)

### **CDM mapping**

No

## Data quality specifications

### **Check conformance**

Unknown

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### **Check completeness**

Unknown

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### **Check stability**

Unknown

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### **Check logical consistency**

Unknown

## Data characterisation

### **Data characterisation conducted**

No