Drug utilization study of mirabegron (Betmiga®) using real-world healthcare databases from the Netherlands, Spain, United Kingdom and Finland (Mirabegron DUS)

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# Administrative details

EU PAS number		
EUPAS15063		
Study ID		
29595		
DARWIN EU® study		
No		
Study countries		
Finland		
Netherlands		

Spain	
United	Kingdom

## Study description

The mirabegron (Betmiga®) Summary of Product Characteristics (SmPC) states that the drug is contraindicated in patients with "Severe uncontrolled hypertension defined as systolic blood pressure ≥180 mm Hg and/or diastolic blood pressure ≥110 mm Hg". In accordance and compliance with the European Medicines Agencies (EMA's) Pharmacovigilance Risk Assessment Committee (PRAC) request, a Direct Healthcare Professional Communication (DHPC) letter was disseminated on 7 September 2015 as a risk minimization activity in 30 countries in EU. In line with the EMA CHMP guideline Module IX, an effectiveness check of this risk minimization activity was proposed by Astellas. A drug utilization study (DUS) on the use of mirabegron in the Netherlands, Spain, United Kingdom and Finland will be performed as a risk minimization effectiveness check measure. The objectives of the study are to assess the effectiveness of the Direct Healthcare Professional Communication (DHPC) letter as a risk minimization measure in the participating countries by quantifying the proportions of mirabegron initiators with documented severe uncontrolled hypertension (primary objective) and the frequency of blood pressure recordings at baseline and during mirabegron treatment, especially in hypertensive patients (secondary objective) before and after DHPC dissemination.

#### **Study status**

Finalised

Research institutions and networks

Institutions

The PHARMO Institute for Drug Outcomes Research				
(PHARMO Institute)				
Netherlands				
First published: 07/01/2022				
Last updated: 24/07/2024				
Institution				
Clinical Practice Research Datalink (CPRD)				
United Kingdom				
First published: 15/03/2010				
<b>Last updated:</b> 17/01/2025				
Institution (Laboratory/Research/Testing facility) (ENCePP partner)				
Global Database Studies, IQVIA				
Czechia				
Finland				
Germany				
Slovakia				
Spain				
First published: 17/01/2011				
Last updated: 31/07/2024				
Institution Other ENCePP partner				

# Fundació Institut Universitari per a la Recerca a l'Atenció Primària de Salut Jordi Gol i Gurina, IDIAPJGol Spain First published: 05/10/2012 Last updated: 23/02/2024 Institution Educational Institution Laboratory/Research/Testing facility Not-for-profit ENCePP partner

## Contact details

## **Study institution contact**

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Study contact

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## Primary lead investigator

Ron Herings

**Primary lead investigator** 

# Study timelines

Date when funding contract was signed

Actual: 26/07/2016

### Study start date

Actual: 21/02/2017

#### Data analysis start date

Actual: 17/03/2017

## **Date of final study report**

Actual: 11/07/2018

# Sources of funding

Pharmaceutical company and other private sector

## More details on funding

**Astellas** 

## Study protocol

178-pv-002-clp-en-final-v1-02.pdf(1.34 MB)

PHARMO-Study Protocol-Mirabegron DUS\_v1.2.pdf(1.39 MB)

# Regulatory

Was the study required by a regulatory body?

Yes

Is the study required by a Risk Management Plan (RMP)?

EU RMP category 3 (required)

# Methodological aspects

# Study type

#### **Study topic:**

Human medicinal product

#### Study type:

Non-interventional study

## Scope of the study:

Assessment of risk minimisation measure implementation or effectiveness

#### **Data collection methods:**

Secondary use of data

## Main study objective:

The objectives are to assess the effectiveness of the DHPC letter as a risk minimization measure by quantifying the proportions of mirabegron initiators with severe uncontrolled hypertension (primary objective) and the frequency of blood pressure recordings at baseline and during mirabegron treatment, especially in hypertensive patients (secondary objective) before and after DHPC dissemination.

## Study Design

### Non-interventional study design

Cohort

# Study drug and medical condition

## **Anatomical Therapeutic Chemical (ATC) code**

(G04BD12) mirabegron mirabegron

#### Medical condition to be studied

Hypertension

## Population studied

#### Short description of the study population

Mirabegron initiators during the years 2012-2016.

#### Age groups

Adults (18 to < 46 years)

Adults (46 to < 65 years)

Adults (65 to < 75 years)

Adults (75 to < 85 years)

Adults (85 years and over)

## **Estimated number of subjects**

50000

## Study design details

#### **Outcomes**

For the primary objective we will assess whether the proportions of mirabegron initiators with documented hypertension (severe uncontrolled hypertension but also controlled hypertension or non-severe uncontrolled hypertension) differ

between the time periods before and after DHPC dissemination. For the secondary objective we will asses whether the frequency of blood pressure recordings at initiation and during mirabegron treatment among initiators with documented hypertension at index date differ between the time periods before and after DHPC dissemination.

#### **Data analysis plan**

The DHCP letter was disseminated on 7 September 2015. The analysis pre- and post dissemination will take this date as the intervention date. Besides a pre- and post dissemination analysis, incremental changes over time will be assessed using the aggregated data per quarter (January-March, April-June, July-September and October-December). To estimate incremental changes in response to the DHPC letter in the proportion of mirabegron initiators with normal blood pressure, controlled hypertension, non-severe uncontrolled hypertension and severe uncontrolled hypertension at index date (primary objective), an interrupted time series approach will be applied on the respective proportions in each quarter. The frequency of blood pressure recordings will be assessed before initiation of and during mirabegron treatment (see section 9.3.4). Blood pressure recordings at or before index date (up to 6 months) will be reported separately from the recordings during treatment.

## **Documents**

#### **Study results**

178-pv-002-clgr-disc01-en-final-04.pdf(111.31 KB)

## Data management

## Data sources

#### Data source(s)

Clinical Practice Research Datalink

The Information System for Research in Primary Care (SIDIAP)

PHARMO Data Network

### **Data sources (types)**

Administrative healthcare records (e.g., claims)

Drug dispensing/prescription data

Electronic healthcare records (EHR)

Other

### Data sources (types), other

The Finnish data sources include the e-Prescription Register, Care Register for Health Care, Register of Primary Health Care Visits, Population Register Centre and Causes of Death Registry of Finland and electronic medical record databases of city of Helsinki, Vantaa and Espoo.

## Use of a Common Data Model (CDM)

## **CDM** mapping

No

## Data quality specifications

#### **Check conformance**

Unknown

## **Check completeness**

Unknown

## **Check stability**

Unknown

## **Check logical consistency**

Unknown

# Data characterisation

## **Data characterisation conducted**

Unknown