

A prospective, multi-national, multicentre, non-interventional study to evaluate the long term safety of Esmya, in particular the endometrial safety, and the current prescription and management patterns of Esmya in a long term treatment setting

**First published:** 20/12/2016

**Last updated:** 09/01/2025

Study

Finalised

## Administrative details

### EU PAS number

EUPAS16792

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### Study ID

28785

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### DARWIN EU® study

No

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### Study countries

- ☐ Belgium
  - ☐ Czechia
  - ☐ Denmark
  - ☐ France
  - ☐ Germany
  - ☐ Hungary
  - ☐ Italy
  - ☐ Latvia
  - ☐ Lithuania
  - ☐ Netherlands
  - ☐ Poland
  - ☐ Portugal
  - ☐ Romania
  - ☐ Spain
  - ☐ Sweden
  - ☐ United Kingdom
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### **Study description**

This is a multi-centre, multinational, prospective, non-interventional study in females with a diagnosis of moderate to severe uterine fibroids, and for whom a treatment with Esmya in a long term manner is planned, and in subjects who were previously exposed to UPA in the long term Phase III studies. It is planned to enroll approximately 1,500 patients. Consecutive, eligible, patients will be invited to enroll from approximately 100-150 European Union (EU) clinical practice sites in approximately 15 countries. Patients will be followed for an observation period of 60 months (5 years) from treatment start. Investigators are to manage and treat patients according to their standard medical practice.

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### **Study status**

Finalised

## Research institutions and networks

## Institutions

### PregLem

**First published:** 01/02/2024

**Last updated:** 01/02/2024

Institution

### Gedeon Richter

**First published:** 01/02/2024

**Last updated:** 01/02/2024

Institution

Multiple centres: 153 centres are involved in the study

## Contact details

### Study institution contact

Zsófia Sversits [zs.sversits@gedeonrichter.com](mailto:zs.sversits@gedeonrichter.com)

Study contact

[zs.sversits@gedeonrichter.com](mailto:zs.sversits@gedeonrichter.com)

## Primary lead investigator

Daniela Ciobanu

Primary lead investigator

## Study timelines

### Date when funding contract was signed

Planned: 22/12/2015

Actual: 18/12/2015

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### Study start date

Planned: 31/12/2015

Actual: 22/12/2015

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### Date of final study report

Planned: 16/09/2024

Actual: 04/10/2024

## Sources of funding

- Pharmaceutical company and other private sector

## More details on funding

Gedeon Richter Plc

## Study protocol

[PREMIUM\\_Protocol Version 1.3\\_including Amendment 04\\_21Aug2018\\_PGL\\_FINAL.pdf](#) (4.97 MB)

## Regulatory

**Was the study required by a regulatory body?**

Yes

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**Is the study required by a Risk Management Plan (RMP)?**

EU RMP category 3 (required)

**Other study registration identification numbers and links**

NCT02748460

**Methodological aspects**

**Study type**

**Study type list**

**Study topic:**

Human medicinal product

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**Study type:**

Non-interventional study

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**Scope of the study:**

Drug utilisation

**Main study objective:**

The specific objectives of the study are to:

1. Assess the long term safety, including endometrial safety, of Esmya in standard medical practice
2. Assess prescription patterns of Esmya in standard medical practice.

Exploratory objective: Assess patients' quality of life in a long-term treatment setting.

## Study drug and medical condition

### **Medicinal product name**

ESMYA

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### **Study drug International non-proprietary name (INN) or common name**

ULIPRISTAL ACETATE

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### **Anatomical Therapeutic Chemical (ATC) code**

(G03XB02) ulipristal

ulipristal

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### **Medical condition to be studied**

Uterine leiomyoma

## Population studied

### **Age groups**

- Adults (18 to < 46 years)

- Adults (46 to < 65 years)
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## **Estimated number of subjects**

1500

## Study design details

### **Data analysis plan**

The majority of statistical analyses will be descriptive, reporting patient counts, means, standard deviations, medians, minima, and maxima for continuous variables (e.g. age and duration of symptomatic uterine fibroids) and frequencies and percentages for categorical variables (e.g. disease symptoms, prescription pattern, diagnostic test results). Two-sided 95% confidence intervals will be estimated as appropriate and reported along with p-values to facilitate the interpretation of the significance of the findings. These findings will be compared to published epidemiological data on pre-menopausal women with abnormal uterine bleeding (AUB), where available. Baseline data (i.e. data collected prior to the first administration of Esmya), including relevant demographic characteristics will be summarised for all treated subjects. Full details of all analysis to be carried out will be presented in the Statistical Analysis Plan (SAP).

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### **Summary results**

This was a prospective, multicentre, non-interventional study in female patients who had been diagnosed with moderate to severe symptoms of uterine fibroids and were initiating long-term treatment with Esmya (PGL14-001, PREMIUM) or patients who were previously exposed to ulipristal acetate 5 or 10 mg in the long-term Phase III studies.

Eligible, consenting patients were enrolled from approximately 100 to 150

clinical practice sites in the EU and United Kingdom and were followed for 60 months from treatment start according to the standard medical practice of their physician.

This study provided real-world data related to the longterm safety, including endometrial safety, and current prescription patterns of Esmya as treatment for symptomatic uterine fibroids from 1359 patients who had received at least one dose of Esmya/ulipristal acetate. This study also aimed to address the following safety concerns included in the current ulipristal acetate Risk Management Plan and identified:

- 7 (0.5%) patients with inappropriate management of endometrium thickening.
- 2 (0.15%) patients with suspected inappropriate diagnosis of endometrial hyperplasia.
- 11 (0.8%) patients with suspected acute uterine bleeding requiring immediate intervention. No trend could be identified for these cases.
- 104 (7.7%) patients with continuous treatment courses beyond 3 months. No safety concern was identified among these patients compared to the rest of the study population.
- No long-term effects of prolonged treatment on the endometrium (continuous course beyond 3 months or more than 4 intermittent treatment courses).
- One case of atypical hyperplasia and one case of endometrial adenocarcinoma, however, there were no cases identified with delayed diagnosis of atypical endometrial hyperplasia or adenocarcinoma.
- No identified reports of Esmya treatment having either a beneficial or adverse impact on (uterine fibroid) surgery.

No new safety concerns have been identified in this study

## Data management

## ENCePP Seal



The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

## Data sources

### Data sources (types)

Other

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### Data sources (types), other

Prospective patient-based data collection

## Use of a Common Data Model (CDM)

### CDM mapping

No

## Data quality specifications

### Check conformance

Unknown

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### Check completeness

Unknown

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### Check stability

Unknown

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**Check logical consistency**

Unknown

Data characterisation

**Data characterisation conducted**

Unknown