

# The Effectiveness and Safety of Triple 2ml Hyaluronic Acid Intra-articular Injection (Suplasyn®) in Managing Symptomatic Primary Osteoarthritis of the Knee in Real-life Practice: ESTIK Survey

**First published:** 30/11/2015

**Last updated:** 01/04/2024

Study

Finalised

## Administrative details

### EU PAS number

EUPAS11712

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### Study ID

28698

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### DARWIN EU® study

No

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### Study countries

☐ Armenia

☐ Croatia

- ☐ Czechia
  - ☐ Kazakhstan
  - ☐ Saudi Arabia
  - ☐ Slovenia
  - ☐ Uzbekistan
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### **Study description**

The current study is designed to assess the effectiveness and safety of Suplasyn® 2ml injections in a 26-week, international, multicenter, non-interventional observational study of patients recommended with one 2 ml intra-articular injection of Suplasyn® per week for three consecutive weeks with for the treatment of knee osteoarthritis. The intention is to assess the efficacy and safety of the treatment in real-life practice. Our primary target is to obtain and verify long-term outcomes from a naturalistic primary care experience. Rationale for using viscosupplementation is to restore the protective viscoelasticity of synovial hyaluronic acid, decrease pain and improve mobility. Immediate benefit of viscosupplementation is the relief of pain while long-term benefits results are believed to include the return of joint mobility by the restoration of trans-synovial flow and the metabolic and rheological homeostasis of the joint. Short duration of HA within the joint does not fully explain the indisputable long-term clinical efficacy seen in practice. In this case, it is appropriate to evaluate, under real-life conditions, the short-term and long-term effectiveness of triple Suplasyn® 2ml intra-articular injections and to how the extended treatment regime may impact patient satisfaction or treatment safety.

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### **Study status**

Finalised

## **Research institutions and networks**

## Institutions

Krnov Hospital

Multiple centres: 24 centres are involved in the study

## Contact details

### Study institution contact

Pavel Martinek [clever@recerca.com](mailto:clever@recerca.com)

Study contact

[clever@recerca.com](mailto:clever@recerca.com)

### Primary lead investigator

Pavel Martinek

Primary lead investigator

## Study timelines

### Date when funding contract was signed

Actual: 16/06/2014

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### Study start date

Actual: 08/07/2014

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**Date of interim report, if expected**

Planned: 12/12/2016

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**Date of final study report**

Planned: 12/12/2016

Actual: 27/02/2018

## Sources of funding

- Pharmaceutical company and other private sector

## More details on funding

Mylan Institutional International

## Study protocol

[ESTIK Protocol\\_Adapted\\_130614.pdf](#)(267.81 KB)

## Regulatory

**Was the study required by a regulatory body?**

No

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**Is the study required by a Risk Management Plan (RMP)?**

Not applicable

## Methodological aspects

### Study type

### Study type list

**Study topic:**

Disease /health condition

Human medicinal product

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**Study type:**

Non-interventional study

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**Scope of the study:**

Assessment of risk minimisation measure implementation or effectiveness

Effectiveness study (incl. comparative)

**Data collection methods:**

Primary data collection

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**Main study objective:**

In this case, it is appropriate to evaluate, under real-life conditions, the short-term and long-term effectiveness of triple Suplasyn® 2ml intra-articular injections and to how the extended treatment regime may impact patient satisfaction or treatment safety.

## Study Design

**Non-interventional study design**

Other

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**Non-interventional study design, other**

Prospective cases-report

## Study drug and medical condition

**Name of medicine, other**

Suplasyn

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**Medical condition to be studied**

Osteoarthritis

## Population studied

**Short description of the study population**

Patients over 18 years old with Primary Knee Osteoarthritis (Kellgren's grades I to III) without effusion.

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**Age groups**

Adults (18 to < 46 years)

Adults (46 to < 65 years)

Adults (65 to < 75 years)

Adults (75 to < 85 years)

Adults (85 years and over)

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**Special population of interest**

Other

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**Special population of interest, other**

Knee Osteoarthritis patients

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**Estimated number of subjects**

300

## Study design details

## Outcomes

To assess changes in clinical outcome of patients with OA recommended with a triple Suplasyn® 2ml injection for viscosupplementation. - To evaluate the safety profile and adverse events (AEs) of Suplasyn® 2ml injections.- To evaluate the concomitant consumption of permitted rescue medications (analgesics, NSAIDS) throughout the study.- To evaluate characteristics of the beneficiary population (Intended to treat).

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## Data analysis plan

The primary efficacy endpoint is the change from baseline in the Oxford knee score assessing the function of the OA knee at 4 and 26 weeks and the change from baseline in the patient-rated knee OA pain assessment (100 mm visual analogue scale/VAS) at 4 and 26 weeks. Both scores obtained with the Oxford Knee Score and Pain VAS will be registered at 1 and 6 months following viscosupplementation of the knee. Continuous variables will be expressed as mean  $\pm$  Standard Deviation (SD) while categorical binary variables will be presented as percentages. Both primary and secondary objectives will be analyzed with tests for repeated measures to determinate the evolution of the variables throughout study visits. P values  $<0.05$  will be considered as statistically significant.

## Documents

### Study results

[EUPAS11712-28696.pdf](#)(4.55 MB)

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## Data management

## ENCePP Seal

The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

## Data sources

### Data sources (types)

[Electronic healthcare records \(EHR\)](#)

## Use of a Common Data Model (CDM)

### CDM mapping

No

## Data quality specifications

### Check conformance

Unknown

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### Check completeness

Unknown

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### Check stability

Unknown

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### Check logical consistency

Unknown

## Data characterisation



**Data characterisation conducted**

No