# THE RELIABILITY AND UTILITY OF BLOOD EOSINOPHILS AS A MARKER OF DISEASE BURDEN, HEALTHCARE RESOURCE UTILISATION IN CHRONIC OBSTRUCTIVE PULMONARY DISEASE (BLOOD EOSINOPHIL COUNT AND COPD)

**First published:** 12/11/2013 **Last updated:** 01/04/2024





# Administrative details

#### **PURI**

https://redirect.ema.europa.eu/resource/28222

#### **EU PAS number**

EUPAS4921

#### Study ID

28222

#### **DARWIN EU® study**

No

#### **Study countries**

**United Kingdom** 

#### **Study description**

The proposed study will use the United Kingdom's Optimum Patient Care Research Database (OPCRD) to explore the relationship between blood eosinophil count and future exacerbation risk in COPD. Additional analysis will also aim to validate blood eosinophil

count as a reliable, stable and responsive measure to assess its utility as a marker of disease risk. Exploratory investigations will also seek to characterise features of COPD patients with eosinophila in terms of their COPD stage, comorbid conditions and other clinical characteristics (respiratory symptoms, past history of exacerbations, risk factors).

#### Study status

Finalised

#### Research institution and networks

#### Institutions

#### Research in Real Life

First published: 01/02/2024

Last updated 01/02/2024

Institution

#### **Networks**

# Respiratory Effectiveness Group (REG)

Belgium

Denmark

France

Germany

Greece

Hungary

Italy

Netherlands

Spain

Sweden

United Kingdom

First published: 07/07/2021

Last updated

**Network** 

04/06/2024 **ENCePP** partner

### Contact details

Study institution contact Marjan Kerkhof



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#### Primary lead investigator

#### **David Price**

Primary lead investigator

# Study timelines

#### Date when funding contract was signed

Planned: 01/11/2013 Actual: 08/11/2013

#### Study start date

Planned: 04/11/2013 Actual: 18/11/2013

#### **Date of final study report**

Planned: 30/04/2014 Actual: 30/07/2014

# Sources of funding

Other

# More details on funding

Respiratory Effectiveness Group, Research in Real Life

# Study protocol

REG\_COPD Eosinophil Study Protocol\_8Nove\_ADEPT APPROVED.pdf(936.74 KB)

# Regulatory

Was the study required by a regulatory body?

No

Is the study required by a Risk Management Plan (RMP)?

Not applicable

# Methodological aspects

# Study type list

#### Study topic:

Disease /health condition

#### Study type:

Non-interventional study

#### Scope of the study:

Disease epidemiology

#### Data collection methods:

Combined primary and secondary data collection

#### Main study objective:

To establish the relationship between blood eosinophil count and future COPD exacerbations.

# Study Design

Non-interventional study design

Cohort

# Study drug and medical condition

#### Medical condition to be studied

Chronic obstructive pulmonary disease

# Population studied

#### Short description of the study population

All patients with a physician diagnosis of COPD rather than a strict, spirometrically-defined COPD population.

Patients with following criteria were included:

- Have ?1 recorded blood eosinophil count
- ?2 years of continuous medical records
- o ?1 baseline year immediately prior to the first recorded blood eosinophil count
- o ?1 outcome years immediately following the first recorded blood eosinophil count
- Aged ?40 years2
- Have physician-diagnosed COPD i.e. Read coded diagnosis.

#### Age groups

Adults (18 to < 46 years)

Adults (46 to < 65 years)

Adults (65 to < 75 years)

Adults (75 to < 85 years)

Adults (85 years and over)

#### Special population of interest

Other

#### Special population of interest, other

Chronic obstructive pulmonary disease (COPD) patients

#### **Estimated number of subjects**

35000

# Study design details

#### **Outcomes**

COPD exacerbations:1. Unscheduled hospital admission or A&E attendance for either COPD or lower respiratory events,2. An acute course of oral steroids prescribed with evidence of respiratory review, OR3. Antibiotics prescribed with evidence of respiratory review.

#### Data analysis plan

Phase 1: will assess whether a rasied eosinophil count can predict future COPD exacerbations. The expected number of exacerbations will be modelled with a Poisson regression model. Significant predictors of rasised eosinophil count will be included in the model, as well as other potential baseline confounders. Phase 2: will evaluate the presence and nature of change between successive blood eosinophil counts. A multinomial logistic regression will be used to compare the probability of decreasing/increasing the eosinophil count as function of therapy and exacerbationLogistic regression modeling will be used to evaluate the effect of different characteristics on probability of having a raised COPD

eosinophil count.

#### **Documents**

#### Study publications

Kerkhof, M., Sonnappa, S., Postma, D.S., Brusselle, G., Agusti, A., Anzueto, A...

# Data management

#### Data sources

Data source(s), other OPCRD

#### Data sources (types)

Electronic healthcare records (EHR)
Other

#### Data sources (types), other

Prospective patient-based data collection, The Optimum Patient Care Research Database (OPCRD). OPCRD contains all records from primary care practices in the UK who subscribe to the Optimum Patient Care (OPC) respiratory review. The dataset consists of both routine primary care electronic patient records + patient-reported questionnaire data (for a subset of patients who completed disease-specific questionnaires as part of the review).

# Use of a Common Data Model (CDM)

#### **CDM** mapping

No

# Data quality specifications

#### **Check conformance**

Unknown

# **Check completeness**

Unknown

# **Check stability**

Unknown

**Check logical consistency** 

Unknown

# Data characterisation

**Data characterisation conducted** 

Unknown