

# An observational historical cohort study to evaluate chronic disease onset associated with long-term oral corticosteroid and its cost impact on patients in the OPCRD / CPRD databases

**First published:** 08/12/2016

**Last updated:** 02/07/2024

Study

Finalised

## Administrative details

### EU PAS number

EUPAS15175

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### Study ID

27222

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### DARWIN EU® study

No

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### Study countries

 United Kingdom

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## Study description

A matched historical cohort study to determine side effects of long-term/intermittent use of oral corticosteroids (OCS) and to measure the mean time required for the onset of side effects in patients prescribed OCS.

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## Study status

Finalised

## Research institutions and networks

### Institutions

#### Observational & Pragmatic Research Institute Pte (OPRI)

 United Kingdom

**First published:** 06/10/2015

**Last updated:** 19/08/2024

**Institution**

Educational Institution

Laboratory/Research/Testing facility

ENCePP partner

## Contact details

### Study institution contact

David Price [dprice@opri.sg](mailto:dprice@opri.sg)

Study contact

[dprice@opri.sg](mailto:dprice@opri.sg)

## Primary lead investigator

David Price

Primary lead investigator

## Study timelines

### Date when funding contract was signed

Planned: 06/09/2016

Actual: 06/09/2016

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### Study start date

Planned: 01/11/2016

Actual: 25/11/2016

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### Data analysis start date

Planned: 20/12/2016

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### Date of interim report, if expected

Planned: 31/01/2017

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### Date of final study report

Planned: 29/09/2017

Actual: 31/07/2017

## Sources of funding

- Pharmaceutical company and other private sector

## More details on funding

AstraZeneca

## Regulatory

### **Was the study required by a regulatory body?**

No

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### **Is the study required by a Risk Management Plan (RMP)?**

Not applicable

## Methodological aspects

### Study type

### Study type list

#### **Study topic:**

Disease /health condition

Human medicinal product

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#### **Study type:**

Non-interventional study

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#### **Scope of the study:**

Assessment of risk minimisation measure implementation or effectiveness

**Data collection methods:**

Secondary use of data

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**Main study objective:**

To establish the association between long term (total dose, total duration and average total daily dose and current measures (current dose and current use) of OCS exposure and incidence of related conditions such as type 2 diabetes mellitus, osteoporosis/ osteoporotic fractures, hypertension, glaucoma, sleep apnoea, weight gain and depression/anxiety.

## Study Design

**Non-interventional study design**

Cohort

Other

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**Non-interventional study design, other**

Historical cohort database study

## Study drug and medical condition

**Medical condition to be studied**

Type 2 diabetes mellitus

Hypertension

Osteoporosis

Sleep disorder

Sleep apnoea syndrome

Pneumonia

Glaucoma

Cataract

Depression

Anxiety

## Population studied

### Short description of the study population

Patients in OPCR / CPRD databases prescribed with long-term oral corticosteroid

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### Age groups

- Adults (18 to < 46 years)
  - Adults (46 to < 65 years)
  - Adults (65 to < 75 years)
  - Adults (75 to < 85 years)
  - Adults (85 years and over)
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### Estimated number of subjects

108217

## Study design details

### Outcomes

type 2 diabetes, osteoporosis/osteoporotic fractures, hypertension, glaucoma, sleep apnoea, weight gain and depression/anxiety. pneumonia, cataracts, sleep disorders, cardiovascular disease, chronic kidney disease, dyslipidaemia and peptic ulcer disease. Annualised healthcare resource utilisation and related cost

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### Data analysis plan

Different time-dependent OCS exposure measures will be explored, defined as current use (yes/no), current dose (mg/day), total dose (g), total duration of exposure (months) and average total daily dose (mg/day). For each corticosteroid related condition, multivariable Cox proportional hazard models will be fitted separately for each of the five time-dependent OCS exposure measures. To determine critical OCS dose thresholds, total dose and daily dose will be categorised into relevant levels and the risk of developing the outcome of interest will be compared between each category of corticosteroid treatment arm and control arm.

## Data management

### ENCePP Seal

The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

## Data sources

### **Data source(s)**

Clinical Practice Research Datalink

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### **Data sources (types)**

[Electronic healthcare records \(EHR\)](#)

## Use of a Common Data Model (CDM)

## **CDM mapping**

No

## Data quality specifications

### **Check conformance**

Unknown

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### **Check completeness**

Unknown

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### **Check stability**

Unknown

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### **Check logical consistency**

Unknown

## Data characterisation

### **Data characterisation conducted**

Unknown