

Using real-life patient records to help identify predictors of future exacerbation risk (Asthma risk predictors)

First published: 14/11/2013

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Study

Finalised

Administrative details

EU PAS number

EUPAS4869

Study ID

26292

DARWIN EU® study

No

Study countries

United Kingdom

Study description

Background: Increased understanding of exacerbation patterns and the individual and clusters of risk factors associated with them could help to define 'frequent exacerbators' more meaningfully (e.g. as a persistent group of patients at the high end of the control continuum, or a dynamic group population made up of patients experiencing disease phases during which their exacerbation risk is elevated due to specific triggers). Improved understanding of the relationships between patient characteristics and frequent exacerbation risk will help to inform the development of new assessment tools, treatment strategies and interventions aimed at reducing the significant morbidity (and cost) associated with asthma exacerbations. This study aims to identify patient characteristics recorded within routine primarycare datasets that are associated with increased risk of frequent asthma exacerbations, with the ultimate goal of:

1. Characterising the frequent exacerbator subgroup of asthma patients
2. Identifying individual risk factors associated with increased future exacerbation risk
3. Exploring clusters of risk factors associated with increased risk of future exacerbation risk.

Study status

Finalised

Research institutions and networks

Institutions

[Research in Real Life](#)

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Networks

Respiratory Effectiveness Group (REG)

- Belgium
- Denmark
- France
- Germany
- Greece
- Hungary
- Italy
- Netherlands
- Spain
- Sweden
- United Kingdom

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Network

ENCePP partner

Contact details

Study institution contact

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Study contact

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Primary lead investigator

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Primary lead investigator

Study timelines

Date when funding contract was signed

Planned: 08/10/2013

Actual: 02/12/2013

Study start date

Planned: 06/01/2014

Actual: 06/01/2014

Date of final study report

Planned: 30/04/2014

Actual: 31/12/2014

Sources of funding

- Other

More details on funding

Respiratory Effectiveness Group (REG), Research in Real Life Ltd

Study protocol

[Asthma risk characterisation_REG study proposal_12Nov13.pdf \(1.8 MB\)](#)

Regulatory

Was the study required by a regulatory body?

No

Is the study required by a Risk Management Plan (RMP)?

Not applicable

Methodological aspects

Study type

Study type list

Study topic:

Disease /health condition

Study type:

Non-interventional study

Scope of the study:

Disease epidemiology

Data collection methods:

Main study objective:

To identify patient characteristics recorded within routine primary care datasets that are associated with increased risk of frequent asthma exacerbations with a view to building a risk assessment model to "Score" patients in terms of their future exacerbation risk.

Study Design

Non-interventional study design

Cohort

Cross-sectional

Study drug and medical condition

Medical condition to be studied

Asthma

Population studied

Short description of the study population

Patients aged 12–80 years who have physician diagnosed asthma and ≥ 3 years of continuous medical records.

Age groups

- Adolescents (12 to < 18 years)

- Adults (18 to < 46 years)
- Adults (46 to < 65 years)
- Adults (65 to < 75 years)
- Adults (75 to < 85 years)

Special population of interest

Other

Special population of interest, other

Asthma patients

Estimated number of subjects

50000

Study design details

Outcomes

Co-primary outcomes:

- Moderate-to-severe exacerbations: based on the ATS/ERS taskforce definition, any of:(i) Asthma-related: a. Hospitalisations (inpatient admissions) OR b. A&E attendance OR(ii) Use of acute oral steroids
- Clinical exacerbations: As above, but including asthma-related out-patient-department attendance and antibiotics for lower respiratory tract infections.

Disaggregate components of exacerbation definitions:

- Oral steroid prescriptions
- Hospitalisations for asthma or lower respiratory conditions
- A&E attendance for asthma or lower respiratory conditions
- Antibiotic prescriptions for lower respiratory tract infections (LRTIs)

Data analysis plan

Phase 1. Autocorrelation plots will be examined to assess seasonality and timedeependent relationships in the rate of exacerbations as described in the

methods section. Phase 2 & 3. Univariate (phase 2) and multivariate (phase 3) associations will be estimated using: (i) Negative binomial regression models: will be used to determine predictors of future risk in terms of severe exacerbation rates over subsequent 1 & 2 yrs. (ii) Ordinal logistic regression models: will be used when annual exacerbations are categorised 0, 1 and ≥ 2 . (iii) Logistic regression models: will be used when severe exacerbations is defined as a binary outcome. Here, population attributable risks will be estimated to provide an estimation of the proportion of “frequent exacerbation” trait that is explained by each statistically significant factor in the multivariate models. Phase 4. Hierarchical multi-level modelling will be used to estimate associations with exacerbation rates.

Data management

ENCePP Seal

The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

Data sources

Data source(s), other

Optimum Patient Care Research Database (OPCRD)

Data sources (types)

[Electronic healthcare records \(EHR\)](#)

Other

Data sources (types), other

Prospective patient-based data collection, The Optimum Patient Care Research Database (OPCRD). OPCRD contains all records from primary care practices in the UK who subscribe to the Optimum Patient Care (OPC) respiratory review. The dataset consists of both routine primary care electronic patient records + patient-reported questionnaire data (for a subset of patients who completed disease-specific questionnaires as part of the review).

Use of a Common Data Model (CDM)

CDM mapping

No

Data quality specifications

Check conformance

Unknown

Check completeness

Unknown

Check stability

Unknown

Check logical consistency

Unknown

Data characterisation

Data characterisation conducted

Unknown