

# NN5401-4149 A multi-centre, open-label, single-arm, non-interventional, post marketing surveillance (PMS) study of insulin degludec /insulin aspart in patients with diabetes mellitus in routine clinical practice in India

**First published:** 29/08/2014

**Last updated:** 02/04/2024

Study

Finalised

## Administrative details

### EU PAS number

EUPAS6587

---

### Study ID

24261

---

### DARWIN EU® study

No

---

### Study countries

☐ India

---

### Study description

This trial is conducted in Asia. The aim of this trial is to evaluate long term safety and efficacy in patients with diabetes mellitus in routine clinical practice in India.

---

### Study status

Finalised

## Research institutions and networks

### Institutions

**Novo Nordisk**

**First published:** 01/02/2024

**Last updated:** 01/02/2024

**Institution**

## Contact details

### Study institution contact

Clinical Reporting Anchor and Disclosure (1452) Novo Nordisk [pactadmin@novonordisk.com](mailto:pactadmin@novonordisk.com)

**Study contact**

[pactadmin@novonordisk.com](mailto:pactadmin@novonordisk.com)

## Primary lead investigator

Clinical Reporting Anchor and Disclosure (1452) Novo Nordisk

Primary lead investigator

## Study timelines

### Date when funding contract was signed

Actual: 17/06/2014

---

### Study start date

Planned: 01/12/2015

Actual: 24/11/2015

---

### Date of final study report

Planned: 01/06/2018

Actual: 31/05/2018

---

## Sources of funding

- Pharmaceutical company and other private sector

## More details on funding

Novo Nordisk A/S

## Study protocol

[4149-protocol-version-1.0-Redacted.pdf](#) (317.23 KB)

## Regulatory

**Was the study required by a regulatory body?**

Yes

---

**Is the study required by a Risk Management Plan (RMP)?**

Not applicable

## Methodological aspects

### Study type

#### Study type list

**Study topic:**

Disease /health condition

Human medicinal product

---

**Study type:**

Non-interventional study

---

**Scope of the study:**

Safety study (incl. comparative)

**Data collection methods:**

Combined primary data collection and secondary use of data

---

**Main study objective:**

To assess the safety of long-term treatment with insulin degludec/ insulin aspart (Ryzodeg<sup>™</sup>) in insulin requiring patients with diabetes mellitus, initiating

treatment with Ryzodeg™ under routine clinical practice in India.

## Study Design

### **Non-interventional study design**

Cohort

## Study drug and medical condition

### **Study drug International non-proprietary name (INN) or common name**

INSULIN DEGLUDEC

INSULIN ASPART

---

### **Medical condition to be studied**

Diabetes mellitus

Type 1 diabetes mellitus

Type 2 diabetes mellitus

## Population studied

### **Short description of the study population**

Patients with insulin requiring diabetes mellitus and who were scheduled to start treatment with Ryzodeg™ based on the clinical judgment of their treating physician.

---

### **Age groups**

- Adults (18 to < 46 years)

- Adults (46 to < 65 years)
  - Adults (65 to < 75 years)
  - Adults (75 to < 85 years)
  - Adults (85 years and over)
- 

### **Special population of interest**

Other

---

### **Special population of interest, other**

Type 1&2 diabetes mellitus patients

---

### **Estimated number of subjects**

1029

## Study design details

### **Outcomes**

Incidence of Adverse Events (AEs), Serious Adverse Events (SAEs) Serious Adverse Drug Reactions (SADRs) Adverse Drug Reactions (ADRs) Severe or Blood glucose(BG) Confirmed hypoglycaemia Change in HbA1c (glycosylated haemoglobin)Change in Fasting Plasma Glucose (FPG)Change in Post Prandial Blood/Plasma Glucose (PPBG/PPPGThe reason for initiating or intensifying treatment with Ryzodeg™

---

### **Data analysis plan**

No formal statistical testing will be done in this non-interventional trial.All continuous and categorical endpoints will be analysed using descriptive statistics

## Documents

## Study results

[4149-nsr-redacted.pdf](#) (1.79 MB)

---

## Data management

### ENCePP Seal

The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

## Data sources

### Data sources (types)

[Other](#)

---

### Data sources (types), other

Prospective patient-based data collection

## Use of a Common Data Model (CDM)

### CDM mapping

No

## Data quality specifications

### **Check conformance**

Unknown

---

### **Check completeness**

Unknown

---

### **Check stability**

Unknown

---

### **Check logical consistency**

Unknown

## Data characterisation

### **Data characterisation conducted**

Unknown