

# CONTOUR: Condition of Submental Fullness and Treatment Outcomes Registry (A Registry of Submental Fullness, Treatment Options Administered, and Associated Outcomes)

**First published:** 09/11/2016

**Last updated:** 14/03/2024

Study

Finalised

## Administrative details

### EU PAS number

EUPAS16159

---

### Study ID

22717

---

### DARWIN EU® study

No

---

### Study countries

Canada

United States

---

## **Study description**

**Objective** The primary objective of this registry is to develop a comprehensive understanding of the condition of submental (SM) fullness due to submental fat (SMF), how it is treated in current clinical practice, and the risks and benefits associated with its treatment

**Study Design** This is a prospective, observational, multi-center registry. Enrolled patients will provide information related to the condition and treatments of interest and will permit their physicians to provide any available data concerning their condition status and treatment

**Treatment Procedures** The eligibility of patients for treatment, and the treatment administered, will be determined by the physician

**Patient Population** Adult male and female patients, aged 18 years and above, presenting with SM fullness due to the accumulation of unwanted SMF, and considered by their treating physician to be a candidate to receive treatment of SM fullness by reduction of SMF

**Sample Size** Approximately 1000 patients will be recruited from approximately 100 sites in the US and Canada

**Study Procedures** Eligible patients will be enrolled in the registry and data will be collected from patients who elect treatment until their SMF reduction treatment is completed or discontinued. At enrollment, data on previous relevant SMF and facial aesthetic treatment(s) will be collected from the patients, and as necessary, their medical records, along with baseline SMF assessments and information on treatment goals

**Duration** Data collection is anticipated to continue for approximately 15 months

**Data Collection** EDC will be used to collect study related data. Data on Baseline information, treated related events, adverse events during follow-up and treatment outcomes will be collected

**Analysis** Analyses will be based upon all patients who were enrolled and have at least one post-baseline visit. Data will be summarized, by type of SMF reduction treatment, with descriptive statistics, and presented in listings

---

## **Study status**

Finalised

## **Research institutions and networks**

# Institutions

## Parexel International

United States

**First published:** 19/10/2010

**Last updated:** 10/12/2024

**Institution**

**Non-Pharmaceutical company**

**ENCePP partner**

## Contact details

### Study institution contact

Anita Verga [CT.Disclosures@abbvie.com](mailto:CT.Disclosures@abbvie.com)

**Study contact**

[CT.Disclosures@abbvie.com](mailto:CT.Disclosures@abbvie.com)

### Primary lead investigator

Anita Verga

**Primary lead investigator**

## Study timelines

### Date when funding contract was signed

Planned: 20/10/2014

Actual: 30/12/2014

---

**Study start date**

Planned: 12/05/2015

Actual: 12/05/2015

---

**Date of final study report**

Planned: 30/06/2016

Actual: 26/10/2017

## Sources of funding

- Pharmaceutical company and other private sector

## More details on funding

Allergan

## Study protocol

[\(US & Candada\) Kythera Registry Protocol.pdf](#) (296.13 KB)

## Regulatory

**Was the study required by a regulatory body?**

Yes

---

**Is the study required by a Risk Management Plan (RMP)?**

Non-EU RMP only

## Other study registration identification numbers and links

## Methodological aspects

### Study type

### Study type list

**Study topic:**

Human medicinal product

---

**Study type:**

Non-interventional study

---

**Scope of the study:**

Assessment of risk minimisation measure implementation or effectiveness

Disease epidemiology

Drug utilisation

Effectiveness study (incl. comparative)

**Data collection methods:**

Primary data collection

---

**Main study objective:**

The primary objective of this registry is to develop a comprehensive understanding of the condition of submental (SM) fullness due to submental fat (SMF), how it is treated in current clinical practice, and the risks and benefits associated with its treatment.

## Study Design

## **Non-interventional study design**

Cohort

# Study drug and medical condition

## **Medicinal product name, other**

Belkyra

# Population studied

## **Short description of the study population**

Adult male and female patients, aged 18 years and above, presenting with submental (SM) fullness due to the accumulation of unwanted submental fat (SMF), and considered by their treating physician to be a candidate to receive treatment of SM fullness by reduction of SMF.

---

## **Age groups**

- Adults (18 to < 46 years)
  - Adults (46 to < 65 years)
  - Adults (65 to < 75 years)
  - Adults (75 to < 85 years)
  - Adults (85 years and over)
- 

## **Estimated number of subjects**

1000

# Study design details

## Data analysis plan

Results for SMF assessments will be summarized with descriptive statistics at each time point. Changes from baseline will be summarized descriptively for each treatment cohort at each post-baseline assessment. Exploratory analysis of covariance (ANCOVA) methods will also be used to assess change from baseline at the end-of-treatment follow-up time point, where treatment type and baseline score will be included in the model. AE and AE mitigation data will be summarized with descriptive statistics, by type of SMF reduction treatment, system organ class (SOC), and preferred term (PT), and presented in listings. The duration (days) and severity of pain, swelling, and bruising will be summarized by type of SMF reduction treatment, by treatment session, and overall. Pain scores from the Pain Numeric Rating Scale will be summarized with descriptive statistics by type of SMF reduction treatment and time point.

## Documents

### Study results

[CSR Allergan\\_220889\\_Abbreviated Study Report](#)

[Amendment\\_26October2017\\_Abstract\\_Redacted.pdf](#) (689.11 KB)

---

## Data management

### ENCePP Seal

The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

## Data sources

## **Data sources (types)**

Other

---

### **Data sources (types), other**

Prospective patient-based data collection

## **Use of a Common Data Model (CDM)**

### **CDM mapping**

No

## **Data quality specifications**

### **Check conformance**

Unknown

---

### **Check completeness**

Unknown

---

### **Check stability**

Unknown

---

### **Check logical consistency**

Unknown

## **Data characterisation**

### **Data characterisation conducted**

No