Characteristics of patients initiating empagliflozin or other non-insulin glucose lowering drugs in the United Kingdom (Empa DUS in UK)

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### Administrative details

#### **EU PAS number**

EUPAS14507

#### **Study ID**

20835

#### DARWIN EU® study

No

#### **Study countries**

United Kingdom

#### **Study description**

Empagliflozin, a sodium glucose cotransporter 2 (SGLT-2) inhibitor, was launched in the United Kingdom (UK) in August 2014. It can be expected that patients initiating empagliflozin may differ in their characteristics from patients initiating other glucose lowering drugs (GLDs) that have been on the market longer (e.g. patients may have poorer glucose control). Therefore, the proposed study aims to characterize patients with T2DM in the UK initiating empagliflozin in terms of baseline characteristics, concomitant medications, and comorbidities compared to patients with T2DM initiating other SGLT-2 inhibitors or other non-insulin GLDs. Due to the mode of action, some patients taking empagliflozin have experienced weight loss in clinical trials. A theoretical possibility exists that empagliflozin may be used by patients without T2DM. Therefore, this study also aims to assess the potential off-label use of empagliflozin compared to other non-insulin GLDs.

Study status

Finalised

### Research institutions and networks

### Institutions

**Boehringer Ingelheim** 

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### Contact details

#### Study institution contact

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Primary lead investigator

## Study timelines

#### Date when funding contract was signed

Planned: 09/10/2015 Actual: 09/10/2015

### Study start date

Planned: 01/09/2016

Actual: 10/09/2016

Data analysis start date Planned: 01/09/2016 Actual: 10/09/2016

Date of final study report Planned: 30/11/2016 Actual: 04/11/2016

### Sources of funding

• Pharmaceutical company and other private sector

### More details on funding

Boehringer Ingelheim GmbH

# Study protocol

1245-0122-protocol-2016-08-11\_Version 2.0\_highlighted\_geschwärzt.pdf(591.2 KB)

## Regulatory

Was the study required by a regulatory body?

Yes

Is the study required by a Risk Management Plan (RMP)? EU RMP category 3 (required)

Methodological aspects

## Study type

Study type list

**Study topic:** Disease /health condition

#### Study type:

Non-interventional study

Scope of the study: Drug utilisation

**Data collection methods:** Secondary use of data

#### Main study objective:

To describe and compare the general characteristics of patients with a recorded diagnosis of T2DM starting empagliflozin in the UK to the characteristics of patients with a recorded diagnosis of T2DM initiating other medications in the SGLT-2 inhibitor class and other non-insulin GLDs.

# Study Design

#### Non-interventional study design

Cross-sectional

# Study drug and medical condition

#### Anatomical Therapeutic Chemical (ATC) code

(A10BA02) metformin metformin (A10BB) Sulfonylureas Sulfonylureas (A10BH) Dipeptidyl peptidase 4 (DPP-4) inhibitors Dipeptidyl peptidase 4 (DPP-4) inhibitors

#### Medical condition to be studied

Diabetes mellitus

## Population studied

#### Short description of the study population

Individuals in the UK CPRD who have initiated empagliflozin, other SGLT-2 inhibitors, or other noninsulin GLDs (metformin, sulfonylureas, DPP-4 inhibitors, GLP-1 agonists) during the study period which will start 01 August 2014 (the empagliflozin launch date in the UK) and end 01 September 2015.

#### Age groups

Term newborn infants (0 – 27 days) Infants and toddlers (28 days – 23 months) Children (2 to < 12 years) Adolescents (12 to < 18 years) Adults (18 to < 46 years) Adults (46 to < 65 years) Adults (65 to < 75 years) Adults (75 to < 85 years) Adults (85 years and over)

#### **Special population of interest**

Other

#### Special population of interest, other

Diabetes mellitus patients

#### Estimated number of subjects

30000

## Study design details

#### Outcomes

To describe and compare the general characteristics of patients with a recorded diagnosis of T2DM starting empagliflozin in the UK to the characteristics of patients with a recorded diagnosis of T2DM initiating other non-insulin GLDs, To assess the extent of off-label use by identifying the proportion of patients initiating empagliflozin or other non-insulin GLDs who do not have a recorded diagnosis of T2DM

#### Data analysis plan

The analysis will be descriptive at baseline. Baseline patient characteristics will be tabulated for different exposure groups and results will be presented as means, standard deviations, medians, minimum, and maximum and interquartile range (IQR) for continuous variables, and as counts and percentages for categorical variables.

### Documents

Study results 1245-0122-final-report\_redacted\_final.pdf(110.76 KB)

Data management

**ENCePP** Seal

The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

### Data sources

**Data source(s)** Clinical Practice Research Datalink

Data sources (types) Electronic healthcare records (EHR)

## Use of a Common Data Model (CDM)

**CDM** mapping

No

## Data quality specifications

#### **Check conformance**

Unknown

#### **Check completeness**

Unknown

#### **Check stability**

Unknown

### Check logical consistency

Unknown

## Data characterisation

#### Data characterisation conducted

Unknown