

# Varenicline use in pregnancy

**First published:** 25/11/2015

**Last updated:** 29/03/2024

Study

Finalised

## Administrative details

### EU PAS number

EUPAS11672

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### Study ID

16556

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### DARWIN EU® study

No

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### Study countries

- ☐ Australia
- ☐ Finland
- ☐ France
- ☐ Germany
- ☐ Israel
- ☐ Netherlands
- ☐ Türkiye

☐ United Kingdom

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### **Study description**

The aim of this study is to assess some of the fetal risks posed by maternal use of varenicline during pregnancy. The primary objectives are to evaluate the occurrence of congenital malformation (both major and minor) following varenicline exposure in the first trimester, spontaneous abortion (defined as spontaneous fetal loss prior to 24 weeks gestation) or intrauterine death/fetal demise or stillbirth (defined as fetal loss from 24 weeks gestation onwards). As a secondary objective we aim to perform an evaluation of the incidence of elective termination, including an assessment of the gestational age at which this occurred, and where sufficient details are available, the indication for elective termination.

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### **Study status**

Finalised

## Research institutions and networks

### Institutions

[The UK Teratology Information Service](#)

### Networks

[European Network of Teratology Information Services \(ENTIS\)](#)

☐ Austria

- ☐ Czechia
- ☐ Finland
- ☐ France
- ☐ Germany
- ☐ Greece
- ☐ Italy
- ☐ Netherlands
- ☐ Spain
- ☐ Switzerland
- ☐ United Kingdom

**First published:** 31/05/2010

**Last updated:** 13/05/2024

Network

ENCePP partner

## Contact details

### Study institution contact

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Study contact

[jonathan.richardson@nuth.nhs.uk](mailto:jonathan.richardson@nuth.nhs.uk)

### Primary lead investigator

Yates Laura

Primary lead investigator

## Study timelines

**Date when funding contract was signed**

Planned: 01/06/2013

Actual: 01/06/2013

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**Study start date**

Planned: 01/05/2014

Actual: 10/07/2014

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**Data analysis start date**

Planned: 01/08/2014

Actual: 21/05/2015

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**Date of final study report**

Planned: 05/06/2016

Actual: 05/06/2016

## Sources of funding

- Other

## More details on funding

Funding bodies of individual TIS within ENTIS

## Study protocol

[ENTIS collaborative study protocol - varenicline version 1.4 - circulated.pdf](#)

(138.67 KB)

## Regulatory

**Was the study required by a regulatory body?**

No

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**Is the study required by a Risk Management Plan (RMP)?**

Not applicable

## Methodological aspects

### Study type

#### Study type list

**Study topic:**

Disease /health condition

Human medicinal product

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**Study type:**

Non-interventional study

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**Scope of the study:**

Assessment of risk minimisation measure implementation or effectiveness

**Data collection methods:**

Primary data collection

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**Main study objective:**

Testing the fetal effects of first trimester varenicline use in pregnancy.

## Study Design

## Non-interventional study design

Cohort

## Study drug and medical condition

### Study drug International non-proprietary name (INN) or common name

VARENICLINE

## Population studied

### Short description of the study population

Pregnant women which were reported to the TIS whilst the pregnancy was ongoing prior to 24 weeks gestation with or without exposure to varenicline.

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### Age groups

- Preterm newborn infants (0 – 27 days)
  - Term newborn infants (0 – 27 days)
  - Adults (18 to < 46 years)
  - Adults (46 to < 65 years)
  - Adults (65 to < 75 years)
  - Adults (75 to < 85 years)
  - Adults (85 years and over)
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### Special population of interest

Pregnant women

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### Estimated number of subjects

434

## Study design details

## Outcomes

The primary aim of this study was to compare the incidence of major and minor congenital malformations between first trimester varenicline exposed pregnancy and non-exposed control pregnancies. Secondary aims included comparison of the spontaneous abortion, elective termination and intrauterine death rates.

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## Data analysis plan

We will compare the rate of major and minor malformations between exposed and control pregnancies primarily using non-parametric methods (due to small sample size), and where possible include some adjustment for confounding variables using parametric methods (logistic regression). The cumulative incidences of spontaneous abortion, intrauterine death and elective termination will be compared using time dependent cox proportional hazards models. Where possible, adjustment for confounding variables will be undertaken.

## Documents

### Study publications

[Richardson, J.L., S. Stephens, L.M. Yates, O. Diav-Citrin, J. Arnon, D. Beghin,...](#)

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## Data management

## ENCePP Seal

The use of the ENCePP Seal has been discontinued since February 2025.  
The ENCePP Seal fields are retained in the display mode for transparency

but are no longer maintained.

## Data sources

### Data sources (types)

Other

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### Data sources (types), other

Prospective patient-based data collection

## Use of a Common Data Model (CDM)

### CDM mapping

No

## Data quality specifications

### Check conformance

Unknown

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### Check completeness

Unknown

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### Check stability

Unknown

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### Check logical consistency

Unknown

## Data characterisation



## **Data characterisation conducted**

Unknown