

# Pattern of use of Human Growth Hormone (Somatropin) in the United Kingdom general practice setting: A Drug Utilization Study in The Health Improvement Network (THIN) database (Somatropin use in routine clinical practice in UK)

**First published:** 03/03/2011

**Last updated:** 19/07/2016

Study

Finalised

## Administrative details

### EU PAS number

EUPAS1821

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### Study ID

14166

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### DARWIN EU® study

No

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## Study countries

☐ United Kingdom

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## Study description

The study describes the pattern of use of the Recombinant Human Growth Hormone (somatropin) over two decades in patients selected within the UK primary care setting. Namely:

- Indications for somatropin
- Demographic and clinical characteristics of the treated population
- How the clinical profile of somatropin users compare to that of the general population
- Pattern of dosage and duration of therapy

The study population includes new users of somatropin between 1 January 1990 and 30 May 2010. Only permanent patients with a minimum of 6 months' registration with the practice at the time of the first prescription are included. This is a retrospective analysis of somatropin users selected in The Health Improvement Network (THIN) database. The Network collects pseudo-anonymised electronic medical records of patients managed in the UK primary care setting. Comprehensive patient-level data include diagnostic codes, prescriptions and other health-relevant patient information. Clinical characteristics of treated patients are compared to those of a random sample of untreated patients matched on age and sex to treated patients. Study measures include:

- Frequency distribution of study population by sex, age groups and indications, including: GH deficiency, Turner syndrome, chronic renal insufficiency, Prader-Willi syndrome, small at birth for gestational age, other indication
- Frequency distribution of dosage at start of therapy and of average length of treatment
- Prevalence of major co-morbidities, such as endocrine, cardiovascular, and respiratory diseases, and neoplasms

Categorical data are presented as number and percentage of patients, continuous data are summarized by the number of patients, mean, standard deviation, median, lower and upper quartiles, minimum and maximum values. Where appropriate, two-sided 95% confidence intervals are presented. Statistical testing is reported using a 2-sided significance level of 0.05

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## Study status

Finalised

## Research institutions and networks

### Institutions

European Medicines Agency (EMA)

**First published:** 01/02/2024

**Last updated:** 01/02/2024

Institution

### Contact details

#### Study institution contact

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Study contact

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#### Primary lead investigator

Annalisa Rubino

Primary lead investigator

### Study timelines

**Date when funding contract was signed**

Planned: 01/12/2010

Actual: 01/12/2010

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### **Study start date**

Planned: 01/12/2010

Actual: 01/12/2010

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### **Date of final study report**

Planned: 28/03/2011

Actual: 28/03/2011

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## Sources of funding

- EMA

## Study protocol

[GH\\_protocol\\_v1.pdf](#)(188.5 KB)

## Regulatory

### **Was the study required by a regulatory body?**

No

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### **Is the study required by a Risk Management Plan (RMP)?**

Not applicable

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## Methodological aspects

### Study type

### Study type list

**Study topic:**

Human medicinal product

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**Study type:**

Non-interventional study

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**Scope of the study:**

Drug utilisation

**Data collection methods:**

Secondary use of data

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**Main study objective:**

To describe the pattern of use of somatropin in patients selected within the UK primary care setting. Namely: • Indications for somatropin • Demographic and clinical characteristics of the treated population • How the clinical profile of somatropin users compare to that of the general population • Pattern of dosage and duration of therapy

## Study drug and medical condition

**Study drug International non-proprietary name (INN) or common name**

SOMATROPIN

## Population studied

## **Short description of the study population**

Patients prescribed with somatropin between January 1, 1990 and May 30, 2010, permanent patients with a minimum of 6 months' registration with the practice at the time of the first prescription

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### **Age groups**

Children (2 to < 12 years)

Adolescents (12 to < 18 years)

Adults (18 to < 46 years)

Adults (46 to < 65 years)

Adults (65 to < 75 years)

Adults (75 to < 85 years)

Adults (85 years and over)

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### **Estimated number of subjects**

1200

## **Study design details**

### **Data analysis plan**

All analyses will be conducted using SAS Enterprise Guide version 4.1. All analyses will be presented for all patients and separately by indication subgroup, in particular for the group of children with idiopathic GH deficiency. Categorical data will be summarised by the number and percentage of patients in each category. Continuous data will be summarised by the number of patients, mean, standard deviation, median, minimum and maximum values. Where appropriate, two-sided 95% confidence intervals will be presented. Any statistical testing will be reported using a 2-sided significance level of 0.05 for each analysis or, when equivalence is asserted, using

confidence intervals. Any difference in clinical characteristics of somatropin versus control patients will be examined with chi square tests. Summaries will also be provided for age sub-groups of patients, as appropriate.

## Data management

### Data sources

**Data source(s)**

THIN® (The Health Improvement Network®)

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**Data sources (types)**

[Electronic healthcare records \(EHR\)](#)

### Use of a Common Data Model (CDM)

**CDM mapping**

No

### Data quality specifications

**Check conformance**

Unknown

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**Check completeness**

Unknown

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### **Check stability**

Unknown

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### **Check logical consistency**

Unknown

## **Data characterisation**

### **Data characterisation conducted**

No