

# Effectiveness of an Interventional to Improve the Adequacy of the Indication of Lipid Lowering Treatment in Primary Prevention: Randomized Clinical Trial (Adequacy of Lipid Treatment)

**First published:** 24/01/2014

**Last updated:** 12/02/2014

Study

Ongoing

## Administrative details

### EU PAS number

EUPAS5668

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### Study ID

5820

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### DARWIN EU® study

No

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### Study countries

☐ Spain

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## Study description

To evaluated the impact of an interention addressed to health professionals to improve the adequacy of lipid-lowering prescription in primary prevention of cardiovascular disease and reducing expenditure in this respect.

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## Study status

Ongoing

## Research institutions and networks

### Institutions

Fundació Institut Universitari per a la Recerca a l'Atenció Primària de Salut Jordi Gol i Gurina, IDIAPJGol

☐ Spain

**First published:** 05/10/2012

**Last updated:** 23/05/2025

**Institution**

Educational Institution

Laboratory/Research/Testing facility

Not-for-profit

ENCePP partner

## Contact details

### Study institution contact

Bonaventura Bolívar [bbolibar@idiapjgol.org](mailto:bbolibar@idiapjgol.org)

#### Study contact

[bbolibar@idiapjgol.org](mailto:bbolibar@idiapjgol.org)

#### Primary lead investigator

Bonaventura Bolívar

#### Primary lead investigator

## Study timelines

#### Date when funding contract was signed

Actual: 31/01/2012

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#### Study start date

Actual: 30/09/2013

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#### Data analysis start date

Actual: 02/12/2013

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#### Date of final study report

Planned: 30/06/2014

## Sources of funding

- Other

## More details on funding

Ayuda para el fomento de la investigación clínica independiente. Ministerio de SAnidad SErvicios Sociales e Igualdad

## Regulatory

## **Was the study required by a regulatory body?**

Unknown

## Methodological aspects

### Study type

### Study type list

#### **Study type:**

Clinical trial

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#### **Scope of the study:**

Drug utilisation

#### **Main study objective:**

To evaluate the impact of an international addressed to health professionals to improve the adequacy of lipid-lowering prescription in primary prevention of cardiovascular disease and reducing expenditure in the respect

## Study Design

### **Clinical trial randomisation**

Randomised clinical trial

## Study drug and medical condition

## **Anatomical Therapeutic Chemical (ATC) code**

(C10AA) HMG CoA reductase inhibitors

HMG CoA reductase inhibitors

## Population studied

### **Age groups**

Adults (18 to < 46 years)

Adults (46 to < 65 years)

Adults (65 to < 75 years)

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### **Estimated number of subjects**

120000

## Study design details

### **Outcomes**

1. Description of demographic and clinical characteristics of patients with new lipid-lowering therapy. 2. To know the adequacy of lipid-lowering therapy in patients with treatment for primary prevention (no history of cardiovascular disease). 3. To Identify factors related to adequate pharmacological lipid-lowering treatment in primary prevention. 4. To analyze the level of cardiovascular risk

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### **Data analysis plan**

To assess the effect of the intervention model multilevel logistic regression analysis considering as dependent variable group intervention / control, adjusting for potential independent predictor variables and those considered clinically relevant, adjusting for baseline values were performed

## Data management

The use of the ENCePP Seal has been discontinued since February 2025. The ENCePP Seal fields are retained in the display mode for transparency but are no longer maintained.

## Data sources

### Data source(s)

The Information System for Research in Primary Care (SIDIAP)

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### Data sources (types)

[Electronic healthcare records \(EHR\)](#)

## Use of a Common Data Model (CDM)

### CDM mapping

No

## Data quality specifications

### Check conformance

Unknown

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### Check completeness

Unknown

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### Check stability

Unknown

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## **Check logical consistency**

Unknown

## Data characterisation

### **Data characterisation conducted**

No